



## AFAA PREFERRED PROVIDER PROGRAM

| Provider                                       | Title  | Course Type      | CEUs | Expires On | Registration URL  |
|--|--|------------------|------|------------|---|
| 16 Capital Investments (AFAA)                  | Bike and Strider Workshop  | Workshop/Seminar | 4.0  | 12/31/20   | <a href="http://www.orangetheoryfitness.com/careers-studio-positions">www.orangetheoryfitness.com/careers-studio-positions</a>  |
| 16 Capital Investments (AFAA)                  | Connecting to Create: A Member Experience  | Workshop/Seminar | 5.0  | 12/31/20   | <a href="http://www.orangetheoryfitness.com/careers-studio-positions">www.orangetheoryfitness.com/careers-studio-positions</a>  |
| 16 Capital Investments (AFAA)                  | FLEX'ing - Personalizing the Group Fitness Experience  | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://www.orangetheoryfitness.com/careers-studio-positions">www.orangetheoryfitness.com/careers-studio-positions</a>  |
| 9Round Franchising LLC (AFAA)                  | 9Round Kickboxing  | Workshop/Seminar | 5.0  | 12/31/20   | <a href="http://9round.com">9round.com</a>  |
| 9Round Franchising LLC (AFAA)                  | Kickboxing - Online Course   | Home Study       | 5.0  | 12/31/20   |   |
| AAAI/ISMA (AFAA)                               | 2020 AAAI/ISMA Colorado Conference   | Conference       | 15.0 | 12/31/20   | <a href="http://aaai-ismafitness.com">aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Cross H.I.I.T Tabata   | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://aaai-ismafitness.com">aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Cycling Certification  | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Holistic Health Consultant   | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Mat Pilates Instructor Certification   | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Older Adult Certification  | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Personal Fitness Phase 2   | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Personal Fitness Trainer Certification   | Workshop/Seminar | 7.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Phase 1 Aqua Instructor Certification  | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Phase 2 Yoga Instructor Certification  | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Primary Aerobic Certification  | Workshop/Seminar | 7.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Sports Nutrition Certificate   | Workshop/Seminar | 7.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Strength Weight Training Certification   | Workshop/Seminar | 7.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Stress Reduction, Relaxation & Meditation  | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | T'AI CHI Instructor Certification  | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Total Body Strength Training Certification   | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aaai-ismafitness.com">www.aaai-ismafitness.com</a>  |
| AAAI/ISMA (AFAA)                               | Yoga Phase 1 Certification   | Workshop/Seminar | 8.0  | 12/31/20   | <a href="http://aaai-ismafitness.com">aaai-ismafitness.com</a>  |
| Aaron L Mattes (AFAA)                          | Active Isolated Stretching   | Workshop/Seminar | 15.0 | 12/31/20   | <a href="http://www.stretchingusa.com">www.stretchingusa.com</a>  |
| ACM 360 PRO (AFAA)                             | Certified Exercise Therapy Specialist I  | Home Study       | 12.0 | 12/31/20   | <a href="http://www.ACM360PRO.com">www.ACM360PRO.com</a>  |
| Active Life (AFAA)                             | Active Life Coach Training Workshop  | Home Study       | 11.0 | 12/31/20   |   |
| Active Life (AFAA)                             | Active Life Online Coach Awareness Seminar   | Home Study       | 8.0  | 12/31/20   | <a href="https://www.activelifex.com">https://www.activelifex.com</a>   |
| Active Life (AFAA)                             | Active Life RX Coach Immersion   | Conference       | 15.0 | 12/31/20   | <a href="http://www.activelifex.com">www.activelifex.com</a>  |
| Advanced Continuing Education Institute (AFAA) | Champion Performance Therapy and Training System   | Home Study       | 15.0 | 12/31/20   | <a href="http://AdvancedCEU.com">AdvancedCEU.com</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AEA Arthritis: Lesson Planning Tips & Tools  | Workshop/Seminar | 2.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AEA Arthritis: Motivating Your Participants  | Workshop/Seminar | 2.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AEA Arthritis: Teaching Platforms  | Workshop/Seminar | 2.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AFP Practical & Skill Applications Course  | Home Study       | 7.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | Aging Actively with Aquatics   | Workshop/Seminar | 2.0  | 12/31/20   | <a href="http://aeawave.com">aeawave.com</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AQUABATA SHALLOW   | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AQUATIC CARDIO PROGRAMS  | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AQUATIC CIRCUIT APPS 2   | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | Aquatic Fitness Practical Applications   | Workshop/Seminar | 7.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AQUATIC INTERVAL APPS  | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | AQUATIC KICK BOXING  | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | ARTHRITIS FOUNDATION PROGRAM LEADER TRAINING (ONLINE)  | Home Study       | 15.0 | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | ARTHRITIS PROGRAM LEADER DEVELOPMENT & PRACTICE (WORKSHOP)                                     | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | Ballology  | Workshop/Seminar | 2.0  | 12/31/20   | <a href="http://aeawave.com">aeawave.com</a>  |
| AEA Aquatic Exercise Association (AFAA)        | BOOT CAMP DEEP   | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | BOOT CAMP SHALLOW  | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | CORE TRAINING + STRETCH TECHNIQUES   | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | Deep HIIT & Sculpt   | Workshop/Seminar | 2.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | DEEPER APPLICATIONS 2  | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | HydroRevolution Online Training Program  | Home Study       | 5.0  | 12/31/20   | <a href="http://aeawave.com">aeawave.com</a>  |
| AEA Aquatic Exercise Association (AFAA)        | NEXT LEVEL NOODLE  | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://aeawave.org">aeawave.org</a>  |
| AEA Aquatic Exercise Association (AFAA)        | UPPER BODY, CORE & MORE  | Workshop/Seminar | 3.0  | 12/31/20   | <a href="http://www.aeawave.com/">http://www.aeawave.com/</a>   |
| Aerial Physique (AFAA)                         | Aerial Physique Teacher Training   | Workshop/Seminar | 15.0 | 12/31/20   |   |
| AKT, Anna Kaiser Technique (AFAA)              | AKT Certification Program  | Workshop/Seminar | 15.0 | 12/31/20   | <a href="http://www.theakt.com">www.theakt.com</a>  |
| Aktiv Solutions (AFAA)                         | Aktiv Straps Official Course: Body Weight Suspension Exercise                                  | Workshop/Seminar | 5.0  | 12/31/20   | <a href="http://Aktivsolutions.com">Aktivsolutions.com</a>  |
| Aktiv Solutions (AFAA)                         | Functional Training Experience Specialist  | Workshop/Seminar | 6.0  | 12/31/20   | <a href="http://www.aktivsolutions.com">www.aktivsolutions.com</a>  |
| American Barre Technique, LLC (AFAA)           | Barre Instructor Certification   | Home Study       | 15.0 | 12/31/20   | <a href="http://www.abtbarre.com">www.abtbarre.com</a>  |
| American Council on Exercise (ACE) (AFAA)      | ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals | Workshop/Seminar | 5.0  | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | ACE Behavior Change Specialist   | Home Study       | 15.0 | 12/31/20   | <a href="http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx">http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx</a>           |
| American Council on Exercise (ACE) (AFAA)      | ACE Certified Health Coach   | Home Study       | 15.0 | 12/31/20   |   |
| American Council on Exercise (ACE) (AFAA)      | ACE Fitness Nutrition Specialist   | Home Study       | 15.0 | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | ACE Functional Training Specialist   | Home Study       | 15.0 | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | ACE Senior Fitness Specialist  | Home Study       | 15.0 | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | ACE Sports Performance Specialty Program   | Home Study       | 15.0 | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | ACE Sports Performance Workshop  | Workshop/Seminar | 8.0  | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | ACE Weight Management Specialist   | Home Study       | 15.0 | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | ACE Youth Fitness Specialist   | Home Study       | 15.0 | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | Diabetes Prevention Coaching   | Home Study       | 10.0 | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | Fitness Programming for Overweight Clients & Clients Affected by Obesity                       | Workshop/Seminar | 8.0  | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | Metabolic Training Workshop  | Workshop/Seminar | 8.0  | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | Movement Based Exercise Workshop   | Workshop/Seminar | 8.0  | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | Orthopedic Exercise Specialist Program   | Home Study       | 15.0 | 12/31/20   | <a href="https://www.acefitness.org/fitness-certifications/specialty-certifications/orthopedic-exercise.aspx">https://www.acefitness.org/fitness-certifications/specialty-certifications/orthopedic-exercise.aspx</a> |
| American Council on Exercise (ACE) (AFAA)      | Personal Training Workshop: Client Communication, Assessment and Program Design                | Workshop/Seminar | 8.0  | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |
| American Council on Exercise (ACE) (AFAA)      | Small Group Training Workshop  | Workshop/Seminar | 5.0  | 12/31/20   | <a href="http://www.acefitness.org">www.acefitness.org</a>  |

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| American Fitness Professionals & Associates (AFPA) (AFAA) | Holistic Nutritionist Certification   | Home Study       | 15.0 | 12/31/20 | www.afpafitness.com  |
| American Fitness Professionals & Associates (AFPA) (AFAA) | Prenatal and Postnatal Fitness Specialist   | Home Study       | 15.0 | 12/31/20 | http://www.afpafitness.com   |
| American Specialty Health (ASH)/Silver & Fit (AFAA)       | Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course | Home Study       | 13.0 | 12/31/20 | https://www.silverandfit.com   |
| Anatomy4Fitness, LLC (AFAA)                               | Anatomy4Fitness: Complete Musculoskeletal Anatomy                                 | Home Study       | 10.0 | 12/31/20 | anatomy4fitness.com  |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Ion1: D-kink   | Workshop/Seminar | 6.0  | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Aerial Yoga 1  | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Aerial Yoga 2  | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® AIRbarre 1   | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Fundamentals 1&2   | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Just Kids 1&2  | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Pilates 1  | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Restorative Yoga   | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Suspension Fitness 1   | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| AntiGravity® Fitness (AFAA)                               | AntiGravity® Suspension Fitness 2   | Workshop/Seminar | 15.0 | 12/31/20 | www.antigravityfitness.com   |
| Anytime Fitness Corporate Office (AFAA)                   | AF Live Implementation  | Workshop/Seminar | 7.0  | 12/31/20 | www.anytimefitness.com   |
| Anytime Fitness Corporate Office (AFAA)                   | AF Live Technical Training  | Workshop/Seminar | 7.0  | 12/31/20 | www.anytimefitness.com   |
| Anytime Fitness Corporate Office (AFAA)                   | NFT - Consumer  | Workshop/Seminar | 15.0 | 12/31/20 | www.anytimefitness.com   |
| Anytime Fitness Corporate Office (AFAA)                   | NFT - Operations  | Workshop/Seminar | 15.0 | 12/31/20 | www.anytimefitness.com   |
| Anytime Fitness Corporate Office (AFAA)                   | Vitals  | Conference       | 15.0 | 12/31/20 | www.anytimefitness.com   |
| Aquabirth (AFAA)  | Prenatal and Postnatal Fitness Training Course                                    | Workshop/Seminar | 15.0 | 12/31/20 | www.aquabirth.gr   |
| Aquatic Connections (AFAA)                                | Land-2-H2O  | Workshop/Seminar | 4.0  | 12/31/20 |  |
| Asana Charlestown (AFAA)                                  | ASANA Barre Teacher Training Program  | Workshop/Seminar | 15.0 | 12/31/20 | www.asanacharlestown.com   |
| ASIA AERIALARTS (AFAA)                                    | AAA Aerial Hammock  | Workshop/Seminar | 15.0 | 12/31/20 | www.asiaaerialarts.com   |
| ASIA AERIALARTS (AFAA)                                    | AAA Aerial Hoop   | Workshop/Seminar | 15.0 | 12/31/20 | www.asiaaerialarts.com   |
| Association of Fitness Studios (AFAA)                     | SUCCEED! AFS' Annual Business Convention/Expo                                     | Conference       | 15.0 | 12/31/20 | www.afsfitness.com and www.succeedwithafs.com  |
| Assured Fitness (AFAA)                                    | GROUP EXERCISE : 101  | Workshop/Seminar | 8.0  | 12/31/20 |  |
| Assured Fitness (AFAA)                                    | Pressure Point: Muscle Rejuvenation   | Workshop/Seminar | 8.0  | 12/31/20 |  |
| Assured Fitness (AFAA)                                    | Senior Fitness - Senior Fit & Fun   | Workshop/Seminar | 8.0  | 12/31/20 |  |
| Assured Fitness (AFAA)                                    | Specialized Military Fitness Programming  | Workshop/Seminar | 15.0 | 12/31/20 |  |
| Assured Fitness (AFAA)                                    | The Power of Yoga - Energy & Healing  | Workshop/Seminar | 4.0  | 12/31/20 | www.assured-fitness.com  |
| Assured Fitness (AFAA)                                    | Yoga Burn & Firm  | Workshop/Seminar | 4.0  | 12/31/20 |  |
| Assured Fitness (AFAA)                                    | Youth Fitness - Fit-4-Kids  | Workshop/Seminar | 8.0  | 12/31/20 |  |
| Aumakua Productions LLC (AFAA)                            | PolyFit   | Workshop/Seminar | 7.0  | 12/31/20 |  |
| Australian Strength Performance (AFAA)                    | Advanced Hypertrophy Level 2  | Workshop/Seminar | 13.0 | 12/31/20 | www.trainasp.com.au/education/   |
| Australian Strength Performance (AFAA)                    | ASP Coach Level 1 Certification   | Workshop/Seminar | 13.0 | 12/31/20 | www.trainasp.com.au/education/   |
| Australian Strength Performance (AFAA)                    | Fat Loss Specialization   | Workshop/Seminar | 11.0 | 12/31/20 |  |
| Australian Strength Performance (AFAA)                    | Hypertrophy Level 1   | Workshop/Seminar | 11.0 | 12/31/20 |  |
| Australian Strength Performance (AFAA)                    | Physique Transformation Level 1   | Workshop/Seminar | 7.0  | 12/31/20 |  |
| Autonomy Movement LLC (AFAA)                              | Barre for All Bodies  | Home Study       | 2.0  | 12/31/20 | www.autonomymovement.com   |
| Autonomy Movement LLC (AFAA)                              | Debunking Movement Myths - Upgraded Version                                       | Home Study       | 2.0  | 12/31/20 | www.autonomymovement.com   |
| AVFitness Academy (AFAA)                                  | MindFit Warrior ® Functional Fitness Coach  | Workshop/Seminar | 15.0 | 12/31/20 | www.avfitnessacademy.com   |
| Axle Workout INC (AFAA)                                   | Axle Foundations  | Workshop/Seminar | 2.0  | 12/31/20 | www.theaxleworkout.com   |
| Bagel Fit by Ashley Bishop (AFAA)                         | splAsh: Combos  | Workshop/Seminar | 3.0  | 12/31/20 | www.bagelfit.com   |
| Bagel Fit by Ashley Bishop (AFAA)                         | splAsh: Intervals   | Workshop/Seminar | 3.0  | 12/31/20 | www.bagelfit.com   |
| Bagel Fit by Ashley Bishop (AFAA)                         | splAsh: Toning  | Workshop/Seminar | 3.0  | 12/31/20 | www.bagelfit.com   |
| Balanced Body (AFAA)                                      | Anatomy in Three Dimensions Instructor Training                                   | Workshop/Seminar | 15.0 | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | Balanced Body Barre Instructor Training, Comprehensive                            | Workshop/Seminar | 15.0 | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | Balanced Body Barre Instructor Training, Fundamentals                             | Workshop/Seminar | 8.0  | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | Balanced Body Movement Principles   | Workshop/Seminar | 15.0 | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | Bodhi Suspension System® Instructor Training, Comprehensive                       | Workshop/Seminar | 15.0 | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | Bodhi Suspension System® Instructor Training, Fundamentals                        | Workshop/Seminar | 8.0  | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | Mat 1 Instructor Training   | Workshop/Seminar | 15.0 | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | Mat 3: Enhanced Pilates Mat + Props   | Workshop/Seminar | 15.0 | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | MOTR™ Instructor Training, Comprehensive  | Workshop/Seminar | 15.0 | 12/31/20 | pilates.com  |
| Balanced Body (AFAA)                                      | MOTR™ Instructor Training, Fundamentals   | Workshop/Seminar | 8.0  | 12/31/20 | pilates.com  |
| Ballistic Management Inc (AFAA)                           | Expert Training Methodology   | Workshop/Seminar | 15.0 | 12/31/20 | thibarmy.com   |
| Ballroom Boogie Fitness, LLC (AFAA)                       | Ballroom Boogie Fitness   | Workshop/Seminar | 6.0  | 12/31/20 |  |
| BAMmotion, Inc (AFAA)                                     | BAMmotion Functional Training Mat   | Workshop/Seminar | 4.0  | 12/31/20 | bammotion.com  |
| Barre & Soul (AFAA)                                       | Barre Guild Academy   | Home Study       | 15.0 | 12/31/20 | www.barreguild.com   |
| Barre Certification (IBBFA) (AFAA)                        | Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor    | Home Study       | 8.0  | 12/31/20 | www.barrecertification.com   |
| Barre Certification (IBBFA) (AFAA)                        | Barre Level 1- Fundamentals of Barre Technique                                    | Workshop/Seminar | 15.0 | 12/31/20 | https://barrecertification.com/  |
| Barre Intensity LLC (AFAA)                                | Barre Anatomy Workshop  | Workshop/Seminar | 10.0 | 12/31/20 | www.barreintensity.com   |
| Barre Intensity LLC (AFAA)                                | Barre Choreography Workshop 1   | Workshop/Seminar | 3.0  | 12/31/20 | www.barreintensity.com   |
| Barre Intensity LLC (AFAA)                                | Barre Exercise Intensive Part 1   | Home Study       | 8.0  | 12/31/20 | https://now.barreintensity.com/programs/corebarrefit-exerciseintensive-certification |
| Barre Intensity LLC (AFAA)                                | Barre Intensity Essentials Training   | Workshop/Seminar | 8.0  | 12/31/20 | www.barreintensity.com   |
| Barre Intensity LLC (AFAA)                                | Barre Intensity Instructor Training 1 Day   | Workshop/Seminar | 9.0  | 12/31/20 | www.barreintensity.com   |
| Barre Intensity LLC (AFAA)                                | Barre Intensity Instructor Training 2 day   | Workshop/Seminar | 13.0 | 12/31/20 | www.barreintensity.com   |
| Barre Intensity LLC (AFAA)                                | Prenatal & Postnatal Instructor Training  | Home Study       | 10.0 | 12/31/20 | www.barreintensity.com   |
| Barre Variations (AFAA)                                   | Barre Variation Teacher Training  | Workshop/Seminar | 8.0  | 12/31/20 |  |
| Barre Variations (AFAA)                                   | Barre Variations Teacher Training Online  | Home Study       | 8.0  | 12/31/20 | www.barrevariations.com  |
| Barre Vida (AFAA)   | Barre Vida Certified Instructor Trainer   | Workshop/Seminar | 12.0 | 12/31/20 | www.barrevidausa.com   |
| Barre Where You Are LLC (AFAA)                            | Barre Where You Are Primary Barre Instructor                                      | Workshop/Seminar | 8.0  | 12/31/20 |  |
| BarreAmped® (AFAA)  | BarreAmped® Bounce Levels 1 & 2   | Home Study       | 8.0  | 12/31/20 | www.barreampedbounce.com   |
| BarreAmped® (AFAA)  | BarreAmped® Level 1 Barre Instructor Training                                     | Workshop/Seminar | 15.0 | 12/31/20 | www.barreamped.com   |
| Beachbody, LLC (AFAA)                                     | 2B Mindset  | Home Study       | 12.0 | 12/31/20 | beachbodylive.com  |
| Beachbody, LLC (AFAA)                                     | The Ultimate Portion Fix  | Home Study       | 15.0 | 12/31/20 |  |
| BeatBoss, LLC (AFAA)                                      | BeatBoss Indoor Biking  | Workshop/Seminar | 14.0 | 12/31/20 | www.beatboss.rocks   |
| BELEDI - The Bellydance Workout (AFAA)                    | BELEDI Basic & Fusion 1   | Workshop/Seminar | 12.0 | 12/31/20 | www.beledidworkout.com   |
| Believe2Achieve Fitness (AFAA)                            | Weigh2Dance   | Workshop/Seminar | 7.0  | 12/31/20 | believe2achievefit.com   |
| Belly Dancing Body Fitness (AFAA)                         | Belly Dancing Body Fitness  | Workshop/Seminar | 15.0 | 12/31/20 | https://www.bellydancingbodyfitness.net/   |

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| Bender Training Academy (AFAA)  | Functional Flexibility and Fascia Fitness  | Workshop/Seminar | 6.0  | 12/31/20 | www.bendertraining.com                                |
| Bike Live (AFAA)  | International Indoor Cycling Certification Level BE3   | Workshop/Seminar | 15.0 | 12/31/21 | www.bebikelive.com                                    |
| BioForce (AFAA)   | BioForce Certified Conditioning Coach  | Home Study       | 15.0 | 12/31/20 | https://www.8weeksout.com/conditioning-certification/ |
| Body Barre™ (AFAA)  | BodyBarre™ Instructor Training   | Home Study       | 12.0 | 12/31/20 | https://www.bodybarre.com                             |
| BODY FX (AFAA)  | Figure 8 Basic Instructor  | Home Study       | 6.0  | 12/31/20 |   |
| BollyX (AFAA)   | BollyX Instructor  | Workshop/Seminar | 7.0  | 12/31/20 | www.bollyx.com  |
| BollyX (AFAA)   | BollyX™ LIT 4-hour   | Workshop/Seminar | 4.0  | 12/31/20 | www.bollyx.com  |
| BOMBAY JAM (AFAA)   | BOMBAY JAM Certificate of Completion   | Workshop/Seminar | 12.0 | 12/31/20 | WWW.BOMBAYJAM.COM                                     |
| BOMBAY JAM (AFAA)   | Bombay Jam Certificate of Completion Online  | Home Study       | 5.0  | 12/31/20 |   |
| BOMBAY JAM (AFAA)   | BOMBAY JAM DAY 2 QUARTER 2   | Workshop/Seminar | 4.0  | 12/31/20 | http://WWW.BOMBAYJAM.COM                              |
| BOMBAY JAM (AFAA)   | BOMBAY JAM DAY 2 QUARTER 3   | Workshop/Seminar | 4.0  | 12/31/20 | http://WWW.BOMBAYJAM.COM                              |
| BOMBAY JAM (AFAA)   | BOMBAY JAM DAY 2 QUARTER 4   | Workshop/Seminar | 4.0  | 12/31/20 | http://WWW.BOMBAYJAM.COM                              |
| BOMBAY JAM (AFAA)   | BOMBAY JAM(R) DAY 2 QUARTER 1  | Workshop/Seminar | 4.0  | 12/31/20 | www.bombayjam.com                                     |
| Bootie Camp Fitness, LLC (AFAA)   | BOOTIE CAMP BARRE™ Instructor Certification  | Workshop/Seminar | 8.0  | 12/31/20 | www.bootiecampfitness.com                             |
| Booty Barre (AFAA)  | barreless  | Workshop/Seminar | 8.0  | 12/31/20 | www.barreless.com                                     |
| Booty Barre (AFAA)  | BootyBarre PLUS  | Workshop/Seminar | 9.0  | 12/31/20 | www.bootybarre.com                                    |
| Booty Barre (AFAA)  | BootyBarre plus Flex & Flow  | Workshop/Seminar | 15.0 | 12/31/20 | www.bootybarre.com                                    |
| Booty Barre (AFAA)  | bootybarre Suspension  | Workshop/Seminar | 8.0  | 12/31/20 | www.bootybarre.com                                    |
| Box 'N Burn Academy (AFAA)  | Box 'N' Burn Academy Level 1 Course  | Workshop/Seminar | 7.0  | 12/31/20 | www.boxburnacademy.com                                |
| Box 'N Burn Academy (AFAA)  | Box 'N' Burn Academy Level 2 Course  | Workshop/Seminar | 7.0  | 12/31/20 | http://www.boxburnacademy.com                         |
| Box 'N Burn Academy (AFAA)  | Box 'N Burn Academy Online Course  | Home Study       | 9.0  | 12/31/20 | www.boxburnacademy.com                                |
| Boxing & Barbells (AFAA)  | Boxing & Barbells Level 1  | Workshop/Seminar | 8.0  | 12/31/20 | www.boxingandbarbells.com                             |
| Boxing & Barbells (AFAA)  | Boxing & Barbells Level 1 (Self Study)   | Home Study       | 10.0 | 12/31/20 | www.boxingandbarbells.com                             |
| Boxing Express (AFAA)   | Boxing Express Round 1   | Workshop/Seminar | 10.0 | 12/31/20 |   |
| Brian Grant Foundation (AFAA)   | Exercise for Parkinson's (Home Study)  | Home Study       | 6.0  | 12/31/20 | www.briangrant.org                                    |
| Brian Grant Foundation (AFAA)   | Exercise for Parkinson's (Workshop)  | Workshop/Seminar | 6.0  | 12/31/20 | www.briangrant.org                                    |
| Brianna Battles (AFAA)  | Pregnancy & Postpartum Athleticism   | Home Study       | 15.0 | 12/31/20 | https://pregnancyandpostpartumathleticism.com         |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Adductors  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise           | Workshop/Seminar | 16.0 | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Ankle Joint  | Home Study       | 3.0  | 12/31/20 | http://www.brookbushinstitute.com                     |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Anterior Oblique Subsystem Integration   | Home Study       | 1.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Back/Pulling Progressions  | Workshop/Seminar | 1.0  | 12/31/20 | http://brookbushinstitute.com                         |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Biceps Femoris   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Cervical Spine   | Home Study       | 3.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Chest/Pushing Progressions   | Workshop/Seminar | 1.0  | 12/31/20 | http://brookbushinstitute.com                         |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Comparing Shoulder External Rotator Exercises  | Workshop/Seminar | 1.0  | 12/31/20 | brentbrookbush.com                                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Coracobrachialis   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Corrective Exercise Lab  | Workshop/Seminar | 15.0 | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Deadlift Progressions  | Workshop/Seminar | 1.0  | 12/31/20 | http://brookbushinstitute.com                         |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Deep Cervical Flexor Activation  | Home Study       | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                     |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Deep Longitudinal Subsystem  | Home Study       | 1.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Deep Neck Flexors  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Deltoids   | Home Study       | 2.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Does Movement Impairment Precede Knee Pain and Injury?                                       | Home Study       | 1.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Does Movement Impairment Precede Low Back Injury?  | Workshop/Seminar | 1.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Erector Spinae   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT) | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | External Obliques  | Home Study       | 2.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Flexor Hallucis Longus and Flexor Digitorum Longus   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Functional Anatomy 1: Introduction   | Home Study       | 3.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Functional Anatomy 2: Muscular Function and Upper Body Muscles                               | Home Study       | 3.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Functional Anatomy 3: Lower Body and Core Muscles  | Home Study       | 3.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Gluteus Maximus  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Gluteus Maximus Activation   | Workshop/Seminar | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                     |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Gluteus Medius Activation  | Home Study       | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                     |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Hip External Rotator: Release and Lengthening  | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Hip Flexor: Release and Lengthening  | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Hip Internal Rotator: Release and Lengthening  | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Hip Joint  | Home Study       | 3.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Infraspinatus and Teres Minor  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Integrated Exercise Progressions   | Workshop/Seminar | 1.0  | 12/31/20 | brookbushinstitute.com                                |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Intrinsic Stabilization Subsystem  | Workshop/Seminar | 1.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Knee Joint   | Home Study       | 3.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Latissimus Dorsi   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Legs/Triple Extension Progressions   | Workshop/Seminar | 1.0  | 12/31/20 | http://brookbushinstitute.com                         |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Levator Scapulae   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Lower Body Goniometric Assessment  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Lower Body Manual Muscle Testing (MMT)   | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Lower Extremity Dysfunction  | Home Study       | 4.0  | 12/31/20 | http://www.brookbushinstitute.com                     |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Lumbar Extensor: Release and Lengthening   | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Muscle Cell Structure and Function   | Home Study       | 1.0  | 12/31/20 | http://brentbrookbush.com                             |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Muscle Fiber Dysfunction and Trigger Points  | Workshop/Seminar | 2.0  | 12/31/20 | brentbrookbush.com                                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Muscle Fiber Types   | Workshop/Seminar | 1.0  | 12/31/20 | brentbrookbush.com                                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Muscle Length Tests  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Overhead Squat Assessment (Part 1): Signs of Dysfunction                                     | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns                  | Home Study       | 2.0  | 12/31/20 | http://www.brookbushinstitute.com                     |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Pectoralis Major   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Pectoralis Minor   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Performance Program Design   | Workshop/Seminar | 15.0 | 12/31/20 | brookbushinstitute.com                                |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Plantar Flexor: Release and Lengthening  | Home Study       | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                     |

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| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Popliteus  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Posterior Oblique Subsystem Integration                                  | Workshop/Seminar | 1.0  | 12/31/20 | http://brookbushinstitute.com                        |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Power (High-velocity) Training: Introduction                             | Home Study       | 3.0  | 12/31/20 | www.brentbrookbush.com                               |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Power (High-velocity) Training: Lower Body                               | Home Study       | 2.0  | 12/31/20 | www.brentbrookbush.com                               |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Power (High-velocity) Training: Upper and Total Body Exercises           | Home Study       | 2.0  | 12/31/20 | www.brentbrookbush.com                               |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)         | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Predictive Model of Upper Body Dysfunction (UBD)                         | Home Study       | 3.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Rectus Abdominis & Pyramidalis   | Home Study       | 2.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Regional Interdependence: Hip and Ankle                                  | Workshop/Seminar | 1.0  | 12/31/20 | www.brentbrookbush.com                               |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Regional Interdependence: Trunk and Lower Extremity                      | Workshop/Seminar | 1.0  | 12/31/20 | brentbrookbush.com                                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Rhomboids  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Scapular Muscles: Release and Lengthening                                | Home Study       | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Self-administered Joint Mobilizations: Lower Extremity                   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Self-administered Joint Mobilizations: Upper Extremity                   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Serratus Anterior  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Serratus Anterior Activation   | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Shoulder External Rotator Activation                                     | Home Study       | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening | Home Study       | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Shoulder Joint   | Home Study       | 3.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Shoulder/Overhead Progressions   | Workshop/Seminar | 1.0  | 12/31/20 | http://brookbushinstitute.com                        |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Soleus   | Home Study       | 2.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Stability Training   | Workshop/Seminar | 1.0  | 12/31/20 | http://brookbushinstitute.com                        |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Stability Training   | Workshop/Seminar | 2.0  | 12/31/20 | http://brookbushinstitute.com                        |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Sternoclavicular, Acromioclavicular and Scapulothoracic Joints           | Home Study       | 3.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Subscapularis  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Supraspinatus  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Tensor Fascia Latae  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Teres Major  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | The Effects of Local Vibration   | Workshop/Seminar | 1.0  | 12/31/20 | brookbushinstitute.com                               |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Tibia External Rotator: Release and Lengthening                          | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Tibialis Anterior  | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Tibialis Anterior Activation   | Home Study       | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Tibialis Posterior   | Home Study       | 2.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Tibialis Posterior Activation  | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Transverse Abdominis Activation  | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Trapezius Activation   | Home Study       | 1.0  | 12/31/20 | http://www.brookbushinstitute.com                    |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Trapezius Muscle   | Home Study       | 2.0  | 12/31/20 | http://brentbrookbush.com                            |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Upper Body Goniometric Assessment  | Home Study       | 2.0  | 12/31/20 | http://brentbrookbush.com                            |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Upper Body Manual Muscle Testing (MMT)                                   | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation    | Home Study       | 1.0  | 12/31/20 | brentbrookbush.com/online-courses/                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Vibration Release Techniques: Lower Body                                 | Workshop/Seminar | 2.0  | 12/31/20 | brentbrookbush.com                                   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) | Vibration Release Techniques: Upper Body                                 | Workshop/Seminar | 2.0  | 12/31/20 | brentbrookbush.com                                   |
| Brown Dog Yoga (AFAA)   | BDY Barre Certification  | Workshop/Seminar | 14.0 | 12/31/20 |  |
| Brown Dog Yoga (AFAA)   | BDY Cycle Training Program   | Workshop/Seminar | 9.0  | 12/31/20 | www.browndogyoga.com                                 |
| Bruce and Mindy Inc. (AFAA)   | Cooking and Coaching   | Workshop/Seminar | 9.0  | 12/31/20 | bruceandmindy.com                                    |
| Bruce and Mindy Inc. (AFAA)   | Fluid Strength   | Workshop/Seminar | 4.0  | 12/31/20 | bruceandmindy.com                                    |
| Bruce and Mindy Inc. (AFAA)   | Gliding Total Body   | Workshop/Seminar | 4.0  | 12/31/20 | bruceandmindy.com                                    |
| Bruce and Mindy Inc. (AFAA)   | One Day to Wellness  | Workshop/Seminar | 9.0  | 12/31/20 | bruceandmindy.com                                    |
| Bululu Studios (AFAA)   | SPARK YOUR LIGHT WEIGHT RESISTANCE TRAINING + GROUP CLASSES              | Workshop/Seminar | 4.0  | 12/31/20 | www.bululustudios.bigcartel.com                      |
| BUTI Yoga with Elisabeth Gold (AFAA)                                    | Buti Yoga Training   | Workshop/Seminar | 15.0 | 12/31/20 | https://butiyoga.com/collections/certify             |
| C.H.E.K Institute (AFAA)  | CHEK Holistic Lifestyle Coach Level 1                                    | Workshop/Seminar | 15.0 | 12/31/20 | www.chekinstitute.com                                |
| C.H.E.K Institute (AFAA)  | Healing Fungal and Parasite Infections – The Absolute Essentials         | Home Study       | 7.0  | 12/31/20 | www.chekinstitute.com                                |
| C.H.E.K Institute (AFAA)  | Primal Pattern Movements: A Neurodevelopmental Approach to Conditioning  | Home Study       | 5.0  | 12/31/20 | www.chekinstitute.com                                |
| C.H.E.K Institute (AFAA)  | Program Design   | Home Study       | 7.0  | 12/31/20 | www.chekinstitute.com                                |
| C.H.E.K Institute (AFAA)  | Scientific Back Training 2nd Edition Correspondence Course               | Home Study       | 15.0 | 12/31/20 | www.chekinstitute.com                                |
| C.H.E.K Institute (AFAA)  | Scientific Core Conditioning   | Home Study       | 15.0 | 12/31/20 | www.chekinstitute.com                                |
| Cancer Exercise Training Institute (AFAA)                               | Cancer Exercise Specialist Advanced Qualification (Home Study)           | Home Study       | 15.0 | 12/31/20 | www.thecancerspecialist.com                          |
| Catskill Mountain Yoga Festival (AFAA)                                  | Catskill Mountain Yoga Festival  | Conference       | 15.0 | 12/31/20 | https://catskillmountainyogafestival.com             |
| Chair One Fitness (AFAA)  | Chair One Fitness  | Workshop/Seminar | 8.0  | 12/31/20 | www.chaironefitness.com                              |
| Chan Gannaway - The Masters Fitness (AFAA)                              | Chan Gannaway - The Masters Fitness                                      | Workshop/Seminar | 4.0  | 12/31/20 | www.themastersfitness.com                            |
| Cirque-It Fitness (AFAA)  | Cirque-It Fitness  | Workshop/Seminar | 9.0  | 12/31/20 |  |
| Clean Health Fitness Institute (AFAA)                                   | Performance Nutrition Coach Level 1                                      | Home Study       | 15.0 | 12/31/20 |  |
| Clean Health Fitness Institute (AFAA)                                   | The Science of Nutrition   | Home Study       | 8.0  | 12/31/20 | www.cleanhealth.edu.au                               |
| Clean Health Fitness Institute (AFAA)                                   | Training the Physique Athlete  | Conference       | 8.0  | 12/31/20 | www.cleanhealth.edu.au                               |
| Coach Nelly Toriano (AFAA)  | Fundamentals of Financial Literacy                                       | Home Study       | 4.0  | 12/31/20 | https://coachnellytoriano.com/course%3A-self-study-1 |
| Compact Health Pty Ltd (AFAA)   | The Power of Calm  | Home Study       | 5.0  | 12/31/20 | www.courses-powerofcalm.com/the-power-of-calm        |
| Compass Fitness (AFAA)  | Compass Fitness Instructor Training                                      | Workshop/Seminar | 12.0 | 12/31/20 |  |
| Concierge Physical Therapists (CPT EDU) (AFAA)                          | The Shoulder Complex   | Home Study       | 4.0  | 12/31/20 | https://ConciergePhysicalTherapists.com              |
| Cool Moms Dance Tool (AFAA)   | Cool Moms Dance Tool!  | Workshop/Seminar | 8.0  | 12/31/20 | https://coolmomsdancetool.com                        |
| Cooper Aerobic Center (AFAA)  | Move Laugh Connect - MLC Instructor                                      | Home Study       | 8.0  | 12/31/20 | www.cooperaerobics.inspire360.com                    |
| Core Athletica Inc. (AFAA)  | Knocked-Up Fitness® Prenatal and Postnatal Exercise Specialist Course    | Home Study       | 15.0 | 12/31/20 | Knocked-UpFitness.com                                |
| Core Exercise Solutions (AFAA)  | Postpartum Corrective Exercise Specialist                                | Home Study       | 15.0 | 12/31/20 | www.coreexercisesolutions.com                        |
| Core Exercise Solutions (AFAA)  | The Shoulder Solution  | Home Study       | 7.0  | 12/31/20 | www.CoreExerciseSolutions.com                        |
| Core Health & Fitness (AFAA)  | BoxMaster Instructor Workshop  | Workshop/Seminar | 5.0  | 12/31/20 | www.corehandf.com/certification                      |
| Core Health & Fitness (AFAA)  | Nautilus Human Sport Specialist Workshop                                 | Workshop/Seminar | 8.0  | 12/31/20 | www.corehandf.com/certification                      |
| Core Health & Fitness (AFAA)  | Schwinn Cycling Online Classic Instructor                                | Home Study       | 7.0  | 12/31/20 | www.corehandf.com/certification                      |
| Core Health & Fitness (AFAA)  | Schwinn Indoor Cycling - How to Wow                                      | Workshop/Seminar | 2.0  | 12/31/20 | https://www.corehandf.com/certification              |
| Core Health & Fitness (AFAA)  | Schwinn Indoor Cycling - Rhythm Done Right                               | Workshop/Seminar | 2.0  | 12/31/20 | www.corehandf.com/certification                      |
| Core Health & Fitness (AFAA)  | Schwinn Indoor Cycling - SchwiNTENSITY                                   | Workshop/Seminar | 2.0  | 12/31/20 | www.corehandf.com/certification                      |
| Core Health & Fitness (AFAA)  | Schwinn Indoor Cycling - The Breathless and Back Again                   | Workshop/Seminar | 2.0  | 12/31/20 | https://www.corehandf.com/certification              |

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|-----------------------------------|--|------------------|------|----------|---|
| Core Health & Fitness (AFAA)      | Schwinn Indoor Cycling - The Magic of Music                      | Workshop/Seminar | 2.0  | 12/31/20 | <a href="https://www.corehandf.com/certification">https://www.corehandf.com/certification</a> |
| Core Health & Fitness (AFAA)      | Schwinn Indoor Cycling - The Power Behind Power                  | Workshop/Seminar | 2.0  | 12/31/20 | <a href="https://www.corehandf.com/certification">https://www.corehandf.com/certification</a> |
| Core Health & Fitness (AFAA)      | Schwinn Indoor Cycling Workshop: All the Right Cues              | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.schwinneducation.com">www.schwinneducation.com</a>                        |
| Core Health & Fitness (AFAA)      | Schwinn Indoor Cycling Workshop: Class Design Crunch Time        | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.schwinneducation.com">www.schwinneducation.com</a>                        |
| Core Health & Fitness (AFAA)      | Schwinn Indoor Cycling: Classic Instructor Certification         | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.schwinneducation.com">www.schwinneducation.com</a>                        |
| Core Health & Fitness (AFAA)      | Schwinn Indoor Cycling: Power Instructor Certification           | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.schwinneducation.com">www.schwinneducation.com</a>                        |
| Core Health & Fitness (AFAA)      | Schwinn Performance and Periodization Workshop                   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>          |
| Core Health & Fitness (AFAA)      | Schwinn® Cycling - Pedal & Pulse                                 | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>          |
| Core Health & Fitness (AFAA)      | Schwinn® Cycling - Train Right 2 Ride Right                      | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>          |
| Core Health & Fitness (AFAA)      | Schwinn® Cycling: Balancing Act - The Art of True Cycling Fusion | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>          |
| Core Health & Fitness (AFAA)      | Schwinn® Cycling: Super Star Substitute                          | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>          |
| Core Health & Fitness (AFAA)      | StairMaster HIIT Instructor Online Training Course               | Home Study       | 4.0  | 12/31/20 | <a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>          |
| Core Health & Fitness (AFAA)      | StairMaster HIIT Instructor Training Program                     | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>          |
| Core Pilates NYC (AFAA)           | The Beginner Mat Training Course                                 | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.corepilatesnyc.com">http://www.corepilatesnyc.com</a>                     |
| Core Pilates NYC (AFAA)           | The Intermediate Mat Training Course                             | Workshop/Seminar | 13.0 | 12/31/20 | <a href="http://www.corepilatesnyc.com">http://www.corepilatesnyc.com</a>                     |
| CORE YOGA ACADEMY (AFAA)          | CORE YOGA BARRE TEACHER TRAINING                                 | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.coreyogahk.com">http://www.coreyogahk.com</a>                             |
| CorePower Yoga (AFAA)             | Yoga Sculpt Teacher Training                                     | Home Study       | 15.0 | 12/31/20 | <a href="http://www.corepoweryoga.com">www.corepoweryoga.com</a>                              |
| CRUNCH FITNESS (AFAA)             | 360-3X   | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.crunch.com">http://www.crunch.com</a>                                     |
| CRUNCH FITNESS (AFAA)             | ABSOLUTION   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | Accelerate HIIT  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>  |
| CRUNCH FITNESS (AFAA)             | BADASS BOOTCAMP  | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.crunch.com">www.crunch.com</a>  |
| CRUNCH FITNESS (AFAA)             | BARRE ASSETS   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | BARRE BOOTCAMP   | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.crunch.com">http://www.crunch.com</a>                                     |
| CRUNCH FITNESS (AFAA)             | BELLY BUTT & THIGHS BOOTCAMP                                     | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | BODYWEB WITH TRX   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | BOSU BOOTCAMP  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | CARDIO SCULPT  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | CARDIO TAI BOX   | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.crunch.com">http://www.crunch.com</a>                                     |
| CRUNCH FITNESS (AFAA)             | CHISEL   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | CRUNCH CLASSIC TRAINING  | Workshop/Seminar | 6.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | CRUNCH RIDE OF YOUR LIFE   | Workshop/Seminar | 6.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | Extreme HIIT   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>  |
| CRUNCH FITNESS (AFAA)             | FAT BURNING PILATES  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | FIT TO FIGHT   | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.crunch.com">www.crunch.com</a>  |
| CRUNCH FITNESS (AFAA)             | HIIT WORKOUT   | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.crunch.com">www.crunch.com</a>  |
| CRUNCH FITNESS (AFAA)             | IRON MAT   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | JUMP START   | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.crunch.com">www.crunch.com</a>  |
| CRUNCH FITNESS (AFAA)             | OVERDRIVE  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | Punch HIIT   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>  |
| CRUNCH FITNESS (AFAA)             | RETRO ROBICS   | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.crunch.com">http://www.crunch.com</a>                                     |
| CRUNCH FITNESS (AFAA)             | RIPPED DRIVE   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | RIPPED YOGA  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | STILLETTO STRENGTH   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | STILLETTO STRENGTH 3   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.crunch.com">www.crunch.com</a>  |
| CRUNCH FITNESS (AFAA)             | Strong HIIT  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>  |
| CRUNCH FITNESS (AFAA)             | TREAD BOOTCAMP   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.crunch.com">http://www.crunch.com</a>                                     |
| CRUNCH FITNESS (AFAA)             | TREAD-N-SHRED  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | VIDEOGRAPHY  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH FITNESS (AFAA)             | YOGA BODY SCULPT   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>  |
| CRUNCH UNIVERSITY (AFAA)          | 360-3X   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch.com">http://www.crunch.com</a>                                     |
| CRUNCH UNIVERSITY (AFAA)          | ABSOLUTION   | Home Study       | 3.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | Accelerate HIIT  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | BADASS BOOTCAMP  | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://crunch.com">crunch.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | BARRE ASSETS   | Home Study       | 3.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | BARRE BOOTCAMP   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | BELLY BUTT & THIGHS BOOTCAMP                                     | Home Study       | 3.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | BODYWEB WITH TRX   | Home Study       | 3.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | BOSU BOOTCAMP  | Home Study       | 3.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | CARDIO SCULPT  | Home Study       | 3.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | CARDIO TAI BOX   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | CHISEL   | Home Study       | 3.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | Extreme HIIT   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | Fat Burning Pilates  | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | FIT TO FIGHT   | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://crunch.com">crunch.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | HIIT WORKOUT   | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://crunch.com">crunch.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | IRON MAT   | Workshop/Seminar | 1.0  | 12/31/20 | <a href="http://www.crunch.com">www.crunch.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | JUMP START   | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://crunch.com">crunch.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | OVERDRIVE  | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | Punch HIIT   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | RETRO ROBICS   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | STILLETTO STRENGTH   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | Strong HIIT  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>  |
| CRUNCH UNIVERSITY (AFAA)          | Tread Bootcamp   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | TREAD-N-SHRED  | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | TRX-X2   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | Videography  | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CRUNCH UNIVERSITY (AFAA)          | Yoga Body Sculpt   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>                                 |
| CTY Fitness (AFAA)                | Commit Dance Fitness   | Workshop/Seminar | 7.0  | 12/31/20 |   |
| CULTFIT Healthcare PVT LTD (AFAA) | CULT Fitness Boxing Level 0                                      | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.cultfit.in">www.cultfit.in</a>  |
| CULTFIT Healthcare PVT LTD (AFAA) | Cult Strength and Conditioning Level 0                           | Workshop/Seminar | 15.0 | 12/31/20 |   |

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| D.A.T.-Fitness (AFAA)                     | D.A.T.-Fitness Instructor  | Workshop/Seminar | 14.0 | 12/31/20 | www.datfitness.com                    |
| Dan-2 Fitness Pte Ltd (AFAA)              | Official KpopX® Fitness Instructor   | Workshop/Seminar | 8.0  | 12/31/20 | www.kpopfitness.com                   |
| DCAC Fitness Conventions Inc. (AFAA)      | DCAC Fitness Education Live Stream Conference 2020                         | Conference       | 12.0 | 12/31/20 | www.dcacfitness.com                   |
| Defying Gravity Bungee Training (AFAA)    | Defying Gravity Bungee Instructor Training                                 | Workshop/Seminar | 10.0 | 12/31/20 | www.DefyingGravityBungee.com          |
| DESIREE FITNESS (AFAA)                    | Acondicionamiento Físico Fitness para la Mujer                             | Workshop/Seminar | 9.0  | 12/31/20 | desireefitness.com                    |
| DESIREE FITNESS (AFAA)                    | ACONDICIONAMIENTO FÍSICO PARA LA OBESIDAD                                  | Workshop/Seminar | 7.0  | 12/31/20 | www.desireefitness.com                |
| DESIREE FITNESS (AFAA)                    | ASESOR NUTRIÓLOGO EN FITNESS   | Workshop/Seminar | 6.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | CROSS TRAINING   | Workshop/Seminar | 5.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | ENTRENADOR PERSONAL  | Workshop/Seminar | 6.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | FITNESS BARRE  | Workshop/Seminar | 7.0  | 12/31/20 | www.desireefitness.com                |
| DESIREE FITNESS (AFAA)                    | INDOOR CYCLING   | Workshop/Seminar | 6.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | KICK BOXING  | Workshop/Seminar | 5.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | MASAJE DEPORTIVO   | Workshop/Seminar | 4.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | PILATES  | Workshop/Seminar | 3.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | PSICOLOGIA DEPORTIVA   | Workshop/Seminar | 9.0  | 12/31/20 | desireefitness.com                    |
| DESIREE FITNESS (AFAA)                    | RITMOS LATINOS   | Workshop/Seminar | 5.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | STEP COREOGRAFICO  | Workshop/Seminar | 5.0  | 12/31/20 | http://www.desireefitness.com         |
| DESIREE FITNESS (AFAA)                    | YOGA FITNESS   | Workshop/Seminar | 5.0  | 12/31/20 | http://www.desireefitness.com         |
| dotFIT, LLC (AFAA)                        | dotFIT Certification   | Home Study       | 15.0 | 12/31/20 | www.dotfit.com                        |
| Dr. Sears Wellness Institute (AFAA)       | Health Coach Certification-Adults & Seniors                                | Home Study       | 15.0 | 12/31/20 | drssearswellnessinstitute.org         |
| Dr. Sears Wellness Institute (AFAA)       | Health Coach Certification-Families  | Home Study       | 15.0 | 12/31/20 | drssearswellnessinstitute.org         |
| Drishti Beats (AFAA)                      | Drishti Beats 200 Hour Online Teacher Training                             | Home Study       | 15.0 | 12/31/20 | www.drishtibeats.com/teacher-training |
| Drums Alive (AFAA)                        | Drums Alive® Basic On-line Instructor Specialty Certificate                | Home Study       | 8.0  | 12/31/20 |                                       |
| ELDOA (AFAA)                              | ELDOA 1 & 2  | Workshop/Seminar | 15.0 | 12/31/20 |                                       |
| Eleiko Sport Inc. (AFAA)                  | NOFFS Performance Coach  | Workshop/Seminar | 15.0 | 12/31/20 | www.eleiko.com                        |
| Eleiko Sport Inc. (AFAA)                  | Optimize Immunity: Utilize Eleiko's 4 Pillars for Better Training Outcomes | Home Study       | 3.0  | 12/31/20 | www.eleiko.com                        |
| Eleiko Sport Inc. (AFAA)                  | Tactical Training: How to Program in Less Than Ideal Situations            | Home Study       | 1.0  | 12/31/20 | www.eleiko.com                        |
| Elite Endurance Barre (AFAA)              | Elite Endurance Barre  | Workshop/Seminar | 2.0  | 12/31/20 | Eliteendurancebarre.com               |
| Embarazo Activo (AFAA)                    | Physical Activity in Pregnancy and Postpartum                              | Workshop/Seminar | 15.0 | 12/31/20 |                                       |
| Entrenous LLC (AFAA)                      | Now What? The Road After Group Fitness Certification                       | Workshop/Seminar | 3.0  | 12/31/20 |                                       |
| Entrenous LLC (AFAA)                      | The Chapel of Fitness: Group Fitness as a Spiritual Modality               | Workshop/Seminar | 3.0  | 12/31/20 |                                       |
| Evidence for Exercise (AFAA)              | Exercises for the spine, hip and knee                                      | Home Study       | 10.0 | 12/31/20 | www.evidenceforexercise.org           |
| Evolution Trainers (AFAA)                 | Training for Lumbar Spine Health and Performance                           | Workshop/Seminar | 5.0  | 12/31/20 | www.evolutiontrainers.com             |
| Exercise and Nutrition Works, Inc. (AFAA) | Fitness Nutrition Specialist   | Home Study       | 15.0 | 12/31/20 | www.NutritionCertification.com        |
| Exercise Etc Inc (AFAA)                   | Age Appropriate Strength Training  | Home Study       | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Athletic Body in Balance   | Home Study       | 15.0 | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Avoiding Common Fitness Injuries   | Workshop/Seminar | 2.0  | 12/31/20 | http://exercisetc.com/power.html      |
| Exercise Etc Inc (AFAA)                   | Baby Boomer Balance  | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Back to Balance: Core Strengthening to Reduce Fall Risk                    | Workshop/Seminar | 2.0  | 12/31/20 | exercisetc.com                        |
| Exercise Etc Inc (AFAA)                   | Balance & Fall Prevention  | Workshop/Seminar | 2.0  | 12/31/20 | http://exercisetc.com/seniorfit.html  |
| Exercise Etc Inc (AFAA)                   | Balance, Stability & Fall Prevention                                       | Workshop/Seminar | 2.0  | 12/31/20 | http://exercisetc.com                 |
| Exercise Etc Inc (AFAA)                   | Beyond Cardio: Sweat Equity & Weight Mgmt                                  | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Chair Today, Gone Tomorrow: Designing Vertical Balance Programs            | Workshop/Seminar | 2.0  | 12/31/20 | exercisetc.com                        |
| Exercise Etc Inc (AFAA)                   | Cheap Tricks for Trainers  | Home Study       | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Complete Guide to Foam Rolling   | Home Study       | 10.0 | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Complete Guide to TRX® Suspension Training                                 | Workshop/Seminar | 10.0 | 12/31/20 | www.crunch.com                        |
| Exercise Etc Inc (AFAA)                   | Comprehensive Recovery Strategies  | Home Study       | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Conditioning to the Core   | Home Study       | 10.0 | 12/31/20 | http://exercisetc.com                 |
| Exercise Etc Inc (AFAA)                   | Core Training Anatomy  | Home Study       | 12.0 | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Core Training: From Outdated to Outstanding                                | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Core Training: Working Hard or Hardly Working?                             | Home Study       | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Empowering the Frail Elder: Fighting the Fear of Falling                   | Workshop/Seminar | 2.0  | 12/31/20 | exercisetc.com                        |
| Exercise Etc Inc (AFAA)                   | Exercise to Improve Neck & Back Function                                   | Workshop/Seminar | 2.0  | 12/31/20 | http://exercisetc.com/                |
| Exercise Etc Inc (AFAA)                   | Fit to Move: Training to Prevent Re-injury                                 | Workshop/Seminar | 2.0  | 12/31/20 | exercisetc.com                        |
| Exercise Etc Inc (AFAA)                   | Forever Young: Secrets of the Older Mind                                   | Workshop/Seminar | 2.0  | 12/31/20 | http://exercisetc.com                 |
| Exercise Etc Inc (AFAA)                   | Form & Function: Assessing Movement Patterns                               | Workshop/Seminar | 2.0  | 12/31/20 | exercisetc.com                        |
| Exercise Etc Inc (AFAA)                   | Functional Forever: Exercise for Independent Living                        | Home Study       | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Functional Forever: Remedial Shoulder Exercises                            | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Functional Training  | Home Study       | 10.0 | 12/31/20 | http://exercisetc.com                 |
| Exercise Etc Inc (AFAA)                   | Functional Training: Myths & Mystique                                      | Home Study       | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Good Knee/Bad Knee   | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | High Intensity Training: When Less is More                                 | Home Study       | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Improving Cerebral Blood Flow: The Key to Cognition                        | Workshop/Seminar | 2.0  | 12/31/20 | exercisetc.com                        |
| Exercise Etc Inc (AFAA)                   | Kettlebell Training  | Home Study       | 10.0 | 12/31/20 | http://exercisetc.com                 |
| Exercise Etc Inc (AFAA)                   | Lift Weight to Lose Weight   | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Living Fearless: Exercise, Balance & Core Strength                         | Home Study       | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Lower Body Conditioning: Transformative Training                           | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Myofascial Release   | Workshop/Seminar | 10.0 | 12/31/20 | http://exercisetc.com/                |
| Exercise Etc Inc (AFAA)                   | Nancy Clark's Sports Nutrition Guidebook                                   | Home Study       | 15.0 | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Never too Late: Functional Core Training for Seniors                       | Workshop/Seminar | 2.0  | 12/31/20 | www.crunch.com                        |
| Exercise Etc Inc (AFAA)                   | Nutrient Timing for Peak Performance                                       | Home Study       | 15.0 | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Pickleball Fundamentals  | Home Study       | 6.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Plant Based Sports Nutrition   | Home Study       | 14.0 | 12/31/20 | exercisetc.com                        |
| Exercise Etc Inc (AFAA)                   | Polishing the Golden Years: Age-appropriate Conditioning Exercises         | Workshop/Seminar | 2.0  | 12/31/20 | www.crunch.com                        |
| Exercise Etc Inc (AFAA)                   | Pure Power: Integrated Rotational Training                                 | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Ready, Set, Stop! Functional Deceleration Training                         | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Rebuilding the Base: Overcoming Movement Compensations                     | Workshop/Seminar | 2.0  | 12/31/20 | exercisetc.com                        |
| Exercise Etc Inc (AFAA)                   | Remedial Exercise: Restoring Function to the Deconditioned                 | Workshop/Seminar | 2.0  | 12/31/20 | www.exercisetc.com                    |
| Exercise Etc Inc (AFAA)                   | Retired, not Expired: Integrated Strength Training Drills                  | Workshop/Seminar | 2.0  | 12/31/20 | www.crunch.com                        |
| Exercise Etc Inc (AFAA)                   | Secrets of Strength & Conditioning   | Workshop/Seminar | 2.0  | 12/31/20 | http://exercisetc.com/                |

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| Exercise Etc Inc (AFAA)   | Smarter Workouts  | Home Study       | 15.0 | 12/31/20 | exerciseetc.com                                |
| Exercise Etc Inc (AFAA)   | Sports Injuries Guidebook   | Home Study       | 15.0 | 12/31/20 | http://exerciseetc.com                         |
| Exercise Etc Inc (AFAA)   | Standing Tall: Exercise and the Aging Spine   | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | Step by Step: Gait, Posture and Deceleration  | Workshop/Seminar | 2.0  | 12/31/20 | exerciseetc.com                                |
| Exercise Etc Inc (AFAA)   | Strength & Conditioning for Seniors   | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | Strength Training Anatomy   | Home Study       | 10.0 | 12/31/20 | http://exerciseetc.com                         |
| Exercise Etc Inc (AFAA)   | Strength Training for Fat Loss  | Home Study       | 10.0 | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | Strength Training Past 50   | Home Study       | 9.0  | 12/31/20 | http://exerciseetc.com                         |
| Exercise Etc Inc (AFAA)   | Stretching Anatomy  | Home Study       | 5.0  | 12/31/20 | exerciseetc.com                                |
| Exercise Etc Inc (AFAA)   | Strong Minds: Exercise & Cognitive Function   | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | The Ankle: The Biomechanical Marvel   | Workshop/Seminar | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | The Bionic Elder: Training with New Knees or Hips                                     | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | The Defiant Senior: Exercise to Manage Chronic Illness                                | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | The Essential Hip: Reversing Gluteal Amnesia  | Workshop/Seminar | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | The HIIT Advantage  | Home Study       | 10.0 | 12/31/20 | http://exerciseetc.com                         |
| Exercise Etc Inc (AFAA)   | The Knee: Top Trends in Training  | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | The Vibrant Senior: Putting the FUN in Functional Training                            | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | Understanding Shoulder Dysfunction  | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | Upper Body Conditioning: Innovations in Excellence                                    | Workshop/Seminar | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | Walk the Walk: Functional Ambulation Drills   | Workshop/Seminar | 2.0  | 12/31/20 | www.crunch.com                                 |
| Exercise Etc Inc (AFAA)   | Walking Tall: Mobility Drills for Seniors   | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | Weight Management: Secrets & Lies   | Home Study       | 2.0  | 12/31/20 | www.exerciseetc.com                            |
| Exercise Etc Inc (AFAA)   | Women, Exercise & Metabolism  | Home Study       | 1.0  | 12/31/20 | exerciseetc.com                                |
| Exercise Etc Inc (AFAA)   | Women's Home Workout Bible  | Home Study       | 15.0 | 12/31/20 | http://exerciseetc.com                         |
| exhale (AFAA)             | exhale Barre Teacher Training Module 1  | Workshop/Seminar | 15.0 | 12/31/20 | http://exhalespa.com/                          |
| exhale (AFAA)             | exhale Barre Teacher Training Module 2  | Workshop/Seminar | 15.0 | 12/31/20 | http://www.exhalespa.com                       |
| exhale (AFAA)             | exhale Core Strengthening Series  | Workshop/Seminar | 4.0  | 12/31/20 | exhalespa.com                                  |
| exhale (AFAA)             | exhale Glutes Strengthening Series  | Workshop/Seminar | 4.0  | 12/31/20 | exhalespa.com                                  |
| exhale (AFAA)             | exhale Stretch Series   | Workshop/Seminar | 4.0  | 12/31/20 | exhalespa.com                                  |
| exhale (AFAA)             | exhale Thigh Strengthening Series   | Workshop/Seminar | 4.0  | 12/31/20 | exhalespa.com                                  |
| exhale (AFAA)             | exhale Upper Body Series  | Workshop/Seminar | 4.0  | 12/31/20 | exhalespa.com                                  |
| FACTS Academy (AFAA)      | Fitness Marketing and Sales Skills  | Workshop/Seminar | 13.0 | 12/31/20 | https://www.factsacademy.com                   |
| FIGHTFIT FITNESS (AFAA)   | FightFit Fitness Trainer Course   | Home Study       | 6.0  | 12/31/20 | www.fightfit.com                               |
| Fit For Birth, Inc (AFAA) | Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)        | Home Study       | 15.0 | 12/31/20 | http://www.getfitforbirth.com                  |
| Fit Me Nutrition (AFAA)   | Fit Me Coaching Partner   | Home Study       | 15.0 | 12/31/20 | www.fitmenutrition.com                         |
| FIT4MOM (AFAA)            | Body Back   | Home Study       | 4.0  | 12/31/20 |  |
| FIT4MOM (AFAA)            | Body Ignite Certification   | Workshop/Seminar | 3.0  | 12/31/20 | https://fit4mom.com/                           |
| FIT4MOM (AFAA)            | FIT4Baby  | Home Study       | 3.0  | 12/31/20 |  |
| FIT4MOM (AFAA)            | FIT4MOM Experience  | Workshop/Seminar | 7.0  | 12/31/20 |  |
| FIT4MOM (AFAA)            | FIT4MOM Foundations   | Home Study       | 8.0  | 12/31/20 |  |
| FIT4MOM (AFAA)            | Run Club+   | Workshop/Seminar | 3.0  | 12/31/20 | https://fit4mom.com/                           |
| FIT4MOM (AFAA)            | Strides 360 Certification   | Workshop/Seminar | 3.0  | 12/31/20 | https://fit4mom.com/                           |
| FIT4MOM (AFAA)            | Stroller Barre  | Home Study       | 3.0  | 12/31/20 |  |
| FIT4MOM (AFAA)            | StrollerStrides   | Home Study       | 4.0  | 12/31/20 |  |
| FitFixNow (AFAA)          | 5 Ways You're Losing Your Clients   | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | ACE the Army Combat Fitness Test (ACFT)   | Home Study       | 2.0  | 12/31/20 | http://www.fitfixnow.com                       |
| FitFixNow (AFAA)          | Boost Your Business with a Better Business Plan                                       | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Boxing for Parkinson's and Senior Fitness   | Home Study       | 3.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Exercise for Overweight and Obese Clients   | Home Study       | 2.0  | 12/31/20 | http://www.fitfixnow.com                       |
| FitFixNow (AFAA)          | Expand Your Audience: Social Media and Podcasting                                     | Home Study       | 3.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Expand Your Reach with Online Face to Face Training                                   | Home Study       | 2.0  | 12/31/20 | https://www.fitfixnow.com/                     |
| FitFixNow (AFAA)          | Facial Fitness and Rejuvenation: Let's FACE It Together                               | Home Study       | 3.0  | 12/31/20 | https://www.fitfixnow.com                      |
| FitFixNow (AFAA)          | Fit Kids for Life: Reversing Childhood Obesity  | Home Study       | 2.0  | 12/31/20 |  |
| FitFixNow (AFAA)          | Growth, Discovery & Programming for the 6 to 9 Year Old: Essentials of Youth Fitness  | Home Study       | 3.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Helping Your Clients Become Their Best!   | Home Study       | 5.0  | 12/31/20 | Movement Training Specialist Assessment Series |
| FitFixNow (AFAA)          | Helping Your Clients with Pain Management   | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | HIIT for Clients: Getting More with Less  | Home Study       | 2.0  | 12/31/20 | http://www.fitfixnow.com                       |
| FitFixNow (AFAA)          | Increase Your Income with Online Video Group Training                                 | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Making EVERY Client a Success: A Tool Kit for Behavior Change                         | Home Study       | 2.0  | 12/31/20 |  |
| FitFixNow (AFAA)          | Maximize Your Profit Starting NOW   | Home Study       | 2.0  | 12/31/20 | http://www.fitfixnow.com                       |
| FitFixNow (AFAA)          | Nutrition as Medicine   | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Nutrition for Fitness Professionals   | Home Study       | 4.0  | 12/31/20 | http://www.fitfixnow.com                       |
| FitFixNow (AFAA)          | Optimal Nutrition for Teen Athletes   | Home Study       | 3.0  | 12/31/20 | http://www.fitfixnow.com                       |
| FitFixNow (AFAA)          | Reinventing The Wheel: Fitness and Adapted PE for the Autism Population               | Workshop/Seminar | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations              | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Strong Minds Strong Bodies  | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Teaching Weight Loss Strategies for Personal Trainers                                 | Home Study       | 3.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | The Midas Touch: Golden Clients in their Golden Years                                 | Home Study       | 2.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Training Aging Bones and Muscles  | Home Study       | 2.0  | 12/31/20 | http://www.fitfixnow.com                       |
| FitFixNow (AFAA)          | Training Injured Clients  | Home Study       | 3.0  | 12/31/20 | https://www.fitfixnow.com                      |
| FitFixNow (AFAA)          | Training the Aging Heart with Safety and Confidence                                   | Home Study       | 4.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Training Towards and Away From Knee and Hip Replacement                               | Home Study       | 3.0  | 12/31/20 | www.fitfixnow.com                              |
| FitFixNow (AFAA)          | Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom        | Home Study       | 5.0  | 12/31/20 | https://www.fitfixnow.com                      |
| FitFixNow (AFAA)          | Zen, Science and Better Client Results  | Home Study       | 4.0  | 12/31/20 | www.fitfixnow.com                              |
| FitLife (AFAA)            | CORE PILATES  | Workshop/Seminar | 4.0  | 12/31/20 |  |
| FitLife (AFAA)            | Powerful Teaching Series Part 1: Group Ex Essentials                                  | Workshop/Seminar | 4.0  | 12/31/20 |  |
| FitLife (AFAA)            | Powerful Teaching Series Part 2: Cardio   | Workshop/Seminar | 6.0  | 12/31/20 |  |
| FitLife (AFAA)            | Powerful Teaching Series Part 3: Group Strength                                       | Workshop/Seminar | 3.0  | 12/31/20 |  |
| FitLife (AFAA)            | Powerful Teaching Series Part 4: Core Training  | Workshop/Seminar | 2.0  | 12/31/20 |  |

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| FitLife (AFAA)                                     | Powerful Teaching Series Part 5: Flexible Strength                       | Workshop/Seminar | 2.0  | 12/31/20   |
| FitLife (AFAA)                                     | Powerful Teaching Series Part 6: Muscle Endurance & Body Weight Training | Workshop/Seminar | 4.0  | 12/31/20 <a href="http://www.carolmurphy.com">http://www.carolmurphy.com</a>                                   |
| Fitness Business 101 (AFAA)                        | Fitness Business 101   | Home Study       | 6.0  | 12/31/20 <a href="https://fitness-business-101.teachable.com/">https://fitness-business-101.teachable.com/</a> |
| Fitness Conventions Inc. (PNW Fit Con) (AFAA)      | PNW Fit Con presented by Core Health & Fitness                           | Conference       | 14.0 | 12/31/20 <a href="http://www.pnwfitcon.com">www.pnwfitcon.com</a>  |
| FitnessFest Conference and Expo (AFAA)             | FitnessFest Arizona 2020   | Conference       | 15.0 | 12/31/20 <a href="http://www.fitnessfest.org">www.fitnessfest.org</a>  |
| FITOUR (AFAA)                                      | Advanced Aqua Self Study   | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Advanced Barre Self Study  | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Advanced Boot Camp Instructor  | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Advanced Indoor Cycling Self Study                                       | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Advanced Pilates Self Study  | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Advanced Yoga Self Study   | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Core and Functional Fitness Self Study                                   | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | FITOUR Advanced Myofascial Self Study                                    | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | FITOUR Advanced Suspension Training Instructor Self-Study                | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | FITOUR Primary Suspension Training Instructor Self Study                 | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Group Barbell Self Study   | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Kickboxing Self Study  | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Pilates Reformer Level 1 Self Study                                      | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Aqua Live Workshop   | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Aqua Self Study  | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Barre Self Study   | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Boot Camp Self Study   | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Indoor Cycling Live Workshop                                     | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Indoor Cycling Self Study  | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Myofascial Release Self Study                                    | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">http://www.fitour.com</a>   |
| FITOUR (AFAA)                                      | Primary Pilates Live Workshop  | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Pilates Self Study   | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Primary Yoga Self Study  | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Stability Ball Self Study  | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR (AFAA)                                      | Step Self Study  | Home Study       | 8.0  | 12/31/20 <a href="http://www.fitour.com">www.fitour.com</a>  |
| FitSteps (AFAA)                                    | FitSteps Instructor Training Program                                     | Home Study       | 4.0  | 12/31/20 <a href="http://fitstepsdance.com">fitstepsdance.com</a>  |
| FLY GIRL (AFAA)                                    | FLY GIRL   | Workshop/Seminar | 8.0  | 12/31/20 <a href="https://officialflygirl.com">https://officialflygirl.com</a>                                 |
| Focusmaster (AFAA)                                 | Focusmaster Strike Training Workshop                                     | Workshop/Seminar | 5.0  | 12/31/20 <a href="http://www.focusmaster.com">http://www.focusmaster.com</a>                                   |
| Freedom Group Exercise LLC. (AFAA)                 | BANG Power Dance Up-Skilling Workshop                                    | Workshop/Seminar | 3.0  | 12/31/20 <a href="http://www.FreedomGroupExercise.com">www.FreedomGroupExercise.com</a>                        |
| Freedom Group Exercise LLC. (AFAA)                 | BANG Power Dance™ Instructor Workshop                                    | Workshop/Seminar | 14.0 | 12/31/20 <a href="https://FreedomGroupExercise.com">https://FreedomGroupExercise.com</a>                       |
| Freedom Group Exercise LLC. (AFAA)                 | Freedom Barre Up-Skilling Workshop                                       | Workshop/Seminar | 3.0  | 12/31/20 <a href="http://www.FreedomGroupExercise.com">www.FreedomGroupExercise.com</a>                        |
| Freedom Group Exercise LLC. (AFAA)                 | Freedom Barre™ Instructor Workshop                                       | Workshop/Seminar | 14.0 | 12/31/20 <a href="https://FreedomGroupExercise.com">https://FreedomGroupExercise.com</a>                       |
| Freedom Group Exercise LLC. (AFAA)                 | Freedom RISE Instructor Training   | Workshop/Seminar | 14.0 | 12/31/20 <a href="http://www.freedomgroupeexercise.com">www.freedomgroupeexercise.com</a>                      |
| Functional Aging Institute FAI (AFAA)              | Functional Aging Group Exercise Specialist Certification                 | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://functionalaginginstitute.com">functionalaginginstitute.com</a>                        |
| Functional Aging Institute FAI (AFAA)              | Functional Aging Group Exercise Specialist Workshop                      | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.functionalaginginstitute.com">www.functionalaginginstitute.com</a>                |
| Functional Aging Institute FAI (AFAA)              | Functional Aging Specialist Certification                                | Home Study       | 10.0 | 12/31/20 <a href="http://www.functionalaginginstitute.com">www.functionalaginginstitute.com</a>                |
| Functional Aging Institute FAI (AFAA)              | Functional Aging Specialist Workshop                                     | Workshop/Seminar | 7.0  | 12/31/20 <a href="http://www.functionalaginginstitute.com">www.functionalaginginstitute.com</a>                |
| Functional Medicine Coaching Academy (FMCA) (AFAA) | Functional Medicine Coaching Academy Health Coaching Program             | Home Study       | 15.0 | 12/31/20 <a href="http://www.functionalmedicinecoaching.org">http://www.functionalmedicinecoaching.org</a>     |
| Fusionetics Academy (AFAA)                         | Fusionetics Body MAP: Motion Capture and Movement Testing                | Home Study       | 15.0 | 12/31/20 <a href="http://www.fusionetics.com">www.fusionetics.com</a>  |
| GAINS Fit (AFAA)                                   | Cooking for Fitness  | Workshop/Seminar | 1.0  | 12/31/20 <a href="https://gainsfitretreat.com">https://gainsfitretreat.com</a>                                 |
| GAINS Fit (AFAA)                                   | Create it, Connect it, Choreography It!                                  | Workshop/Seminar | 1.0  | 12/31/20 <a href="https://gainsfitretreat.com">https://gainsfitretreat.com</a>                                 |
| GAINS Fit (AFAA)                                   | Deepen the Stretch   | Workshop/Seminar | 1.0  | 12/31/20 <a href="https://gainsfitretreat.com">https://gainsfitretreat.com</a>                                 |
| GAINS Fit (AFAA)                                   | Instructing Across the Generational Divide                               | Workshop/Seminar | 1.0  | 12/31/20 <a href="https://gainsfitretreat.com">https://gainsfitretreat.com</a>                                 |
| GAINS Fit (AFAA)                                   | Marketing for Fitness Professionals: Promote Like a Pro                  | Workshop/Seminar | 1.0  | 12/31/20 <a href="https://gainsfitretreat.com">https://gainsfitretreat.com</a>                                 |
| GAINS Fit (AFAA)                                   | ROCK Your Dance Fitness Classes  | Workshop/Seminar | 1.0  | 12/31/20 <a href="https://gainsfitretreat.com">https://gainsfitretreat.com</a>                                 |
| GAINS Fit (AFAA)                                   | The Financial Skills for Fitness Professionals                           | Workshop/Seminar | 1.0  | 12/31/20 <a href="https://gainsfitretreat.com">https://gainsfitretreat.com</a>                                 |
| Girls Gone Strong (AFAA)                           | Girls Gone Strong L1 Certification                                       | Home Study       | 15.0 | 12/31/20 <a href="http://academy.girlsgonestrong.com">academy.girlsgonestrong.com</a>                          |
| Girls Gone Strong (AFAA)                           | Moms Gone Strong Module 1: Trying to Conceive                            | Home Study       | 2.0  | 12/31/20 <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>                           |
| Girls Gone Strong (AFAA)                           | Moms Gone Strong Module 2: Pregnancy                                     | Home Study       | 2.0  | 12/31/20 <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>                           |
| Girls Gone Strong (AFAA)                           | Moms Gone Strong Module 3: Post-Pregnancy                                | Home Study       | 2.0  | 12/31/20 <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>                           |
| Girls Gone Strong (AFAA)                           | Pre- & Postnatal Coaching Certification                                  | Workshop/Seminar | 15.0 | 12/31/20 <a href="http://academy.girlsgonestrong.com">academy.girlsgonestrong.com</a>                          |
| Global Bodyweight Training, LLC (AFAA)             | Animal Flow Level 1 Workshop   | Workshop/Seminar | 11.0 | 12/31/20 <a href="http://www.animalflow.com">www.animalflow.com</a>  |
| Global Bodyweight Training, LLC (AFAA)             | Animal Flow Level 2 Workshop   | Workshop/Seminar | 9.0  | 12/31/20 <a href="http://www.animalflow.com">www.animalflow.com</a>  |
| Global Fitness Educators (AFAA)                    | Fundamentals of Personal Training  | Home Study       | 15.0 | 12/31/20 <a href="http://www.globalfitedu.com">www.globalfitedu.com</a>  |
| Global Fitness Educators (AFAA)                    | Kettlebell Conditioning Specialist                                       | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.globalfitedu.com">http://www.globalfitedu.com</a>                                 |
| Global Fitness Educators (AFAA)                    | Neuro Functional ROM Specialist  | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.globalfitedu.com">http://www.globalfitedu.com</a>                                 |
| GluckerKolleg GBR (AFAA)                           | EMS Trainer License  | Workshop/Seminar | 15.0 | 12/31/20 <a href="http://www.ems-certified.com">www.ems-certified.com</a>                                      |
| Go Fitness Academy (AFAA)                          | Flexfit Pilates  | Workshop/Seminar | 8.0  | 12/31/20   |
| Go Fitness Academy (AFAA)                          | PowerMoves Aerobics Instructor Course                                    | Workshop/Seminar | 15.0 | 12/31/20 <a href="http://www.gofitnessacademy.in">www.gofitnessacademy.in</a>                                  |
| Go Fitness Academy (AFAA)                          | POWERMOVES BOLLYFITX   | Workshop/Seminar | 14.0 | 12/31/20 <a href="https://www.gofitnessacademy.in">https://www.gofitnessacademy.in</a>                         |
| Good to Great (AFAA)                               | Good to Great Workshop   | Workshop/Seminar | 5.0  | 12/31/20   |
| Gray Institute (AFAA)                              | 3D Movement Analysis & Performance System (3DMAPS) Home Study            | Home Study       | 10.0 | 12/31/20 <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>                                      |
| Gray Institute (AFAA)                              | Active Aging   | Workshop/Seminar | 13.0 | 12/31/20 <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>                                      |
| Gray Institute (AFAA)                              | Certification in Applied Functional Science                              | Home Study       | 15.0 | 12/31/20 <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>                                      |
| Gray Institute (AFAA)                              | Chain Reaction   | Workshop/Seminar | 15.0 | 12/31/20 <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>                                      |
| Gray Institute (AFAA)                              | Female Chain Reaction  | Workshop/Seminar | 14.0 | 12/31/20 <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>                                      |
| Gray Institute (AFAA)                              | Functional Soft Tissue Transformation (FSTT)                             | Home Study       | 15.0 | 12/31/20 <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>                                      |
| Gray Institute (AFAA)                              | Gray Institute Functional Golf System                                    | Workshop/Seminar | 15.0 | 12/31/20 <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>                                      |
| G-Transformation Academy (AFAA)                    | Macro Nutrition Coaching   | Workshop/Seminar | 15.0 | 12/31/20 <a href="https://gtransformationacademy.com">https://gtransformationacademy.com</a>                   |
| Hedstrom Fitness (AFAA)                            | 3D XTREME™ powered by BOSU®  | Workshop/Seminar | 6.0  | 12/31/20 <a href="http://www.bosu.com">http://www.bosu.com</a>   |
| Hedstrom Fitness (AFAA)                            | BOSU® Advanced Programming Strategies                                    | Workshop/Seminar | 4.0  | 12/31/20 <a href="http://www.bosu.com">www.bosu.com</a>  |
| Hedstrom Fitness (AFAA)                            | BOSU® Barre Strong   | Workshop/Seminar | 2.0  | 12/31/20 <a href="http://www.bosu.com/fitness-education">www.bosu.com/fitness-education</a>                    |
| Hedstrom Fitness (AFAA)                            | BOSU® Bootcamp Redefined   | Workshop/Seminar | 2.0  | 12/31/20 <a href="http://www.bosu.com/fitness-education">www.bosu.com/fitness-education</a>                    |
| Hedstrom Fitness (AFAA)                            | BOSU® Dynamic Pilates Fusion   | Workshop/Seminar | 2.0  | 12/31/20 <a href="http://www.bosu.com/fitness-education">www.bosu.com/fitness-education</a>                    |
| Hedstrom Fitness (AFAA)                            | BOSU® Mindful Movement & Mobility  | Workshop/Seminar | 4.0  | 12/31/20 <a href="http://www.bosu.com">www.bosu.com</a>  |



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| Hedstrom Fitness (AFAA)                                | BOSU® Next Generation Balance Training   | Workshop/Seminar | 4.0  | 12/31/20 | www.bosu.com                                    |
| Hedstrom Fitness (AFAA)                                | BOSU® Pilates Core Power   | Workshop/Seminar | 2.0  | 12/31/20 | www.bosu.com/fitness-education                  |
| Hedstrom Fitness (AFAA)                                | BOSU® Stability Ball Overhaul  | Workshop/Seminar | 2.0  | 12/31/20 | www.bosu.com/fitness-education                  |
| Hedstrom Fitness (AFAA)                                | BOSU® Toolbox  | Workshop/Seminar | 2.0  | 12/31/20 | www.bosu.com/fitness-education                  |
| Hedstrom Fitness (AFAA)                                | BOSU® Youth Conditioning   | Workshop/Seminar | 2.0  | 12/31/20 | www.bosu.com/fitness-education                  |
| Hedstrom Fitness (AFAA)                                | BOSU® DOUBLE UP DOUBLE DOWN  | Workshop/Seminar | 2.0  | 12/31/20 | http://www.bosu.com                             |
| Hedstrom Fitness (AFAA)                                | BOSU® HIIT XTREME  | Workshop/Seminar | 2.0  | 12/31/20 | http://www.bosu.com                             |
| Hedstrom Fitness (AFAA)                                | BOSU® STRONG + STRETCHED   | Workshop/Seminar | 2.0  | 12/31/20 | http://www.bosu.com                             |
| Hedstrom Fitness (AFAA)                                | Surge® Hydro Performance Training  | Workshop/Seminar | 4.0  | 12/31/20 | www.surgestrong.com                             |
| Hedstrom Fitness (AFAA)                                | Surge® Hydro Program Design  | Workshop/Seminar | 4.0  | 12/31/20 | www.surgestrong.com                             |
| Hedstrom Fitness (AFAA)                                | Surge® Hydro Training System   | Workshop/Seminar | 4.0  | 12/31/20 | www.surgestrong.com                             |
| Hellenic Network of Fitness Certification (AFAA)       | In Season Training for Sports Performance  | Workshop/Seminar | 10.0 | 12/31/20 | https://hnfc.academy                            |
| High Fitness LP (AFAA)                                 | HIGH Fitness Instructor Training   | Workshop/Seminar | 8.0  | 12/31/20 | www.highfitness.com                             |
| High Fitness LP (AFAA)                                 | HIGH Performance   | Workshop/Seminar | 4.0  | 12/31/20 | www.highfitness.com                             |
| High Performance Training (AFAA)                       | ALL Phases   | Workshop/Seminar | 19.0 | 12/31/20 |   |
| High Performance Training (AFAA)                       | Phase 1 - Owner  | Home Study       | 10.0 | 12/31/20 |   |
| High Performance Training (AFAA)                       | Phase 1 - Trainer  | Home Study       | 8.0  | 12/31/20 |   |
| High Performance Training (AFAA)                       | Phase 2  | Workshop/Seminar | 16.0 | 12/31/20 |   |
| High Performance Training (AFAA)                       | Phase 3  | Workshop/Seminar | 16.0 | 12/31/20 |   |
| High Performance Training (AFAA)                       | Phase 4  | Workshop/Seminar | 16.0 | 12/31/20 |   |
| HOT HIIT (AFAA)  | HOT HIIT Teacher Training  | Workshop/Seminar | 15.0 | 12/31/20 | www.hothit.com                                  |
| HRV Course (AFAA)                                      | Foundations of Heart Rate Variability  | Workshop/Seminar | 3.0  | 12/31/20 | www.hrvcourse.com                               |
| human mama (Pre and Postnatal Fitness Training) (AFAA) | human mama   Pre and Postnatal Fitness Training  | Workshop/Seminar | 15.0 | 12/31/20 | https://www.human-mama.com                      |
| Hyperice (AFAA)  | Hyperice: Vyper & Hypersphere  | Workshop/Seminar | 1.0  | 12/31/20 | www.hyperice.com                                |
| Hyperice (AFAA)  | Hypervolt for Self-Administration  | Home Study       | 1.0  | 12/31/20 | www.hyperice.com                                |
| Hyperice (AFAA)  | Hypervolt Movement Enhancement Course  | Workshop/Seminar | 2.0  | 12/31/20 | www.hyperice.com                                |
| Hyperice (AFAA)  | SMR + Vibration course   | Workshop/Seminar | 2.0  | 12/31/20 | www.hyperice.com                                |
| ICAA International Council on Active Aging (AFAA)      | ICAA Virtual Conference, Leadership Summit and Expo 2020   | Conference       | 12.0 | 12/31/20 | http://icaaconference.icaa.cc/sessions_1027.php |
| IDEA Health & Fitness (AFAA)                           | 2020 IDEA Personal Trainer Institute – EAST  | Conference       | 15.0 | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | 2020 IDEA® CHINA   | Conference       | 15.0 | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | 21st Century Body Sculpt   | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | 50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness                       | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | A Different Look at Core Training: The Backside  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | ACSM: Exercise Is Medicine (EIM)–From Doctor to Trainer to Client Success!                           | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Active Resistance Training® Total Body Mat Practice  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Advanced and Progressive Mechanics of Lifting and Strength Training                                  | Home Study       | 2.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | Anatomy: Reconnect With Your Spine Muscles, by NFPT  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News         | Home Study       | 1.0  | 12/31/20 | http://www.ideafit.com                          |
| IDEA Health & Fitness (AFAA)                           | April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears                                 | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats                                    | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | April 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Telehealth to Inspire...  | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | April 2019 IDEA Fitness Journal Quiz 2: The Right Carbs for Energy, and Diabetes Management and...   | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | April 2019 IDEA Fitness Journal Quiz 3: Alternative Recovery Methods to Avoid Overtraining Injuries  | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation                             | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | April 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News                               | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Assessment and Corrective Exercise Strategies for Improved Shoulder Function                         | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | August 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News                              | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Back to Basics With Anatomy  | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Balanced Body™: Pilates Smart Core Challenge   | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Balancing Hormones for Optimal Weight Loss   | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Balancing Hormones through Nutrition   | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Battle Rope Mastery  | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | Become a World Class Coach- Top Seven Must Do's to Create Success and Significance                   | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Beyond Randomness: Exercise Selection Based on Movement Screening                                    | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods                                    | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | Biohack Your Body--Anti-Aging Secrets to Ensure Movement Longevity                                   | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients                                       | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Body-Weight Training-Amped Up  | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | Bridging the Gap Between Good Intentions and Meaningful Nutrition Change                             | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Can Technology Be Harnessed to Inspire Lasting Behavior Change?                                      | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Carb IQ: Comparing Keto, Paleo and Low Carb  | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Cardio-Strength Circuits for Fun and Function!   | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist                 | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Communicating With Your Female Clients for Breakthrough Results                                      | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Complete Program Design for the Obese/Overweight Client  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Core Connections: Progression Strategies to Enhance Core Function                                    | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | CORE Yoga for Healthy Backs  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Correct the Psoas Gluteus Imbalance  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Creative Circuits - Five Steps to Better Program Design  | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Cue Movement and Exercise With Abdominal Anatomy, by NFPT  | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Cue Movement and Exercise With Hip Anatomy, by NFPT  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Designing a Self-Myofascial Release Program  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Dynamic Nutrition Science: Parsing Today's Most Relevant Research for Real Life                      | Home Study       | 1.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | East Meets West: A Mindful Approach to Health Coaching   | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | Eating a Lower Inflammatory Diet   | Home Study       | 1.0  | 12/31/20 |   |
| IDEA Health & Fitness (AFAA)                           | Exercise Science Update: New Research and Ideas  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Extreme Equipment- LESS Boot Camp  | Home Study       | 2.0  | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Fascia Release for Yoga  | Home Study       | 10.0 | 12/31/20 | www.ideafit.com                                 |
| IDEA Health & Fitness (AFAA)                           | Fascial Line Mobility  | Home Study       | 2.0  | 12/31/20 |   |

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| IDEA Health & Fitness (AFAA) | Fat-Loss Programming for Your Female Clients  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News       | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training   | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | February 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News                             | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News       | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra  | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training                               | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry                         | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Flexibility for the Inflexible  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Food for Thought: Brain, Gut, Microbes, Diet  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | From Neck to Knees...More Than Just Core!   | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | From the Hip  | Home Study | 2.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Functional Anatomy: The Secret to Efficient Movement  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Functional Assessment for Special Populations   | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Functional Balance Circuits for the Active Adult (ACE Mover Academy)                                  | Home Study | 2.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Functional Balance for the Active Aging Adult, by ActivMotion Bar™                                    | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Functional Circuits for Aging Clients   | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Functional Flexibility for the Active Aging   | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Functional Movement Triad   | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Functional Power Training for Older Clients, by FAI   | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS                  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Gait-Based Movement Screening   | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | GENERATE Buzz With Simple Marketing   | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Getting Maximum Results With Minimal Equipment  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Glute Reboot  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Goodbye Infobesity, Hello Action Plan!  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Group Exercise Applications for Training the Posterior Chain  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Guiding Others to Create Their Healthiest, Most Delicious Life  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Handstands  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Hidden Secrets to Core Performance  | Home Study | 2.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | High-Intensity Kettlebell Training  | Home Study | 2.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | HIITs Blitz   | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | How Hormones and Metabolism Change the Training Game for Females                                      | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | How to Run Your Own "Drop Two Sizes" Challenge  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | How to Safely Introduce Plyometrics Into Your Clients' Routines                                       | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | I Am Ageless Now  | Home Study | 8.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | I Q U Do: The Art of Intelligent Coaching   | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | IDEA Virtual World 2020   | Conference | 15.0 | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Insights Into Functional Training and Corrective Movement   | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Insights Into Lower-Back Pain and Functional Solutions  | Home Study | 2.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Intermittent Fasting: Science or Fiction?   | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer                          | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | It Takes Guts! Connecting the Brain, Diet and Microbiome  | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teaching | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga         | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics...  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change            | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet...         | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News        | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev  | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs              | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results                          | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | July 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News           | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | July 2020 IDEA Fitness Journal Quiz 2: Health Lessons for Greater Longevity                           | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | July 2020 IDEA Fitness Journal Quiz 3: Coaching Clients With Obesity                                  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | July 2020 IDEA Fitness Journal Quiz 4: The Benefits of Intermittent Fasting                           | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | July 2020 IDEA Fitness Journal Quiz 5: Vibration Training Research and Programming                    | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | July/August 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News    | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules       | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | July/August 2018 IDEA Fitness Journal Quiz 3: How the Human Microbiome Affects Overall Health         | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | July/August 2018 IDEA Fitness Journal Quiz 4: Women and Physical Activity                             | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | July-August 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News    | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory...  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | July-August 2019 IDEA Fitness Journal Quiz 3: The Facts on Popular Nutrition Topics                   | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | June 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News           | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for   | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | June 2018 IDEA Fitness Journal Quiz 3: Methods That Encourage Behavior Change                         | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | June 2018 IDEA Fitness Journal Quiz 4: The Risks of Bone Loss   | Home Study | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | June 2019 IDEA Fitness Journal Quiz 1: The Importance of Volume in Resistance Training, and Fitness   | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | June 2019 IDEA Fitness Journal Quiz 2: Using Motivational Interviewing to Drive Behavior Change       | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health   | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News                                 | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Kettlebell Rehab: Hardstyle Methods in Corrective Exercise  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Let's Get Dynamic!  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Little Tweaks for Big Results!  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Loaded Mobility Training  | Home Study | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Lower-Extremity Mechanics and Techniques  | Home Study | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Make Your Barre Classes a HIIT  | Home Study | 2.0  | 12/31/20 |                  |

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| IDEA Health & Fitness (AFAA) | March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News          | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences              | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | March 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Weight-Training Protocols...     | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | March 2020 IDEA Fitness Journal Quiz 2: The Link Between Sleep and Gut Health                         | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | March 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Helping Clients Recover...       | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News          | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O  | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back                                    | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Mastering Fat Metabolism and Weight Management  | Home Study       | 8.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through...   | Workshop/Seminar | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics      | Workshop/Seminar | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr  | Workshop/Seminar | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | May 2019 IDEA Fitness Journal Quiz 1: The Multifaceted Benefits of Exercise, and Simple Lifestyle...  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | May 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Game-Changing Work of a...     | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | May 2019 IDEA Fitness Journal Quiz 3: Pushing Past the Limits of a Barbell with Variable Lifting      | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | May 2019 IDEA Fitness Journal Quiz 4: How Weightlifting Changes Metabolism                            | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | May 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Tapering in Strength...      | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | May 2020 IDEA Fitness Journal Quiz 2: Periodization for Resistance Training Programs                  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | May 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Restoring Balance with Digital...  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Metabolic Disruption  | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Motivational Interviewing Skills Produce Targeted Results   | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Motivational Interviewing: Help Clients Own the Talk That Drives the Walk                             | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Movement for Health, Functionality and Longevity  | Home Study       | 8.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Neuroscience for the Fitness Professional: How Exercise Affects Our Most Important Organ-The Brain!   | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition   | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai  | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu  | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac  | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | November-December 2019 IDEA Fitness Journal 2: Food and Nutrition News, and Breakfast Carbs           | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | November-December 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Complex Training     | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | November-December 2019 IDEA Fitness Journal Quiz 3: Athletic Training for Senior Clients              | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Obstacle Courses for Boot Camps and Beyond  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | October 2019 IDEA Fitness Journal Quiz 1: The Physiology of Muscle Cramps, and Discussing Bone...     | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | October 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Adverse Effects...         | Home Study       | 1.0  | 12/31/20 | idealife.com     |
| IDEA Health & Fitness (AFAA) | October 2019 IDEA Fitness Journal Quiz 3: The Truth About Small Meals and Fasting                     | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Olympic Lifting - The Mechanics and Progressions, by RedCon™  | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Optimize Function and Mobility With Strong and Stable Shoulders and Glutes                            | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Pain-Free Movement-The Science and Application (ACE Mover Academy)                                    | Home Study       | 2.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Pilates 50/50   | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Pilates on a Ball   | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Pilates on the Ball   | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Posture Improvement Workshop  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Power Core for Sports and Fitness Performance   | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Power Medicine Ball Drills for Groups   | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track                  | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | PRODUCE More Revenue  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Progressing Clients From Function to Performance  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Promote Behavior Change With Better Coaching  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Protein Master Class: Health, Performance and Weight Loss   | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Protein Obsessed: Sorting the Truth From the Hype   | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Protein Overload: Are You Eating More Than You Need?  | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Putting Heart into Mind-Body Training   | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | REACH More Clients: Be Loud and Proud   | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Rescue Your Knees - Look at Your Feet   | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Restoring Fundamental Movement Patterns with Corrective Strategies                                    | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes                                | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Rock Solid!   | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Run, Injury Free! Understanding Impact Forces, by EBFA  | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic   | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics       | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People      | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | September 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News                                   | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | September 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News      | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | September 2019 IDEA Fitness Journal Quiz 2: Evaluating the Health Risks of Obesity, and Transverse... | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | September 2019 IDEA Fitness Journal Quiz 3: Pilates for Core Conditioning and Coping with Chronic...  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | September 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News      | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | September 2020 IDEA Fitness Journal Quiz 2: Enhancing Mitochondria with Resistance Training...        | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | September 2020 IDEA Fitness Journal Quiz 3: Programming for Clients After Quarantine                  | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | SGT Ken® and Stephanie's Fitness Business Basics™   | Home Study       | 8.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | SGT Ken's Boot Camp™ Instructor Certification (Level One)   | Home Study       | 8.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Shoulder Function, Assessment and Reaction  | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Skills Not Pills: Calming the Inflammation Superhighway With Focused Nutrition and Behavior Change    | Home Study       | 1.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | Sleep Science for Fitness Professionals   | Home Study       | 1.0  | 12/31/20 |                  |
| IDEA Health & Fitness (AFAA) | Solutions for Training Post-pregnancy Clients   | Home Study       | 2.0  | 12/31/20 | www.idealife.com |
| IDEA Health & Fitness (AFAA) | SparkPro Diabetes Prevention Program Lifestyle Coach Training   | Home Study       | 14.0 | 12/31/20 | www.idealife.com |

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| IDEA Health & Fitness (AFAA)  | Spinal Stabilization Versus Pelvic Stabilization   | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Spine-Focused Self-Myofascial Release  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Strength Training for Optimal Results  | Home Study       | 1.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | Techniques to Rehabilitate and Protect the Knees   | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The 3D Fascial Core  | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Better, Not Perfect, Nutrition Plan  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Business of Group Exercise Beyond the Numbers  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The BYOB Workout   | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Current and Future State of Health Coaching  | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Death of Crunches: 20 True Core Exercises  | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | The Female Glute Relocation Program  | Conference       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | The Female Lumbo-Pelvic Complex (ACE Mover Academy)  | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | The Female Physique-The Link Between Nutrition, Hormones and Strength Training                       | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Forgotten Five: Essential Muscles for Functional Movement  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Hip Bone Is Connected to the First Metatarsal: Corrective Exercise for the Kinetic Chain         | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The HOPE Solution: How Our Purpose Empowers  | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Matrix - Innovative Group Strength Design  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Mobile Health Map: Inspiring Your Clients and Your Business                                      | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Neuroscience of Behavior Change: How to Train the Brain to Create Healthier Habits               | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Nuts and Bolts of Diabetes Prevention Program Coaching: From Getting Trained to Getting Paid     | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Online Fitness Frontier  | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | The Roll Model® Fascial Makeover: Prioritize Your Periphery  | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | The Science of Functional Aging  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Ultimate Light Dumbbell Workout  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | The Warm-Up Makeover: Start With a Bang!   | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools   | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | Three-Dimensional Kettlebell Training, by Functional Training Institute                              | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | To Dairy or Not to Dairy? Translating the Science for Your Clients                                   | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Today's Food Conversation  | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Total Massage, Relaxation and Beyond   | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Train Stations   | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Training Fascia - Research Developments in Fibrous Connective Tissue Training                        | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Training Two at Once: The Power of Collaborative, Competitive Partner Training                       | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Translating Today's Nutrition Science for Your Clients   | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | TriggerPoint™ Corrective Strategies for Hip Dysfunction  | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | TriggerPoint™ Corrective Strategies for the Foot and Ankle   | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | TriggerPoint™ for Movement: Hip and Shoulder Mobility  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement          | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Understanding and Interpreting the Functional Movement Screen  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Understanding the Female Pelvic Core Neuromuscular System  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Upper Extremity Mechanics and Techniques   | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | Using Function to Avoid Dysfunction in Aging   | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Weighing The Evidence Behind Nutrition Research  | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Winning Group Strength Program Design  | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Yoga Anatomy 101 Certificate   | Home Study       | 10.0 | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | Yoga Anatomy 201   | Home Study       | 10.0 | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Yoga for Optimal Client Performance  | Home Study       | 2.0  | 12/31/20 |  |
| IDEA Health & Fitness (AFAA)  | Yoga: Progressions and Regressions   | Home Study       | 2.0  | 12/31/20 | www.idealift.com                       |
| IDEA Health & Fitness (AFAA)  | Your Guide to Stronger Legs and Great Glutes!  | Home Study       | 1.0  | 12/31/20 | www.idealift.com                       |
| Ignite Your Burn Fitness PTE LTD (AFAA)                             | IGNITE YOUR BURN COACH   | Workshop/Seminar | 15.0 | 12/31/20 |  |
| IHRSA International Health, Racquet & Sportsclub Association (AFAA) | IHRSA 2020 International Convention & Trade Show   | Conference       | 15.0 | 12/31/20 | http://hub.ihrsa.org/ihrsa-2020-agenda |
| Indoor Cycling (AFAA)   | ICG Aging and Adaptation   | Home Study       | 4.0  | 12/31/20 | www.ic-pro.org                         |
| Indoor Cycling (AFAA)   | ICG COMPETITIVE CYCLING  | Home Study       | 4.0  | 12/31/20 | www.ic-pro.org                         |
| Indoor Cycling (AFAA)   | ICG OVERTRAINING   | Home Study       | 4.0  | 12/31/20 | www.ic-pro.org                         |
| Indoor Cycling (AFAA)   | ICG PERIODIZATION IN TRAINING  | Home Study       | 4.0  | 12/31/20 | www.ic-pro.org                         |
| Indoor Cycling (AFAA)   | ICG Stretching   | Home Study       | 4.0  | 12/31/20 | www.ic-pro.org                         |
| Indoor Cycling (AFAA)   | ICG Wattrate Power Certification – Stage 1   | Home Study       | 8.0  | 12/31/20 | www.ic-pro.org                         |
| Indoor Cycling (AFAA)   | ICG® Basic & Pro Level LIVE  | Workshop/Seminar | 8.0  | 12/31/20 | teamicg.com                            |
| Indoor Cycling (AFAA)   | ICG® Basic & Pro Level ONLINE  | Home Study       | 8.0  | 12/31/20 | teamicg.com                            |
| Indoor Cycling (AFAA)   | ICG® Colors & Energy Zones   | Workshop/Seminar | 8.0  | 12/31/20 | teamicg.com                            |
| Indoor Cycling (AFAA)   | ICG® Colors & Energy Zones ONLINE  | Home Study       | 8.0  | 12/31/20 | teamicg.com                            |
| Indoor Cycling (AFAA)   | ICG® MyRide & Ergogenic Effect   | Workshop/Seminar | 6.0  | 12/31/20 | teamicg.com                            |
| Indoor Cycling (AFAA)   | ICG® MyRide & Ergogenic Effect ONLINE  | Home Study       | 4.0  | 12/31/20 | teamicg.com                            |
| Induro Cycling Studios, Inc (AFAA)                                  | Induro Instructor Training Distance Learning   | Workshop/Seminar | 7.0  | 12/31/20 |  |
| Institute for Integrative Health & Fitness Education (AFAA)         | Complete Conditioning of the Female Core 2.0   | Home Study       | 9.0  | 12/31/20 | iihfe.com                              |
| Institute for Integrative Health & Fitness Education (AFAA)         | Complete Knee, Ankle & Foot Conditioning   | Home Study       | 8.0  | 12/31/20 | www.iihfe.com                          |
| Institute for Integrative Health & Fitness Education (AFAA)         | Complete Shoulder Conditioning 2.0   | Home Study       | 8.0  | 12/31/20 | www.iihfe.com                          |
| Institute for Integrative Health & Fitness Education (AFAA)         | Female Fitness: Restore the Core while discovering its effects on the whole body                     | Workshop/Seminar | 7.0  | 12/31/20 |  |
| Institute for Integrative Health & Fitness Education (AFAA)         | ICES Approach to Training Baby Boomers and Seniors   | Workshop/Seminar | 7.0  | 12/31/20 | www.iihfe.com                          |
| Institute for Integrative Health & Fitness Education (AFAA)         | ICES Approach to Training Baby Boomers and Seniors-Designing Programs                                | Workshop/Seminar | 7.0  | 12/31/20 | www.iihfe.com                          |
| Institute for Integrative Health & Fitness Education (AFAA)         | Integrative Core Training For the Baby Boomers and Seniors   | Workshop/Seminar | 7.0  | 12/31/20 |  |
| Institute for Integrative Health & Fitness Education (AFAA)         | What Lies Beneath: How Fitness Professionals Can Address the Under-realized (Postural & Movement)... | Workshop/Seminar | 4.0  | 12/31/20 |  |
| Institute of Motion (IoM) (AFAA)                                    | 4Q Foundations   | Home Study       | 10.0 | 12/31/20 | www.instituteofmotion.com              |
| Interactive Fitness Trainers of America (IFTA) (AFAA)               | ATHLETIC INTERVALS   | Workshop/Seminar | 2.0  | 12/31/20 | www.ifta-fitness.com                   |
| Interactive Fitness Trainers of America (IFTA) (AFAA)               | BUILD YOUR BODY  | Workshop/Seminar | 2.0  | 12/31/20 | www.ifta-fitness.com                   |
| Interactive Fitness Trainers of America (IFTA) (AFAA)               | ESSENTIALS OF TEACHING   | Workshop/Seminar | 2.0  | 12/31/20 | www.ifta-fitness.com                   |
| Interactive Fitness Trainers of America (IFTA) (AFAA)               | FUNCTIONAL FITNESS TRAINING  | Workshop/Seminar | 2.0  | 12/31/20 | www.ifta-fitness.com                   |
| Interactive Fitness Trainers of America (IFTA) (AFAA)               | GROUP STRENGTH   | Workshop/Seminar | 6.0  | 12/31/20 | www.ifta-fitness.com                   |
| Interactive Fitness Trainers of America (IFTA) (AFAA)               | HARD CORE CONDITIONING   | Workshop/Seminar | 2.0  | 12/31/20 | www.ifta-fitness.com                   |
| Interactive Fitness Trainers of America (IFTA) (AFAA)               | LEARN TO TEACH   | Workshop/Seminar | 8.0  | 12/31/20 | www.ifta-fitness.com                   |

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| Interactive Fitness Trainers of America (IFTA) (AFAA) | POWERTRAIN   | Workshop/Seminar | 4.0  | 12/31/20 | www.ifta-fitness.com                                      |
| International Group Fitness Institute (AFAA)          | Impulse Body Fitness (EMS Electro Fitness)                                 | Workshop/Seminar | 12.0 | 12/31/20 | www.impulsebodyfitness.com                                |
| iRestore Fitness (AFAA)                               | Rollassage Specialist  | Workshop/Seminar | 7.0  | 12/31/20 | www.irestorefitness.com                                   |
| ISSN Asia (AFAA)                                      | ISSN Sports Nutrition Diet Course  | Workshop/Seminar | 15.0 | 12/31/20 | www.issnasia.com  |
| ISSN Asia (AFAA)                                      | ISSN-SNS   | Home Study       | 15.0 | 12/31/20 | www.issnasia.com  |
| Jacksonville University (AFAA)                        | Jacksonville University Human Performance Conference 2020                  | Conference       | 8.0  | 12/31/20 | https://www.ju.edu/kinesiology/humanperformance/index.php |
| Jessi Haggerty RDN, CPT (AFAA)                        | The Nutrition & Body Image Coaching Course                                 | Workshop/Seminar | 15.0 | 12/31/20 | http://www.jessihaggerty.com/fitnesspro                   |
| JILLFIT (AFAA)  | #Moderation365 Nutrition Consultant Education                              | Workshop/Seminar | 12.0 | 12/31/20 | http://moderation365certification.com                     |
| JLA Fitness (AFAA)                                    | Kickboarding Circuits  | Workshop/Seminar | 2.0  | 12/31/20 | www.jlafitness.com  |
| JLA Fitness (AFAA)                                    | No Equipment, No Problem   | Workshop/Seminar | 2.0  | 12/31/20 | www.jlafitness.com  |
| JLA Fitness (AFAA)                                    | One Sided  | Workshop/Seminar | 2.0  | 12/31/20 | www.jlafitness.com  |
| JLA Fitness (AFAA)                                    | Seamless Deep  | Workshop/Seminar | 2.0  | 12/31/20 | www.jlafitness.com  |
| JLA Fitness (AFAA)                                    | Spotlight on Arms & Abs: Low Impact Cardio                                 | Workshop/Seminar | 2.0  | 12/31/20 | www.jlafitness.com  |
| JLA Fitness (AFAA)                                    | Tidal Mania Aquatic Circuit  | Workshop/Seminar | 2.0  | 12/31/20 | www.jlafitness.com  |
| Jolly Bodies (AFAA)                                   | QUICKSHOTS Instructor Workshop   | Workshop/Seminar | 8.0  | 12/31/20 | jollybodiesfitness.com                                    |
| Joya (AFAA)   | JFIT   | Workshop/Seminar | 8.0  | 12/31/20 | joyayoga.com  |
| Joya (AFAA)   | Joya Cycle   | Workshop/Seminar | 8.0  | 12/31/20 | joyayoga.com  |
| Joya (AFAA)   | JoyaStrong 45  | Workshop/Seminar | 15.0 | 12/31/20 | https://joyayoga.com                                      |
| Jump Rope For Good (JRFG) (AFAA)                      | JRFG Level 1 Technical   | Workshop/Seminar | 15.0 | 12/31/20 | https://jrfg.org  |
| Jump Rope For Good (JRFG) (AFAA)                      | JRFG Level 2 Technical   | Workshop/Seminar | 15.0 | 12/31/20 | https://jrfg.org  |
| Jump Rope For Good (JRFG) (AFAA)                      | JRFG Level 3 Technical   | Workshop/Seminar | 15.0 | 12/31/20 | https://jrfg.org  |
| Jump Rope For Good (JRFG) (AFAA)                      | L1 Single Rope Self-study Training Course                                  | Home Study       | 3.0  | 12/31/20 | https://jrfg.org  |
| K3 Combat Movement Systems (AFAA)                     | K3 Foundations: Level 1  | Workshop/Seminar | 14.0 | 12/31/20 | https://k3combat.com                                      |
| Kangoo Jumps Fitness (AFAA)                           | Kangoo Boot Camp   | Workshop/Seminar | 11.0 | 12/31/20 | kangoojumps.com   |
| Kangoo Jumps Fitness (AFAA)                           | Kangoo Dance   | Workshop/Seminar | 8.0  | 12/31/20 | kangoojumps.com   |
| Kangoo Jumps Fitness (AFAA)                           | Kangoo Discovery   | Workshop/Seminar | 8.0  | 12/31/20 | kangoojumps.com   |
| Kangoo Jumps Fitness (AFAA)                           | Kangoo Kick & Punch  | Workshop/Seminar | 8.0  | 12/31/20 | kangoojumps.com   |
| Kangoo Jumps Fitness (AFAA)                           | Kangoo Power   | Workshop/Seminar | 14.0 | 12/31/20 | kangoojumps.com   |
| KayeZen (AFAA)  | KayeZen VECTOR Foundations Training Course                                 | Workshop/Seminar | 7.0  | 12/31/20 | www.kayezen.com   |
| Keiser Corporation (AFAA)                             | Keiser PowerEd: Accelerate   | Workshop/Seminar | 3.0  | 12/31/20 | www.keiser.com  |
| Keiser Corporation (AFAA)                             | Keiser PowerEd: Climb  | Workshop/Seminar | 2.0  | 12/31/20 | www.keiser.com  |
| Keiser Corporation (AFAA)                             | Keiser PowerEd: Create   | Workshop/Seminar | 2.0  | 12/31/20 | www.keiser.com  |
| Keiser Corporation (AFAA)                             | Keiser PowerEd: Empowered  | Workshop/Seminar | 3.0  | 12/31/20 | www.keiser.com  |
| Keiser Corporation (AFAA)                             | Keiser PowerEd: Foundations  | Workshop/Seminar | 8.0  | 12/31/20 | www.keiser.com  |
| Keiser Corporation (AFAA)                             | Keiser PowerEd: Foundations XP   | Workshop/Seminar | 5.0  | 12/31/20 | www.keiser.com  |
| Keiser Corporation (AFAA)                             | Keiser PowerEd: Technology   | Workshop/Seminar | 2.0  | 12/31/20 | www.keiser.com  |
| Keiser Corporation (AFAA)                             | Keiser PowerEd: Power  | Workshop/Seminar | 2.0  | 12/31/20 | www.keiser.com  |
| Ketogenic.com (AFAA)                                  | Keto Mastery Specialist  | Home Study       | 15.0 | 12/31/20 | ketogenic.com/mastery                                     |
| Kettlebell Athletics (AFAA)                           | Kettlebell Athletics Level 1   | Workshop/Seminar | 12.0 | 12/31/20 | http://www.kettlebell-athletics.com/                      |
| Kettlebell Athletics (AFAA)                           | Kettlebell Athletics Level 2 - Beyond the Basics                           | Workshop/Seminar | 12.0 | 12/31/20 | www.KettlebellAthletics.com                               |
| Kettlebell Kickboxing (AFAA)                          | KBIA - Kettlebell Kickboxing Anatomy of Kettlebells                        | Workshop/Seminar | 8.0  | 12/31/20 | www.kettlebellkickboxing.com                              |
| Kick It By Eliza, Inc. (AFAA)                         | Kick It By Eliza*  | Workshop/Seminar | 12.0 | 12/31/20 | www.KickItByEliza.com                                     |
| KJO Coaching, L.L.C. (AFAA)                           | Health Mindset Coaching Certification                                      | Home Study       | 15.0 | 12/31/20 | www.kjocoaching.com                                       |
| Kristen Townsend (AFAA)                               | Flex™ - Yoga Inspired Fitness  | Workshop/Seminar | 14.0 | 12/31/20 | www.flexyogafitness.com                                   |
| LA Fitness (AFAA)                                     | Aqua Circuit PT Intro to Group Fitness                                     | Workshop/Seminar | 3.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Aqua Training  | Workshop/Seminar | 5.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Aqua with equipment  | Workshop/Seminar | 3.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Body Works   | Workshop/Seminar | 5.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Body Works Choreography  | Workshop/Seminar | 2.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Bootcamp Circuit   | Workshop/Seminar | 2.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Bootcamp Circuit PT Intro to Group Fitness                                 | Workshop/Seminar | 3.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Club Boxing Circuit  | Workshop/Seminar | 3.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | F.I.T.A™   | Workshop/Seminar | 7.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | F.I.T.A™ Advance Teaching Skills   | Workshop/Seminar | 7.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Hip Hop  | Workshop/Seminar | 4.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Indoor Cycling   | Workshop/Seminar | 5.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Indoor Cycling for PT Intro to Group Fitness                               | Workshop/Seminar | 3.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Kickbox Cardio   | Workshop/Seminar | 4.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Kickbox Cardio Choreography  | Workshop/Seminar | 2.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Latin Heat   | Workshop/Seminar | 4.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Mat Pilates  | Workshop/Seminar | 5.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Power Circuit  | Workshop/Seminar | 3.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Reformer Pilates for Fitness   | Workshop/Seminar | 12.0 | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Step Tech 1  | Workshop/Seminar | 3.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Step Tech 2  | Workshop/Seminar | 3.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Step Tech Choreography   | Workshop/Seminar | 2.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Yoga Basics  | Workshop/Seminar | 8.0  | 12/31/20 |   |
| LA Fitness (AFAA)                                     | Yogabeat™  | Workshop/Seminar | 6.0  | 12/31/20 |   |
| LaBlast Fitness (AFAA)                                | LaBlast Dynamics   | Workshop/Seminar | 2.0  | 12/31/20 | www.lablastfitness.com                                    |
| LaBlast Fitness (AFAA)                                | LaBlast Fitness  | Workshop/Seminar | 8.0  | 12/31/20 | www.lablastfitness.com                                    |
| LaBlast Fitness (AFAA)                                | LaBlast Line Dancing   | Workshop/Seminar | 6.0  | 12/31/20 | www.lablastfitness.com                                    |
| LaBlast Fitness (AFAA)                                | LaBlast Movement Philosophy and Actions                                    | Workshop/Seminar | 2.0  | 12/31/20 | www.lablastfitness.com                                    |
| LaBlast Fitness (AFAA)                                | LaBlast Splash   | Workshop/Seminar | 8.0  | 12/31/20 | www.lablastfitness.com                                    |
| LaBlast Fitness (AFAA)                                | The Dimensions in their positive effects on Posture, Balance, and Presence | Workshop/Seminar | 2.0  | 12/31/20 | www.lablastfitness.com                                    |
| Lawrence Biscontini (AFAA)                            | Cardio   | Workshop/Seminar | 8.0  | 12/31/20 | www.findlawrence.com                                      |
| Lawrence Biscontini (AFAA)                            | Flexibility  | Workshop/Seminar | 8.0  | 12/31/20 | www.findlawrence.com                                      |
| Lawrence Biscontini (AFAA)                            | GFit Teaching Innovations  | Workshop/Seminar | 8.0  | 12/31/20 | www.findlawrence.com                                      |
| Lawrence Biscontini (AFAA)                            | Strength   | Workshop/Seminar | 8.0  | 12/31/20 | www.findlawrence.com                                      |
| Lebert Fitness (AFAA)                                 | The Ultimate Guide to EQualizer Training                                   | Home Study       | 4.0  | 12/31/20 | www.lebertfitness.com                                     |
| Les Mills (AFAA)                                      | Advanced Training - Live   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com/us                                       |

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| Les Mills (AFAA)                                 | BODYATTACK Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | BODYCOMBAT Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | BODYFLOW Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | BODYJAM Initial Module  | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | BODYPUMP Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | BODYSTEP Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | BORN TO MOVE Initial Module All Age Groups  | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | Community Leadership  | Workshop/Seminar | 2.0  | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | CXWORX Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | Driving Attendance: The Power of Mastery  | Workshop/Seminar | 3.0  | 12/31/20 | http://www.lesmills.com/us  |
| Les Mills (AFAA)                                 | FIT for Leadership  | Workshop/Seminar | 2.0  | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | Group Fitness Management: 2 Day Leadership Workshop                                 | Workshop/Seminar | 13.0 | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | Instructor Workshop: Power of Launch  | Workshop/Seminar | 5.0  | 12/31/20 | http://www.lesmills.com/us  |
| Les Mills (AFAA)                                 | LES MILLS BARRE Initial Training Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | Les Mills Global Summit   | Workshop/Seminar | 1.0  | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | LES MILLS GRIT Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | LES MILLS SPRINT Initial Module   | Workshop/Seminar | 14.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | LES MILLS TONE Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | http://www.lesmills.com/us  |
| Les Mills (AFAA)                                 | Maximizing The Group Effect   | Workshop/Seminar | 3.0  | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | Online Advanced Training  | Home Study       | 15.0 | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | Q4 2019 Instructor Workshop: Injury Prevention                                      | Workshop/Seminar | 2.0  | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | RPM Initial Module  | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | Science of Motivation   | Workshop/Seminar | 5.0  | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | SH'BAM Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com  |
| Les Mills (AFAA)                                 | The TRIP Initial Module   | Workshop/Seminar | 15.0 | 12/31/20 | www.lesmills.com/us   |
| Les Mills (AFAA)                                 | Workshop: Creating Ripples  | Workshop/Seminar | 3.0  | 12/31/20 | www.lesmills.com/us   |
| Living Fit (AFAA)                                | Kettlebell Advanced Virtual Course  | Home Study       | 15.0 | 12/31/20 | www.living_fit  |
| Living Fit (AFAA)                                | Kettlebell Fundamentals Virtual Course  | Home Study       | 6.0  | 12/31/20 | www.living_fit  |
| LM Fitness Education (AFAA)                      | Rock Bottoms! Banded Booty Strength   | Workshop/Seminar | 2.0  | 12/31/20 | https://www.lindamcdonaldfitness.com  |
| Long Island Fitness Network Group (LIFNG) (AFAA) | LIFNG Fitness Summit 2020   | Conference       | 8.0  | 12/31/20 | https://lifngfitnesssummit.com/   |
| Louis Kong (AFAA)                                | Increase Profitability for Personal Trainers through Professionalism and Leadership | Workshop/Seminar | 8.0  | 12/31/20 |   |
| Louis Kong (AFAA)                                | Personal Training Essentials  | Workshop/Seminar | 8.0  | 12/31/20 |   |
| M.O.V.E. Conventions, LLC (AFAA)                 | M.O.V.E. Education Conference   | Conference       | 15.0 | 12/31/20 | www.movestayfit.com   |
| MacroMissionary (AFAA)                           | MacroMissionary Nutrition Certificate of Completion                                 | Workshop/Seminar | 15.0 | 12/31/20 | www.macromissionary.com   |
| Mad Dogg Athletics (AFAA)                        | 3 Part Cues   | Workshop/Seminar | 2.0  | 12/31/20 |   |
| Mad Dogg Athletics (AFAA)                        | Becoming a Rockstar Instructor  | Workshop/Seminar | 8.0  | 12/31/20 | www.spinning.com  |
| Mad Dogg Athletics (AFAA)                        | Cadence, Heart Rate & Class Design  | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Creating a Journey Ride   | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Creative Climbs   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Creative Coaching   | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Heart Rate Training   | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | High Intensity Training   | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Interval Energy Zone™   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Language & Visualization  | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Let's Jump!   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Loops and Ladders   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Mental Training: Approach and Skills  | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Movement, Music, Motivation   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Peak Pilates-Basic Mat  | Workshop/Seminar | 12.0 | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Peak Pilates-Fundamentals   | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Peak Pilates-Intermediate Mat   | Workshop/Seminar | 14.0 | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Peak Pilates-Jump Intervals   | Workshop/Seminar | 3.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Peak Pilates-Lengthen & Strengthen with Elastic Bands                               | Workshop/Seminar | 1.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Peak Pilates-Power Circle   | Workshop/Seminar | 1.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Peak Pilates-Props Shop   | Workshop/Seminar | 5.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Profile Designs & Heart Rate Games  | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Race Day Energy Zone™   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Resistance Loading and Cadence Building   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Rockstar Spinning® Instructor Online  | Home Study       | 7.0  | 12/31/20 | https://spinning.com/instructors/instructor-certifications/spin-power-training/ |
| Mad Dogg Athletics (AFAA)                        | Spinning Instructor Online  | Home Study       | 8.0  | 12/31/20 | www.spinning.com  |
| Mad Dogg Athletics (AFAA)                        | Spinning Instructor Training  | Workshop/Seminar | 8.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | SPINPower® Instructor Online  | Home Study       | 8.0  | 12/31/20 | https://spinning.com/instructors/instructor-certifications/spin-power-training/ |
| Mad Dogg Athletics (AFAA)                        | SPINPower® Instructor Training  | Workshop/Seminar | 8.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | SPINPower® Personal Spinning® Threshold   | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | SPINPower® STONGER  | Workshop/Seminar | 4.0  | 12/31/20 | www.spinning.com  |
| Mad Dogg Athletics (AFAA)                        | Spintensity™: Periodization   | Workshop/Seminar | 4.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Strength Energy Zone™   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | Strength, Hills & Power   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | The 5-Step Sprint   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Mad Dogg Athletics (AFAA)                        | The Art of Recovery   | Workshop/Seminar | 2.0  | 12/31/20 | www.maddogg.com   |
| Magee Fitness & Education Services (AFAA)        | Basics of Pilates   | Workshop/Seminar | 2.0  | 12/31/20 | http://www.LindaMageeFitness.com  |
| Make A Difference Academy (AFAA)                 | 3 Secrets to Thriving as a Wildly Successful Fitness Leader                         | Home Study       | 2.0  | 12/31/20 | https://www.inspiredwithkimberly.com  |
| Make A Difference Academy (AFAA)                 | 3 Steps to Packing Your Classes and Making A True Positive Impact                   | Home Study       | 2.0  | 12/31/20 | www.makeadifferenceacademy.com  |
| Make A Difference Academy (AFAA)                 | Next Level Instructor Coaching Program  | Workshop/Seminar | 8.0  | 12/31/20 | https://www.inspiredwithkimberly.com  |
| Make A Difference Academy (AFAA)                 | Teacher's Toolbox: Creating Extraordinary Experiences With Ease                     | Home Study       | 8.0  | 12/31/20 | www.makeadifferenceacademy.com  |
| Make A Difference Academy (AFAA)                 | The Re-Imagine Leadership Intensive   | Workshop/Seminar | 8.0  | 12/31/20 | https://www.inspiredwithkimberly.com  |
| Marcel-Fit Education & Training (AFAA)           | Coaching with C.A.R.E   | Workshop/Seminar | 15.0 | 12/31/20 | http://www.metmethod.com  |
| Marcel-Fit Education & Training (AFAA)           | MET Level 1 – Movement Efficiency   | Workshop/Seminar | 8.0  | 12/31/20 | http://www.metmethod.com  |
| Marcel-Fit Education & Training (AFAA)           | MET Level 2 – Fitness Leadership  | Workshop/Seminar | 15.0 | 12/31/20 | http://www.metmethod.com  |
| Maria Mind Body Health LLC (AFAA)                | Certified Keto Coach  | Home Study       | 15.0 | 12/31/20 |   |

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| Marty Miller (AFAA)                                  | Virtual Mentorship   | Workshop/Seminar  | 4.0  | 12/31/20   |
| MASHUP® (AFAA)                                       | MASHUP®  | Workshop/Seminar  | 11.0 | 12/31/20 <a href="http://www.mashupconditioning.com">http://www.mashupconditioning.com</a>   |
| Matrix Fitness (AFAA)                                | Matrix Ride: Programming Rides on Training Cycles for classic and performance based workouts with CX | Workshop/Seminar  | 7.0  | 12/31/20 <a href="http://matrixlearningcentre.com">matrixlearningcentre.com</a>  |
| Matrix Fitness (AFAA)                                | Matrix Ride: Programming Rides on Training Cycles with CXM Bikes                                     | Workshop/Seminar  | 5.0  | 12/31/20 <a href="http://www.matrixfitness.com/en/">http://www.matrixfitness.com/en/</a>   |
| Matrix Fitness (AFAA)                                | MX4 Active: Evidence-based Training Course for an Aging and Deconditioned Population                 | Home Study        | 3.0  | 12/31/20 <a href="http://www.matrixfitness.com/en/group-training/mx4">http://www.matrixfitness.com/en/group-training/mx4</a>       |
| Matrix Fitness (AFAA)                                | MX4 Active: Functional Frame Small Group Training Course   | Workshop/Seminar  | 3.0  | 12/31/20 <a href="https://www.matrixfitness.com/en/education/mx4-active">https://www.matrixfitness.com/en/education/mx4-active</a> |
| Matrix Fitness (AFAA)                                | MX4: Functional Frame Small Group Training Course  | Workshop/Seminar  | 5.0  | 12/31/20 <a href="http://www.matrixfitness.com">www.matrixfitness.com</a>  |
| Matrix Fitness (AFAA)                                | Sprint 8   | Workshop/Seminar  | 3.0  | 12/31/20 <a href="http://www.matrixfitness.com">www.matrixfitness.com</a>  |
| McCormick Nutrition & Fitness (AFAA)                 | Essentials of Nutrition and Weight Management  | Home Study        | 15.0 | 12/31/20 <a href="http://www.marianmccormick.com">www.marianmccormick.com</a>  |
| Medical Exercise Academy (AFAA)                      | Clinical Exercise Specialist   | Home Study        | 15.0 | 12/31/20 <a href="http://mdxacademy.wizixt.com/">http://mdxacademy.wizixt.com/</a>   |
| Medical Fitness Education Foundation (AFAA)          | Joints of the Human Body: An Exploration of Six Joints and their Wholistic Relationship to the Body  | Home Study        | 15.0 | 12/31/20 <a href="http://www.medfitclassroom.org">www.medfitclassroom.org</a>  |
| Medical Fitness Education Foundation (AFAA)          | Medical Fitness Tour (Irvine)  | Conference        | 15.0 | 12/31/20 <a href="http://medicalfitnesstour.org/social">medicalfitnesstour.org/social</a>  |
| Melissa Weigelt (AFAA)                               | Circuit Blast  | Workshop/Seminar  | 2.0  | 12/31/20   |
| Melissa Weigelt (AFAA)                               | Crunchless Core and More   | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.flowfitnesstraining.com">www.flowfitnesstraining.com</a>  |
| Melissa Weigelt (AFAA)                               | High Intensity Body Weight Training  | Workshop/Seminar  | 2.0  | 12/31/20   |
| Melissa Weigelt (AFAA)                               | Strength by Numbers  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.flowfitnesstraining.com">www.flowfitnesstraining.com</a>  |
| Melissa Weigelt (AFAA)                               | Strong Starts and Amazing Endings  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.flowfitnesstraining.com">www.flowfitnesstraining.com</a>  |
| Michele C. Blake (AFAA)                              | Fundamentals of Fitness  | Workshop/Seminar  | 4.0  | 12/31/20 <a href="http://www.mbmHealthFitness.com">www.mbmHealthFitness.com</a>  |
| Michele C. Blake (AFAA)                              | Learn to become a Group Fitness Professional   | Workshop/Seminar  | 8.0  | 12/31/20 <a href="http://www.mbmHealthFitness">www.mbmHealthFitness</a>  |
| Mike Dolce MMA INC. (AFAA)                           | Dolce Diet Certified: Nutrition Counselor (Level-1)  | Workshop/Seminar  | 14.0 | 12/31/20 <a href="http://www.TheDolceDiet.com">www.TheDolceDiet.com</a>  |
| MixedFit (AFAA)                                      | MixedFit Instructor Training   | Workshop/Seminar  | 7.0  | 12/31/20   |
| MixedFit (AFAA)                                      | The Leadership Experience  | Home Study        | 3.0  | 12/31/20 <a href="http://WWW.ILOVEMIXXEDFIT.COM">WWW.ILOVEMIXXEDFIT.COM</a>  |
| Mohey Core Method (AFAA)                             | Mohey Core Method  | Workshop/Seminar  | 12.0 | 12/31/20   |
| Molon Labe Fitness Education (AFAA)                  | Advanced Fundamentals  | Workshop/Seminar  | 15.0 | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Advanced Price Presentations   | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Basic Sales  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Building Long Term Commitment  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Building Your Business   | Workshop/Seminar  | 1.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Business Management: Clients   | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Business Management: Self  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Certified Power Lifting Coach  | Workshop/Seminar  | 12.0 | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Client Engagement  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Client Retention   | Workshop/Seminar  | 1.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Creating Compliance  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Handling Concerns  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | Personal Training Fundamentals   | Workshop/Seminar  | 10.0 | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Molon Labe Fitness Education (AFAA)                  | PNF Stretch  | Workshop/Seminar  | 3.0  | 12/31/20 <a href="http://www.mlfitnesseducation.com">www.mlfitnesseducation.com</a>  |
| Moms Into Fitness, Inc. (AFAA)                       | Prenatal & Postnatal Fitness Specialist  | Home Study        | 15.0 | 12/31/20 <a href="http://www.momsintofitness.com">www.momsintofitness.com</a>  |
| MOSSA (AFAA)   | 3D30/MOVE30 Initial Training   | Workshop/Seminar  | 15.0 | 12/31/20   |
| MOSSA (AFAA)   | Group Active Initial Training  | Workshop/Seminar  | 14.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Active Online Training   | Home Study        | 8.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Blast Initial Training   | Workshop/Seminar  | 14.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Blast Online Training  | Home Study        | 8.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Centergy Initial Training  | Workshop/Seminar  | 15.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Centergy Online Training   | Home Study        | 6.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Core Initial Training  | Workshop/Seminar  | 8.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Core Online Training   | Home Study        | 6.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Fight Initial Training   | Workshop/Seminar  | 15.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Fight Online Training  | Home Study        | 8.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Groove Initial Training  | Workshop/Seminar  | 15.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Groove Online Training   | Home Study        | 8.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Power Initial Training   | Workshop/Seminar  | 15.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Power Online Training  | Home Study        | 11.0 | 12/31/20   |
| MOSSA (AFAA)   | Group Ride/R30 Initial Training  | Home Study        | 14.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Group Ride/R30 Online Training   | Workshop/Seminar  | 14.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | JUL 18: Don't Give A Sit   | Workshop/Seminar  | 1.0  | 12/31/20   |
| MOSSA (AFAA)   | MOSSA Leadership Academy   | Workshop/Seminar  | 15.0 | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | Motor Learning/ Rotation Is Life   | Home Study        | 1.0  | 12/31/20   |
| MOSSA (AFAA)   | POWER4HEALTH & What's New 4Q   | Home Study        | 3.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | What is Fascia?! & Tensegrity 101  | Workshop/Seminar  | 2.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| MOSSA (AFAA)   | XTRA WOW Intensive   | Workshop/Seminar  | 5.0  | 12/31/20 <a href="http://www.mossa.net">www.mossa.net</a>  |
| Mountainside Fitness (AFAA)                          | Sport, Studio & DJ Cycle In-House Training   | Workshop/Seminar  | 8.0  | 12/31/20 <a href="http://Mountainsidefitness.com">Mountainsidefitness.com</a>  |
| Mountainside Fitness (AFAA)                          | Studio Cycle, Choroography Training  | Workshop/Seminar  | 6.0  | 12/31/20 <a href="http://Mountainsidefitness.com">Mountainsidefitness.com</a>  |
| Mountainside Fitness (AFAA)                          | The Mountainside Way Equipment Fundamentals Training   | Workshop/Seminar  | 6.0  | 12/31/20 <a href="http://Mountainsidefitness.com">Mountainsidefitness.com</a>  |
| Mountainside Fitness (AFAA)                          | The Mountainside Way Group Fitness Training Workshop   | Workshop/Seminar  | 8.0  | 12/31/20 <a href="http://www.Mountainsidefitness.com">www.Mountainsidefitness.com</a>  |
| Mountainside Fitness (AFAA)                          | The Mountainside Way Power Kick Training   | Home Study        | 6.0  | 12/31/20 <a href="http://Mountainsidefitness.com">Mountainsidefitness.com</a>  |
| Movement Flow (AFAA)                                 | Level 1 Movement Flow Training   | Workshop/Seminar  | 15.0 | 12/31/20 <a href="http://www.movementflow.ca">www.movementflow.ca</a>  |
| Muay Thai School USA (AFAA)                          | Muay Thai Personal Trainer   | Home Study        | 15.0 | 12/31/20 <a href="https://www.muaythaischoolusa.com">https://www.muaythaischoolusa.com</a>   |
| Myzone (AFAA)  | Myzone University  | Home Study        | 4.0  | 12/31/20 <a href="http://myzone.org">myzone.org</a>  |
| Myzone (AFAA)  | Myzone University: Best Practices for Implementation   | Workshop/Seminar  | 3.0  | 12/31/20 <a href="https://myzone.org/">https://myzone.org/</a>   |
| Myzone (AFAA)  | Myzone University: Exploring the Technology  | Workshop/Seminar  | 3.0  | 12/31/20 <a href="https://myzone.org/">https://myzone.org/</a>   |
| Myzone (AFAA)  | MyZone University: Heart Rate Monitor Workshop   | Workshop/Seminar  | 6.0  | 12/31/20   |
| Myzone (AFAA)  | The Ultimate Heart Rate Training Course  | Workshop/Seminar  | 4.0  | 12/31/20 <a href="https://myzone.org/">https://myzone.org/</a>   |
| <b>NASM (AFAA)</b>                                   | <b>All NASM courses are approved with AFAA</b>   | <b>Home Study</b> |      | <b>12/31/20</b>  |
| National Exercise Trainers Association (NETA) (AFAA) | Advanced Kettlebell Specialty  | Workshop/Seminar  | 7.0  | 12/31/20 <a href="http://www.netafit.org">www.netafit.org</a>  |
| National Exercise Trainers Association (NETA) (AFAA) | Barre Connect Specialty  | Workshop/Seminar  | 8.0  | 12/31/20 <a href="http://www.netafit.org">www.netafit.org</a>  |
| National Exercise Trainers Association (NETA) (AFAA) | Becoming a Yoga Professional   | Workshop/Seminar  | 10.0 | 12/31/20 <a href="http://www.netafit.org">www.netafit.org</a>  |
| National Exercise Trainers Association (NETA) (AFAA) | Cycle 360: Cardio, Strength, and Core  | Workshop/Seminar  | 5.0  | 12/31/20 <a href="http://www.netafit.org/index.htm">http://www.netafit.org/index.htm</a>   |
| National Exercise Trainers Association (NETA) (AFAA) | Fitness Yoga Specialty   | Workshop/Seminar  | 15.0 | 12/31/20 <a href="http://www.netafit.org">www.netafit.org</a>  |
| National Exercise Trainers Association (NETA) (AFAA) | HIIT THE STEP  | Workshop/Seminar  | 5.0  | 12/31/20 <a href="http://www.netafit.org">www.netafit.org</a>  |

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| National Exercise Trainers Association (NETA) (AFAA)           | Indoor Group Cycling Specialty   | Workshop/Seminar | 5.0  | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Intermediate Yoga Specialty  | Workshop/Seminar | 15.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Kettlebell Specialty   | Workshop/Seminar | 6.0  | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Kick It! 5-hour  | Workshop/Seminar | 5.0  | 12/31/20 | Kick It!  |
| National Exercise Trainers Association (NETA) (AFAA)           | Kids Yoga Specialty  | Workshop/Seminar | 10.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | NETA Fit Fest 2020   | Conference       | 15.0 | 12/31/20 | http://www.netafit.org  |
| National Exercise Trainers Association (NETA) (AFAA)           | Pilates Mat Specialty  | Workshop/Seminar | 14.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Pilates Reformer   | Workshop/Seminar | 14.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Prenatal Yoga Specialty  | Workshop/Seminar | 10.0 | 12/31/20 |   |
| National Exercise Trainers Association (NETA) (AFAA)           | Restorative Yoga Specialty   | Workshop/Seminar | 10.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Ride and Renew   | Workshop/Seminar | 5.0  | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Senior Fitness Specialty   | Workshop/Seminar | 7.0  | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Senior POWER (Shr)   | Workshop/Seminar | 5.0  | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Senior Yoga Specialty  | Workshop/Seminar | 15.0 | 12/31/20 |   |
| National Exercise Trainers Association (NETA) (AFAA)           | Trauma Sensitive Yoga Practices  | Workshop/Seminar | 5.0  | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Wellness Coach Specialty   | Workshop/Seminar | 14.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Yoga for Special Populations Specialty   | Workshop/Seminar | 10.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Yoga Foundations Specialty   | Workshop/Seminar | 15.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Yoga Strong Specialty  | Workshop/Seminar | 15.0 | 12/31/20 | www.netafit.org   |
| National Exercise Trainers Association (NETA) (AFAA)           | Youth Fitness Specialty  | Workshop/Seminar | 8.0  | 12/31/20 | www.netafit.org   |
| National Personal Training Institute (NPTI) (AFAA)             | Running Basics   | Home Study       | 10.0 | 12/31/20 | www.nationalpti.org   |
| Net Profit Explosion (NPE) (AFAA)                              | NPE Fast-Track   | Home Study       | 15.0 | 12/31/20 | npefitness.com/us   |
| New Hope Network (AFAA)  | A Deep Dive into the Plant-Based Burger Landscape. Are They Truly Better Alternatives? | Workshop/Seminar | 1.0  | 12/31/20 |   |
| New Hope Network (AFAA)  | Is the Grass Really Greener? Understanding the Benefits of Grass-fed Products          | Home Study       | 1.0  | 12/31/20 | newhope.com/learn   |
| Niche Pilates Studio (AFAA)                                    | Sculpt and Core Pilates  | Workshop/Seminar | 15.0 | 12/31/20 | www.nichefitstudio.com  |
| NONSOLOFITNESS SNC (AFAA)                                      | Elite Aerobic Instructor   | Home Study       | 10.0 | 12/31/20 | www.nonsolofitness.it   |
| NONSOLOFITNESS SNC (AFAA)                                      | Elite H2O Trainer  | Home Study       | 10.0 | 12/31/20 | www.nonsolofitness.it   |
| Nordic Body Academy (AFAA)                                     | Nordic Body Instructor Certificate of Completion                                       | Home Study       | 15.0 | 12/31/20 | https://nordic-body-academy.teachable.com/p/nordic-body-certificate-program                         |
| O'Gorgeous, Inc. (AFAA)  | PIIT28 Instructor Training Workshop  | Workshop/Seminar | 6.0  | 12/31/20 | www.poppilateslife.com  |
| O'Gorgeous, Inc. (AFAA)  | POP Pilates Workshop   | Workshop/Seminar | 8.0  | 12/31/20 | http://www.poppilateslife.com   |
| Oh Baby! Fitness® (AFAA)                                       | OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING                             | Home Study       | 8.0  | 12/31/20 | https://www.ohbabyfitness.com/pre-postnatal-fitness-training  |
| On Target Training PDX (AFAA)                                  | Boxing Mitt Holding Level One Course   | Workshop/Seminar | 6.0  | 12/31/20 |   |
| On Target Training PDX (AFAA)                                  | Boxing Mitt Holding Level One Course (Online)  | Home Study       | 1.0  | 12/31/20 | https://on-target-training-pdx-boxing-mitt-work.teachable.com/p/on-target-training-level-one-boxing |
| Online Trainers Federation (AFAA)                              | Online Fitness Coach Certification   | Home Study       | 10.0 | 12/31/20 | https://onlinetrainersfederation.com/   |
| OPEX Fitness (AFAA)  | Coaching Certificate Program   | Home Study       | 13.0 | 12/31/20 | membership.opexfit.com/courses/coaching-certificate-program-v3/modules                              |
| OPEX Fitness (AFAA)  | Mixed Modal  | Home Study       | 15.0 | 12/31/20 | https://opexfit.com/mixed-modal/  |
| OPEX Fitness (AFAA)  | OPEX Coaching Program  | Home Study       | 15.0 | 12/31/20 |   |
| OPEX Fitness (AFAA)  | Programming: Airbike   | Home Study       | 3.0  | 12/31/20 | https://opexfit.com/mixed-modal/  |
| OPEX Fitness (AFAA)  | Programming: Principles  | Workshop/Seminar | 4.0  | 12/31/20 | https://membership.opexfit.com  |
| OPEX Fitness (AFAA)  | PROGRAMMING: STRENGTH  | Home Study       | 5.0  | 12/31/20 | https://opexfit.com/programming-strength/   |
| Orange Theory (OT) Fitness (AFAA)                              | Fit To Deliver   | Workshop/Seminar | 4.0  | 12/31/20 | www.orangetheoryfitness.com   |
| Orange Theory (OT) Fitness (AFAA)                              | Fitness Pitfalls   | Workshop/Seminar | 4.0  | 12/31/20 | www.orangetheoryfitness.com   |
| Orange Theory (OT) Fitness (AFAA)                              | OTFit Certification  | Workshop/Seminar | 15.0 | 12/31/20 | www.orangetheoryfitness.com   |
| Orange Theory (OT) Fitness (AFAA)                              | Running Technique  | Workshop/Seminar | 1.0  | 12/31/20 | www.orangetheoryfitness.com   |
| Original Strength Systems (AFAA)                               | OS Performance   | Workshop/Seminar | 9.0  | 12/31/20 | www.OriginalStrength.net  |
| Original Strength Systems (AFAA)                               | OS Pressing RESET  | Workshop/Seminar | 6.0  | 12/31/20 | originalstrength.net  |
| Original Strength Systems (AFAA)                               | OS Pro RESET   | Workshop/Seminar | 15.0 | 12/31/20 | www.OriginalStrength.net  |
| Own Your Eating (AFAA)   | Own Your Eating Nutrition Certification  | Home Study       | 8.0  | 12/31/20 | www.ownyoureating.com   |
| P.H.A.R.M. TO TABLE (AFAA)                                     | P.H.A.R.M TO TABLE Plant-Based Nutrition Course  | Workshop/Seminar | 15.0 | 12/31/20 | www.pharmtablecourse.com  |
| Paddle into Fitness (AFAA)                                     | Float into Fitness Pool Yoga & Fitness Teacher Training                                | Workshop/Seminar | 13.0 | 12/31/20 | www.paddleintofitness.com   |
| Pain Posture Performance (AFAA)                                | Pain Posture Performance Stretching and Flexibility                                    | Workshop/Seminar | 14.0 | 12/31/20 | www.painpostureperformance.com  |
| Parkinson Wellness Recovery (AFAA)                             | PWR! Moves Instructor Training and Certification Workshop                              | Workshop/Seminar | 15.0 | 12/31/20 | https://www.pwr4life.org/pwr-workshops/pwr-instructor/upcoming-pwr-instructor-workshops/            |
| Parkour Generations Americas / Parkour Generations Ltd. (AFAA) | ADAPT Level 1  | Workshop/Seminar | 15.0 | 12/31/20 | www.parkourgenerations.com  |
| Parkour Generations Americas / Parkour Generations Ltd. (AFAA) | ADAPT Level 2  | Workshop/Seminar | 15.0 | 12/31/20 | www.parkourgenerations.com  |
| Parkour Generations Americas / Parkour Generations Ltd. (AFAA) | Parkour Fitness Specialist (PFS) Level 1   | Workshop/Seminar | 15.0 | 12/31/20 | www.parkourgenerations.com  |
| Parkour Generations Americas / Parkour Generations Ltd. (AFAA) | Parkour Fitness Specialist (PFS) Level 2   | Workshop/Seminar | 15.0 | 12/31/20 | www.parkourgenerations.com  |
| Pelacore (AFAA)  | Pelacore Instructor Program  | Home Study       | 3.0  | 12/31/20 | https://www.pelacore.com  |
| Performance Art Athletics, LLC (AFAA)                          | Vertical Foundation Part 1   | Home Study       | 10.0 | 12/31/20 | www.performanceartathletics.com   |
| Performance Cycling (AFAA)                                     | Performance Cycling Essentials Plus (Level 1)  | Home Study       | 9.0  | 12/31/20 | www.performance-cycling.net   |
| Personal Trainer Development Center (AFAA)                     | Online Trainer Academy   | Home Study       | 15.0 | 12/31/20 | http://onlinetraineracademy.theptdc.com   |
| Peyow Aqua Pilates (AFAA)                                      | Peyow Aqua Pilates Funktional Barre 1  | Workshop/Seminar | 3.0  | 12/31/20 | www.aquapilates.net   |
| Peyow Aqua Pilates (AFAA)                                      | Peyow Aqua Pilates Level 1 Basic-Intermediate  | Workshop/Seminar | 6.0  | 12/31/20 | www.aquapilates.net   |
| Pilates Thread, Inc (AFAA)                                     | Pilates Thread Mat Level 1   | Workshop/Seminar | 15.0 | 12/31/20 | www.pilatesthread.com   |
| Pilates Thread, Inc (AFAA)                                     | Pilates Thread Mat Level 2   | Workshop/Seminar | 15.0 | 12/31/20 | www.pilatesthread.com   |
| PILOXING Academy, LLC (AFAA)                                   | PILOXING® Barre Instructor Training  | Workshop/Seminar | 8.0  | 12/31/20 | www.piloxing.com  |
| PILOXING Academy, LLC (AFAA)                                   | PILOXING® Knockout Instructor Training   | Workshop/Seminar | 8.0  | 12/31/20 | www.piloxing.com  |
| PILOXING Academy, LLC (AFAA)                                   | PILOXING® SSP  | Workshop/Seminar | 8.0  | 12/31/20 | www.piloxing.com  |
| PILOXING Academy, LLC (AFAA)                                   | THE MIX by PILOXING®   | Workshop/Seminar | 8.0  | 12/31/20 | www.piloxing.com  |
| Pink Gloves Boxing (AFAA)                                      | Pink Gloves Boxing - Amateur Training Camp   | Workshop/Seminar | 12.0 | 12/31/20 | www.pinkglovesboxing.com  |
| Pink Gloves Boxing (AFAA)                                      | Pink Gloves Boxing - Master Training Camp  | Workshop/Seminar | 13.0 | 12/31/20 | www.pinkglovesboxing.com  |
| Pink Gloves Boxing (AFAA)                                      | Pink Gloves Boxing - Pro Training Camp   | Workshop/Seminar | 13.0 | 12/31/20 | www.pinkglovesboxing.com  |
| Pivotal (AFAA)   | Pivotal Group Coaching Certification Live Workshop                                     | Workshop/Seminar | 14.0 | 12/31/20 | www.pivotal-coaching.com  |
| Pivotal (AFAA)   | Pivotal Group Coaching Certification Online  | Home Study       | 14.0 | 12/31/20 | www.pivotal-coaching.com  |
| PLYOGA Fitness (AFAA)  | PLYOGA Fitness   | Workshop/Seminar | 7.0  | 12/31/20 | www.PLYOGAFitness.com   |
| PlyoJam (AFAA)   | Plyometric-Infused Dance: Intro to PlyoJam (online)                                    | Home Study       | 5.0  | 12/31/20 | www.plyojam.com   |
| Pole Fitness Studio (AFAA)                                     | Chair Dance Instructor Certification   | Workshop/Seminar | 5.0  | 12/31/20 | polefitnessstudio.com   |
| Pole Fitness Studio (AFAA)                                     | Pole Dance Instructor Certification  | Workshop/Seminar | 5.0  | 12/31/20 | polefitnessstudio.com   |
| PoleMoves (AFAA)   | Level 1 Pole Instructor Course   | Home Study       | 15.0 | 12/31/20 | www.polemoves.com   |
| PomSquad Fitness (AFAA)  | POMSQUAD Fitness Captain Training  | Workshop/Seminar | 5.0  | 12/31/20 | pomsquadfitness.com   |
| POPUp (AFAA)   | POPUp Pro  | Home Study       | 15.0 | 12/31/20 | https://pop-s-school.thinkific.com/courses/popuppro   |



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| POUND® Rockout. Workout. (AFAA)           | Generation POUND  | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://poundfit.com">http://poundfit.com</a>   |
| POUND® Rockout. Workout. (AFAA)           | LEVEL Up  | Home Study       | 9.0  | 12/31/20 | <a href="http://poundfit.com">http://poundfit.com</a>   |
| POUND® Rockout. Workout. (AFAA)           | POUND   | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://poundfit.com">http://poundfit.com</a>   |
| Power Monkey Camp (AFAA)                  | Power Monkey Camp   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://powermonkeycamp.com">powermonkeycamp.com</a>  |
| Power Monkey Fitness (AFAA)               | The Ring Thing Certification  | Workshop/Seminar | 13.0 | 12/31/20 | <a href="https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more">https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more</a>   |
| Power Plate (AFAA)                        | Power Plate Small Group Training  | Workshop/Seminar | 5.0  | 12/31/20 | <a href="http://www.powerplate.com">http://www.powerplate.com</a>   |
| Power Systems, Inc. (AFAA)                | Medicine Ball Velocity Performance Training   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.power-systems.com">http://www.power-systems.com</a>   |
| Precision Nutrition (AFAA)                | Precision Nutrition Level 1, Certificate in Exercise Nutrition                        | Home Study       | 15.0 | 12/31/20 | <a href="http://www.precisionnutrition.com">www.precisionnutrition.com</a>  |
| Precision Nutrition (AFAA)                | Precision Nutrition Level 2 Master Class  | Home Study       | 15.0 | 12/31/20 | <a href="http://www.precisionnutrition.com">www.precisionnutrition.com</a>  |
| Precor (AFAA)                             | 4D PRO Bungee Fitness Trainer: Specialty Course for Queenax                           | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses">http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses</a> |
| Precor (AFAA)                             | Coaching Intensity: Building Intelligent Intervals with Assault Fitness Equipment     | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.precor.com">precor.com</a>  |
| Precor (AFAA)                             | Queenax Elite Obstacle Course Race Training Program                                   | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.precor.com">precor.com</a>  |
| Precor (AFAA)                             | Queenax Functional Training Movement Design   | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses">http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses</a> |
| Precor (AFAA)                             | Queenax Fundamentals  | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses">http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses</a> |
| Precor (AFAA)                             | Queenax Small Group Program Design  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses">http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses</a> |
| Precor (AFAA)                             | Studio 7 Coaching Workshop - Day 2  | Workshop/Seminar | 5.0  | 12/31/20 | <a href="http://www.precor.com">precor.com</a>  |
| Precor (AFAA)                             | Studio 7 Coaching Workshop - Day 3  | Workshop/Seminar | 6.0  | 12/31/20 | <a href="http://www.precor.com">precor.com</a>  |
| Precor (AFAA)                             | Studio 7 Group Training Skills Workshop   | Workshop/Seminar | 10.0 | 12/31/20 | <a href="http://www.precor.com">precor.com</a>  |
| Precor (AFAA)                             | SUPERFUNCTIONAL™ MOVE   | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses">http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses</a> |
| Precor (AFAA)                             | UFO Specialization Course   | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses">http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses</a> |
| Precor (AFAA)                             | Ultimate Superfunctional: STACKS  | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses">http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses</a> |
| Pretzel Kids (AFAA)                       | Pretzel Kids Yoga Teacher   | Home Study       | 12.0 | 12/31/20 | <a href="http://www.pretzelkids.com">www.pretzelkids.com</a>  |
| Primal Health Coach Institute (AFAA)      | Primal Health Coach Program   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.primblueprint.com">www.primblueprint.com</a>  |
| ProActive Health & Wellness (AFAA)        | Virtual Recovery & Sleep Summit   | Conference       | 15.0 | 12/31/20 | <a href="https://sleepcoachcourse.com/VirtuSummit">https://sleepcoachcourse.com/VirtuSummit</a>   |
| ProCcare (AFAA)                           | Water Immersion   | Home Study       | 5.0  | 12/31/20 | <a href="http://www.proccare.com">www.proccare.com</a>  |
| ProCcare (AFAA)                           | Whole-Body Cryo   | Home Study       | 4.0  | 12/31/20 | <a href="http://www.proccare.com">www.proccare.com</a>  |
| Procedos powered by Gray Institute (AFAA) | Certified Procedos P9 Trainer   | Workshop/Seminar | 7.0  | 12/31/20 |   |
| Professional Fitness, Inc. (AFAA)         | Fierce4 Nutritional Coach   | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.aditalang.com">www.aditalang.com</a>  |
| Professional Fitness, Inc. (AFAA)         | Fierce4 Nutritional Coach Advancements  | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.aditalang.com">www.aditalang.com</a>  |
| PRONatal Fitness (AFAA)                   | How to "Train" Women for Pregnancy  | Home Study       | 4.0  | 12/31/20 | <a href="http://www.pronatalfitness.com">www.pronatalfitness.com</a>  |
| PRONatal Fitness (AFAA)                   | PRONatal Fitness Pre/Postnatal Performance Training Level 2                           | Home Study       | 12.0 | 12/31/20 | <a href="http://www.pronatalfitness.com">www.pronatalfitness.com</a>  |
| PRONatal Fitness (AFAA)                   | PRONatal Fitness Pre/Postnatal Performance Training Specialist (Level 1 and 2)        | Home Study       | 15.0 | 12/31/20 | <a href="http://www.pronatalfitness.com">pronatalfitness.com</a>  |
| PRONatal Fitness (AFAA)                   | PRONatal Fitness Pre/Postnatal Performance Training Workshop (Level 1)                | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.pronatalfitness.com">pronatalfitness.com</a>  |
| PRONatal Fitness (AFAA)                   | PRONatal Fitness/Pre/Postnatal Education for Group Fitness Instructors                | Home Study       | 6.0  | 12/31/20 | <a href="http://www.pronatalfitness.com">www.pronatalfitness.com</a>  |
| PTA Global (AFAA)                         | Exercise & Stress Management (ESM) Credential   | Home Study       | 10.0 | 12/31/20 | <a href="http://www.PTAGlobal.com">www.PTAGlobal.com</a>  |
| PTA Global (AFAA)                         | FasTrack in Personal Training   | Home Study       | 8.0  | 12/31/20 | <a href="http://www.ptaglobal.com">www.ptaglobal.com</a>  |
| PTA Global (AFAA)                         | FasTrack in Personal Training Workshop  | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.ptaglobal.com">www.ptaglobal.com</a>  |
| PTA Global (AFAA)                         | Mindset Performance Credential Level 1  | Home Study       | 10.0 | 12/31/20 | <a href="http://www.ptaglobal.com">www.ptaglobal.com</a>  |
| PTA Global (AFAA)                         | Mindset Performance Credential Level 2  | Home Study       | 9.0  | 12/31/20 | <a href="http://www.ptaglobal.com">www.ptaglobal.com</a>  |
| PTA Global (AFAA)                         | PTA Global Behavior Change in Exercise (BCE) Credential                               | Home Study       | 15.0 | 12/31/20 | <a href="http://www.PTAGlobal.com">www.PTAGlobal.com</a>  |
| PTA Global (AFAA)                         | PTA Global Foundations  | Home Study       | 15.0 | 12/31/20 | <a href="http://www.PTAGlobal.com">www.PTAGlobal.com</a>  |
| PTA Global (AFAA)                         | PTA Global Mentorship 1   | Home Study       | 15.0 | 12/31/20 | <a href="http://www.PTAGlobal.com">www.PTAGlobal.com</a>  |
| PTA Global (AFAA)                         | Rapid Results Workshop  | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.PTAGlobal.com">www.PTAGlobal.com</a>  |
| PTA Global (AFAA)                         | Solutions in Selling  | Workshop/Seminar | 4.0  | 12/31/20 | <a href="https://www.ptaglobal.com/ccs.aspx">https://www.ptaglobal.com/ccs.aspx</a>   |
| PTA Global (AFAA)                         | Train to Retain Workshop  | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.ptaglobal.com">www.ptaglobal.com</a>  |
| PTontheNet (AFAA)                         | 8 Disciplines of Front Line Excellence  | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Addressing and Preventing Low Back Pain   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Advanced Fitness Sales  | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Bodyweight Training   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | BOSU Balance Trainer Power Programming  | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Breath AS Medicine: Improving Health and the Training Experience                      | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Cardiovascular Training   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Certificate In Health & Fitness Management  | Home Study       | 10.0 | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Client Assessment, Biomechanics, & Metabolism   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Client Relations & Business Management  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Closing the Sale  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Coaching  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Core Training   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | CoreStrength1 Exercise Variability Specialist   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/home">http://www.ptonthenet.com/home</a>   |
| PTontheNet (AFAA)                         | CoreStrength1 Program Design Specialist   | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com/home">http://www.ptonthenet.com/home</a>   |
| PTontheNet (AFAA)                         | Corrective Exercise Solutions to Postural and Movement Dysfunction                    | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Corrective Exercise Solutions: Foot and Ankle Pain                                    | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Effects of Hormones on Exercise and Well-Being  | Home Study       | 1.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Essentials of Older Adult Exercise Assessment and Program Design for Preventing Falls | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Exercise Essentials for the Client with Cardiovascular Disease                        | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Exercise Programming for Active Older Adults  | Home Study       | 4.0  | 12/31/20 |   |
| PTontheNet (AFAA)                         | Female Training   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Fibromyalgia and Exercise   | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Fit for Daily Life  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Flexibility   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Flexibility Training  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Functional Anatomy  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Functional Flexibility  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Functional Integrated Training  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Functional Program Design   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Fundamentals of Balance   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Holistic Health & Stress Management   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Improving Foot and Gait Mechanics   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.ptonthenet.com/ccs-exams">www.ptonthenet.com/ccs-exams</a>  |
| PTontheNet (AFAA)                         | Indoor Rowing Technique and Programming   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                         | Insurance Coverage and Claims for Fitness Professionals                               | Home Study       | 4.0  | 12/31/20 | <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |

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| PTontheNet (AFAA)                | Introduction to Cancer Exercise   | Home Study       | 4.0  | 12/31/20   |
| PTontheNet (AFAA)                | Introduction to Functional Equipment  | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Loaded Exercises & Movement Based   | Home Study       | 3.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Lower Extremity Injury Prevention   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Macronutrients and Exercise   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Marketing Personal Training   | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Motivating Clients  | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Movement Based Appraisal (MOVE)   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Movement Based Flexibility  | Home Study       | 8.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Movement Preparation  | Home Study       | 1.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Non-Traditional Strength Training   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation              | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Performance Circuits  | Home Study       | 1.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Periodization   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Personal Training Sales   | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Practical Applications of Explosive Lifting and Advanced Strength Training        | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Pregnancy Fitness: Training for the Sport of Motherhood                           | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Principles of Movement-Based Training   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Professionalism   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Program Design: Recovery  | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome | Home Study       | 1.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Prospecting   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">http://www.ptonthenet.com/cec-exams</a>   |
| PTontheNet (AFAA)                | Re-assessments  | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Renewals & Referrals  | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">http://www.ptonthenet.com/cec-exams</a>   |
| PTontheNet (AFAA)                | Respiratory Disease and Exercise  | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Small Group Personal Training   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Social Media Marketing for Fitness Professionals                                  | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Special Populations   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Steps to Success  | Home Study       | 8.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Strategies for Assessing and Improving Balance                                    | Home Study       | 1.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Strength Training   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Strength Training Program Design  | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Stress Response to Exercise   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">http://www.ptonthenet.com/cec-exams</a>   |
| PTontheNet (AFAA)                | Stroke Recovery and Exercise  | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Take Charge of Your Personal Training Services and Grow Your Business             | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | The Fundamentals for Training the Older Client with Osteoarthritis                | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | The Muscular System   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Time Management   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">http://www.ptonthenet.com/cec-exams</a>   |
| PTontheNet (AFAA)                | Training Clients with Knee or Hip Replacements                                    | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Training Prenatal and Postnatal Clients   | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Understanding and Performing Valuable Fitness Assessments                         | Home Study       | 3.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | Understanding Fascia's Role in Movement and Training                              | Home Study       | 1.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| PTontheNet (AFAA)                | What Makes a Successful Personal  | Home Study       | 1.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">http://www.ptonthenet.com/cec-exams</a>   |
| PTontheNet (AFAA)                | Working with Clients with Diabetes or Prediabetes                                 | Home Study       | 4.0  | 12/31/20 <a href="http://www.ptonthenet.com">www.ptonthenet.com</a>  |
| PTontheNet (AFAA)                | Youth Training  | Home Study       | 2.0  | 12/31/20 <a href="http://www.ptonthenet.com/cec-exams">www.ptonthenet.com/cec-exams</a>  |
| Punk Rope, Inc. (AFAA)           | Jump Rope Instructor Course   | Home Study       | 9.0  | 12/31/20 <a href="http://www.punkrope.com">www.punkrope.com</a>  |
| PURE International (AFAA)        | Pure Reformer Pilates Course  | Workshop/Seminar | 15.0 | 12/31/20 <a href="https://www.pure-fitness.com">https://www.pure-fitness.com</a>   |
| QUAFIT (AFAA)                    | QUAFIT Certified Aquatic Fitness Instructor                                       | Workshop/Seminar | 15.0 | 12/31/20   |
| R3BAR TRAINING (AFAA)            | R3BAR Intermediate Certification  | Home Study       | 4.0  | 12/31/20 <a href="http://www.r3bartraining.com">www.r3bartraining.com</a>  |
| RAD Roller (AFAA)                | RAD Golf: Foundations of Golf Mobility and Assessment                             | Home Study       | 5.0  | 12/31/20 <a href="http://www.radroller.com">www.radroller.com</a>  |
| RAD Roller (AFAA)                | RAD Mobility 1: Foundations of Myofascial Release and Recovery                    | Home Study       | 5.0  | 12/31/20 <a href="http://www.radroller.com">www.radroller.com</a>  |
| RAD Roller (AFAA)                | RAD Mobility Level 2  | Workshop/Seminar | 14.0 | 12/31/20 <a href="https://www.radroller.com/pages/education">https://www.radroller.com/pages/education</a>   |
| RAD Roller (AFAA)                | RAD Yoga Level 1  | Workshop/Seminar | 10.0 | 12/31/20 <a href="http://www.radroller.com">www.radroller.com</a>  |
| RaqiSa® Barre (AFAA)             | RAQ THE BARRE, BY RAQISA Barre Fitness - Belly Dance Technique                    | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.raqisa.com">www.raqisa.com</a>  |
| Redefining Strength (AFAA)       | The Dynamic Workout Design Training Black Book                                    | Home Study       | 9.0  | 12/31/20 <a href="https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book">https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book</a> |
| REFIT® (AFAA)                    | REFIT® Instructor Training  | Workshop/Seminar | 6.0  | 12/31/20 <a href="http://shop.refitrev.com/collections/trainings">http://shop.refitrev.com/collections/trainings</a>   |
| REFIT® (AFAA)                    | REV+FLOW Instructor Training  | Workshop/Seminar | 4.0  | 12/31/20 <a href="http://refitrev.com">refitrev.com</a>  |
| Renaissance Periodization (AFAA) | Renaissance Periodization Summit 2020   | Conference       | 6.0  | 12/31/20 <a href="https://renaissanceperiodization.com/">https://renaissanceperiodization.com/</a>   |
| Rock Tape, Inc (AFAA)            | FMT Mobility Specialist   | Workshop/Seminar | 6.0  | 12/31/20 <a href="http://www.rocktape.com">www.rocktape.com</a>  |
| Row House (AFAA)                 | Row House University  | Workshop/Seminar | 15.0 | 12/31/20 <a href="http://www.therowhouse.com">www.therowhouse.com</a>  |
| Run-Fit (AFAA)                   | REVO <sub>2</sub> LUTION RUNNING™   | Home Study       | 15.0 | 12/31/20 <a href="http://run-fit.com">http://run-fit.com</a>   |
| Sabrina Sarabella (AFAA)         | Online Biz Builder  | Home Study       | 15.0 | 12/31/20 <a href="http://www.sabrinasarabella.com/online-biz-builder.php">http://www.sabrinasarabella.com/online-biz-builder.php</a>   |
| SALT Fitness Chicago (AFAA)      | Essentials of Barre   | Workshop/Seminar | 11.0 | 12/31/20 <a href="http://www.Saltfit.com">www.Saltfit.com</a>  |
| SALT Fitness Chicago (AFAA)      | SALT Fitness Essential Elements of Cycle  | Workshop/Seminar | 8.0  | 12/31/20 <a href="http://www.Saltfit.com">www.Saltfit.com</a>  |
| SALT Fitness Chicago (AFAA)      | SALT Fitness Fundamentals of Anatomy + Movement                                   | Workshop/Seminar | 11.0 | 12/31/20 <a href="http://saltfit.com">saltfit.com</a>  |
| SamuraiFIT (AFAA)                | SamuraiFIT International Certification  | Workshop/Seminar | 4.0  | 12/31/20 <a href="http://samuraifit.com">samuraifit.com</a>  |
| Savvier Fitness (AFAA)           | 50 Awesome Ab Exercises   | Home Study       | 2.0  | 12/31/20 <a href="http://www.cardioyoga.com">www.cardioyoga.com</a>  |
| Savvier Fitness (AFAA)           | Barre Above Pilates Focused   | Workshop/Seminar | 12.0 | 12/31/20 <a href="http://www.barreabove.com">www.barreabove.com</a>  |
| Savvier Fitness (AFAA)           | Barre Above Prime Instructor Training   | Workshop/Seminar | 12.0 | 12/31/20 <a href="http://www.barreabove.com">www.barreabove.com</a>  |
| Savvier Fitness (AFAA)           | Barre for Active Aging  | Home Study       | 2.0  | 12/31/20 <a href="http://www.cardioyoga.com">www.cardioyoga.com</a>  |
| Savvier Fitness (AFAA)           | Barre For Cardio Junkies  | Home Study       | 2.0  | 12/31/20 <a href="http://www.cardioyoga.com">www.cardioyoga.com</a>  |
| Savvier Fitness (AFAA)           | Cardio Yoga   | Home Study       | 15.0 | 12/31/20 <a href="http://www.savvierfitness.com">www.savvierfitness.com</a>  |
| Savvier Fitness (AFAA)           | Elite HIIT Training   | Workshop/Seminar | 3.0  | 12/31/20 <a href="http://www.barreabove.com">www.barreabove.com</a>  |
| Savvier Fitness (AFAA)           | Extreme HIIT Chaos  | Workshop/Seminar | 7.0  | 12/31/20 <a href="http://www.extremechaos.com">www.extremechaos.com</a>  |
| Savvier Fitness (AFAA)           | Foot Fitness + Applications   | Home Study       | 2.0  | 12/31/20 <a href="http://www.cardioyoga.com">www.cardioyoga.com</a>  |
| Savvier Fitness (AFAA)           | Have a Ball at the Barre  | Home Study       | 2.0  | 12/31/20 <a href="http://www.cardioyoga.com">www.cardioyoga.com</a>  |
| Savvier Fitness (AFAA)           | Holistic Interval Training  | Home Study       | 2.0  | 12/31/20 <a href="http://www.cardioyoga.com">www.cardioyoga.com</a>  |
| Savvier Fitness (AFAA)           | Let The Beat Drop   | Workshop/Seminar | 2.0  | 12/31/20 <a href="http://www.barreabove.com">www.barreabove.com</a>  |
| Savvier Fitness (AFAA)           | Muscular Endurance: Myths, Realities and Applications                             | Home Study       | 2.0  | 12/31/20 <a href="http://www.barreabove.com">www.barreabove.com</a>  |
| Savvier Fitness (AFAA)           | Pilates 101 Education Course  | Home Study       | 4.0  | 12/31/20 <a href="http://www.barreabove.com">www.barreabove.com</a>  |

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| Savvier Fitness (AFAA)       | Refine Your Cardio Yoga Experience           | Workshop/Seminar | 2.0  | 12/31/20 | www.extremechaos.com  |
| Savvier Fitness (AFAA)       | Restoration at the Barre                     | Home Study       | 2.0  | 12/31/20 | www.cardiolyoga.com   |
| Savvier Fitness (AFAA)       | Tabata GX                                    | Workshop/Seminar | 7.0  | 12/31/20 | www.barreabove.com    |
| Savvier Fitness (AFAA)       | The Intentional Yoke                         | Workshop/Seminar | 4.0  | 12/31/20 | www.cardiolyoga.com   |
| Savvier Fitness (AFAA)       | The Musicality Method                        | Home Study       | 4.0  | 12/31/20 | www.barreabove.com    |
| Savvier Fitness (AFAA)       | The Seven Steps                              | Home Study       | 2.0  | 12/31/20 | www.cardiolyoga.com   |
| Savvier Fitness (AFAA)       | Yogi Barre                                   | Home Study       | 2.0  | 12/31/20 | www.cardiolyoga.com   |
| SCW Fitness Education (AFAA) | 2020 Dallas MANIA Conference                 | Conference       | 15.0 | 12/31/20 | www.scwfit.com/MANIA  |
| SCW Fitness Education (AFAA) | 2020 DC MANIA® Conference                    | Conference       | 15.0 | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | 2020 Live Stream MANIA July                  | Conference       | 15.0 | 12/31/20 | www.scwfit.com        |
| SCW Fitness Education (AFAA) | 2020 Live Stream MANIA May                   | Conference       | 15.0 | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | A Leadership Toolbox                         | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | AAA - Abs at All Angles                      | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Active Aging Chair Yoga                      | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Active Aging: Between the Chairs             | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Active Aging: No Place Like Foam             | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Advanced Functional Pilates                  | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Animals & Asanas                             | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Aqua Athletes                                | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Aqua Bits & Pieces                           | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Aqua Soft Fitness Fusion                     | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Aquatic Kickboxing Out Of The Box            | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Aquatic Solutions for Active Aging           | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Are All Calories Equal?                      | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Assume the Position                          | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Athletes & Asanas                            | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Balance Strategies for Older Adults          | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Barre Breakthrough                           | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Barre Classic                                | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Barre Defined                                | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Barre Fight                                  | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Barre H2O                                    | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Barre Tab                                    | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Barre Training: Grace & Flow                 | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | BarreFlow Fire and Fe                        | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Become a Retention Rockstar                  | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Bedroom Secrets: Fitness & Sleep             | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Big Balance Theory                           | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Biggest Opportunity in Fitness History       | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Bodyweight Barre                             | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Building Blocks: Core Science & Training     | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Burn Fat and Lose Weight                     | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Caffeine, Creatine & Coconuts                | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Carbohydrates                                | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Cashing in On the 50+ Market                 | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Coaching Camp: Group Training Growth         | Conference       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Coaching, Not Training: Key Tips             | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Common Sense Nutrition                       | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Consistent Resistance                        | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Core Essentials in Exercise Science          | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Core Injury Epidemic                         | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Corrective Exercise Female Core              | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Crawings and Sugars Unsweetened              | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Creative Programming 55+                     | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Cueing: Coaching & Communication             | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Deep Stretch & the Aging                     | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Dietary Diversity                            | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | DITTO - Do It Together Today                 | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | DNA of Successful Fitness Managers           | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Dynamic Anatomy Glutes & Lower Body          | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Dynamic Anatomy: Core/Upper Body             | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Dynamic Flexibility for a 3D Life            | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Elite Coaching of Exercise Mechanics         | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | ESP Performance Circuit Training             | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Exercise & Aging – Best Practice Programming | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Expanding Your Personal Training Business    | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Female Leadership: Personal & Professional   | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Female Training Model                        | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Financing Options for Your Business          | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Fitness Business Yesterday, Today, Tomorrow  | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Flexibility + Performance = Wellness         | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Flowing Yoga for Chakra Balancing            | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Foam Rolling: Rolling Pins to Vibration      | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Functional Circuits for Active Adults        | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Functional Fitness After 50                  | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Functional Fluid Fitness for Longevity       | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Girls Just Wanna Have Fun                    | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | H.E.A.T. Waves                               | Home Study       | 1.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | HIIT the Wall                                | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |
| SCW Fitness Education (AFAA) | Hot Topics in Nutrition                      | Home Study       | 2.0  | 12/31/20 | http://www.scwfit.com |

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| SCW Fitness Education (AFAA) | Hurricane   | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | I Wish I Knew Before...                               | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Immunity Boosters & Busters                           | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | It's Raining Men                                      | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Kettlebell Express                                    | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Kettlebell HIIT Supreme                               | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Kettlebell Total Body                                 | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Lift Off!   | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Little Tweaks for Big Results                         | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Longevity Lab: Eats and Feats                         | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Lower Body Blaster                                    | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Lower Extremity Movement Mechanics                    | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Making Money Using Business Trends                    | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Management Gems for Studios and Boutiques             | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Mat to the Max  | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Meatless Mondays: Plant Protein De-Mystified          | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Metabolism Makeover                                   | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Metabolism, Fat, Abs, Butt & Thighs                   | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Move Free: Foam Roller & Bar                          | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Multi-Generational Fitness                            | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Neuroplasticity 101                                   | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Nutrition & Chronic Pain                              | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Nutrition & Sleep: Fascinating Connections            | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Nutrition for Fitness Professionals                   | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Nutritional Needs During Menopause                    | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Obesity From A Different Perspective                  | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Pilates for Injury Prevention                         | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Pilates for Injury Prevention                         | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Pilates Strong!                                       | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Playful Aqua Patterns                                 | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Power Body Barre                                      | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Power Up  | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Pros and Cons of Fasting                              | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Quick & Dirty: 30                                     | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | R&R: Relax and Restore Foam Roller Training           | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Recovery: The Forgotten Variable                      | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Relax & Restore: Release & Mobilize                   | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Relaxercise   | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Resistance Yoga                                       | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Rocket Strength® - Hard Core / Peace Core             | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Rotator Cuff - Corrective Exercises                   | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Run an 8-Week Challenge                               | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | RunHabX ChiRunning                                    | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Running the Show: Customer Service                    | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Active Aging Certification                        | Workshop/Seminar | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Active Aging Nutrition Certification              | Workshop/Seminar | 4.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Aqua Barre Certification                          | Workshop/Seminar | 6.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Aquatic Exercise Certification                    | Workshop/Seminar | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Ballet Barre Certification                        | Workshop/Seminar | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Boxing Certification                              | Workshop/Seminar | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Core Training Certification                       | Home Study       | 4.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Corrective Exercise Certificate                   | Workshop/Seminar | 6.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Fitness Flowing Yoga Certification                | Workshop/Seminar | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Fitness for Nutrition Professionals Certification | Workshop/Seminar | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Foam Rolling Certification                        | Home Study       | 6.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Functional Flexibility Certification              | Home Study       | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Functional Pilates Certification                  | Home Study       | 6.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Group Exercise Certification                      | Workshop/Seminar | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">WWW.SCWFIT.COM</a>                               |
| SCW Fitness Education (AFAA) | SCW Group Step Certification                          | Home Study       | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Group Strength Certification                      | Home Study       | 4.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW HIIT Certification                                | Home Study       | 6.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Kettlebell Training Certification                 | Home Study       | 4.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Kids in Motion Certification                      | Home Study       | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Meditation Certification                          | Workshop/Seminar | 4.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Mind Body Fusion Certification                    | Home Study       | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Moms in Motion Certification                      | Home Study       | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Nutrition, Hormones & Metabolism Certification    | Home Study       | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Performance Stability Training Certification      | Home Study       | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Pilates Matwork Certification                     | Workshop/Seminar | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Pilates Small Apparatus Certification             | Home Study       | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Program Design for Fitness Professionals          | Workshop/Seminar | 7.0 | 12/31/20 | <a href="http://www.scwfit.com/certifications">www.scwfit.com/certifications</a> |
| SCW Fitness Education (AFAA) | SCW Small Group Training Certification                | Workshop/Seminar | 7.0 | 12/31/20 | <a href="http://www.scwfit.com/certifications">www.scwfit.com/certifications</a> |
| SCW Fitness Education (AFAA) | SCW Sports Nutrition Certification                    | Home Study       | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Tai Chi Certification                             | Home Study       | 8.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Weight Management Certification                   | Home Study       | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | SCW Yoga I Certification                              | Workshop/Seminar | 7.0 | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>                               |
| SCW Fitness Education (AFAA) | SCW Yoga II Certification                             | Home Study       | 4.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Short Circuit: Group Training Edition                 | Home Study       | 1.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Social Media Storytelling                             | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |
| SCW Fitness Education (AFAA) | Soft Skills for Hard Bodies                           | Home Study       | 2.0 | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                        |

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| SCW Fitness Education (AFAA)            | Stages: Power of Progression  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Strength Training For Longevity & Vitality  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Stress & Chronic Disease  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Stress and Inflammation   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Successful Business Strategies for Owners and Managers                                      | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Sugar Shockers & Shakedown  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Tab-aqua Bootcamp   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Tab-Aqua Quickies   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Tabata Yoga   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Take IT Lying Down  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Targeting Hypertrophy   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | The 7 Principles of Extraordinary   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | The One Weight Workout: Kettlebell  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | The Science of Myofascial Release   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Timing is Everything  | Home Study       | 1.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Tipping the Scales  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Top 10 for Weight Loss  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Total Body Core Training  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Toxic Dump: What's in Food  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Training Mom  | Home Study       | 1.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Training Older Clients With Osteoarthritis  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Trending Now: HIIT With Active Recovery   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Tukong Cardio Combat Kickboxing   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | VIIT It   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Vinyasa Flow - Feel the Resistance  | Home Study       | 1.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | WATERinMOTION® Certification  | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.scwfit.com">www.scwfit.com</a>  |
| SCW Fitness Education (AFAA)            | Weight at the Barre   | Home Study       | 1.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Weight Loss Aquatic Style   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | What's Really Making You Crazy?   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Y3: Yin Yang Yoga   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Yin Yoga: Less is More  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Yoga for Seniors  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| SCW Fitness Education (AFAA)            | Yoga for the Young at Heart   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.scwfit.com">http://www.scwfit.com</a>                                   |
| Sean T. Snapp (AFAA)                    | Active Isolated Stretching  | Workshop/Seminar | 15.0 | 12/31/20 |   |
| Sensazao Dance Fitness (AFAA)           | Sensazao Dance Fitness Instructor   | Home Study       | 10.0 | 12/31/20 | <a href="http://www.sensazao.com/certification/">http://www.sensazao.com/certification/</a> |
| SharQui - The Bellydance Workout (AFAA) | Online SharQui Instructor Training  | Home Study       | 10.0 | 12/31/20 | <a href="http://www.teachsharqui.com">www.teachsharqui.com</a>                              |
| SHAY-MCENTEE WELLNESS WORKS INC. (AFAA) | BREATHING TECHNIQUES / STRESS MANAGEMENT  | Workshop/Seminar | 3.0  | 12/31/20 |   |
| SHAY-MCENTEE WELLNESS WORKS INC. (AFAA) | ENERGY BREAK  | Workshop/Seminar | 3.0  | 12/31/20 |   |
| SHINE Dance Fitness (AFAA)              | SHINE Dance Fitness Instructor Certification Training                                       | Workshop/Seminar | 11.0 | 12/31/20 | <a href="http://www.shinedancefitness.com">www.shinedancefitness.com</a>                    |
| SHINE Dance Fitness (AFAA)              | SHINE Dance Fitness Online Instructor Certification   | Home Study       | 10.0 | 12/31/20 | <a href="http://www.shinedancefitness.com">www.shinedancefitness.com</a>                    |
| SHRED415 (AFAA)                         | SHRED415 Dynamic Interval Training  | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.shred415.com">www.shred415.com</a>                                      |
| SilverSneakers by Tivity Health (AFAA)  | Group Exercise for Hip Limitations  | Home Study       | 2.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers BOOM MIND  | Home Study       | 2.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers BOOM MOVE  | Home Study       | 2.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers BOOM MUSCLE  | Home Study       | 2.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Circuit  | Home Study       | 2.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Classic  | Home Study       | 2.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers EnerChi  | Home Study       | 4.0  | 12/31/20 | <a href="http://www.silversneakers.com">www.silversneakers.com</a>                          |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Fall Prevention Education Series   | Home Study       | 2.0  | 12/31/20 | <a href="http://www.silversneakers.com">www.silversneakers.com</a>                          |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Foundations  | Home Study       | 5.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Fundamentals of Teaching Group Fitness                                       | Home Study       | 5.0  | 12/31/20 | <a href="http://www.silversneakers.com">www.silversneakers.com</a>                          |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Nutrition for Optimal Aging  | Home Study       | 2.0  | 12/31/20 | <a href="http://www.silversneakers.com">www.silversneakers.com</a>                          |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Splash   | Home Study       | 2.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Stability  | Home Study       | 2.0  | 12/31/20 |   |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Strength Progressions for Group Exercise                                     | Home Study       | 2.0  | 12/31/20 | <a href="http://www.silversneakers.com">www.silversneakers.com</a>                          |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers Stress Management Education Series   | Home Study       | 4.0  | 12/31/20 | <a href="http://www.silversneakers.com">www.silversneakers.com</a>                          |
| SilverSneakers by Tivity Health (AFAA)  | SilverSneakers YOGA   | Home Study       | 2.0  | 12/31/20 |   |
| SloBody (AFAA)                          | The No BS Yoga Guide & Videos for Personal Trainers   | Home Study       | 15.0 | 12/31/20 | <a href="http://slobody.com/">http://slobody.com/</a>                                       |
| Soft Stretch Release Techniques (AFAA)  | Soft Stretch Release Techniques (Lower Body)  | Workshop/Seminar | 14.0 | 12/31/20 | <a href="http://SRTtherapy.com">SRTtherapy.com</a>  |
| Soft Stretch Release Techniques (AFAA)  | Soft Stretch Release Techniques (Upper Body)  | Workshop/Seminar | 14.0 | 12/31/20 | <a href="http://SRTtherapy.com">SRTtherapy.com</a>  |
| Soul to Sole Wellness (AFAA)            | Anatomy 101   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.soultosolewellness.com">www.soultosolewellness.com</a>                  |
| SoulBody LLC (AFAA)                     | SoulBody Teacher Training   | Workshop/Seminar | 9.0  | 12/31/20 | <a href="http://www.soulbody.fitness">www.soulbody.fitness</a>                              |
| SPIDERfit Kids (AFAA)                   | Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.powerfulplaycourse.com">www.powerfulplaycourse.com</a>                  |
| Spin City Instructor Training (AFAA)    | Foundation Aerial Silks Instructor Training   | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Grounded Hoop Instructor Course   | Home Study       | 8.0  | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Social Media for Pole and Aerial Instructors  | Home Study       | 8.0  | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Advanced Aerial Hoop Instructor (online)  | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Advanced Pole Fitness Instructor (online)   | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Anatomy and Physiology Foundations (online)                                       | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Beginners Aerial Hoop Instructor (online)   | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Beginners Aerial Sling Instructor (online)  | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Beginners Pole Fitness Instructor (online)  | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Intermediate Aerial Hoop Instructor (online)                                      | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Intermediate Aerial Sling Instructor (online)                                     | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Intermediate Pole Fitness Instructor (online)                                     | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Pole Fabric Instructor (online)   | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Spin City Stretching and Flexibility for Pole and Aerial (online)                           | Home Study       | 15.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| Spin City Instructor Training (AFAA)    | Strength And Conditioning For Pole And Aerial Instructors                                   | Home Study       | 10.0 | 12/31/20 | <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>  |
| SportsPlus (AFAA)                       | Deep Core Activation Course   | Workshop/Seminar | 2.0  | 12/31/20 | <a href="http://sportsplusbayarea.com">sportsplusbayarea.com</a>                            |
| START Fitness/Fit to Fight (AFAA)       | JumpSport® Boot Camp Course™  | Workshop/Seminar | 8.0  | 12/31/20 | <a href="https://www.sgtken.com">https://www.sgtken.com</a>                                 |

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| START Fitness/Fit to Fight (AFAA)                | WaterRower Crew Coach Certification Course   | Workshop/Seminar | 8.0  | 12/31/20 | www.startfitness.com                                   |
| START Fitness/Fit to Fight (AFAA)                | WaterRower® Virtual Crew Coach Course™   | Home Study       | 6.0  | 12/31/20 | https://www.sgtken.com                                 |
| Stealth Institution (AFAA)                       | SRE  | Workshop/Seminar | 15.0 | 12/31/20 |  |
| Stealth Institution (AFAA)                       | THUMP Boxing L1+2  | Workshop/Seminar | 15.0 | 12/31/20 |  |
| Stephanie McCall (AFAA)                          | CARDIO BURN!   | Workshop/Seminar | 3.0  | 12/31/20 | stephaniemccallfitness.com                             |
| Stephanie McCall (AFAA)                          | STILL STRONG!  | Workshop/Seminar | 3.0  | 12/31/20 | stephaniemccallfitness.com                             |
| StickMobility (AFAA)                             | Stick Mobility Level 1   | Workshop/Seminar | 13.0 | 12/31/20 | https://stickmobility.com/certification/               |
| StickXfit (AFAA)                                 | StickXfit Foundation Instructor Training   | Workshop/Seminar | 15.0 | 12/31/20 | https://stickxfit.com                                  |
| Stretch to Win Institute (AFAA)                  | Level 1 (FST) Fascial Stretch Therapy  | Workshop/Seminar | 15.0 | 12/31/20 | www.stretchtowin.com                                   |
| STRETCH*D (LIMBER INC) (AFAA)                    | STRETCHD Academy Self-Stretch Module   | Home Study       | 3.0  | 12/31/20 | https://stretchdspace.com                              |
| StretchSource (AFAA)                             | StretchSource Trainer - Level 1  | Workshop/Seminar | 15.0 | 12/31/20 | www.stretchsourcetraining.com/services                 |
| Strong Education (AFAA)                          | Special Needs Group Instructor Certification   | Home Study       | 14.0 | 12/31/20 | www.certifystrong.com                                  |
| Strong Education (AFAA)                          | Special Needs Trainer Certification Level 1  | Home Study       | 14.0 | 12/31/20 | www.certifystrong.com                                  |
| Strong Education (AFAA)                          | Special Needs Trainer Certification Level 2  | Home Study       | 14.0 | 12/31/20 | www.certifystrong.com                                  |
| StrongBoard Balance (AFAA)                       | Introduction to StrongBoard Balance  | Home Study       | 6.0  | 12/31/20 | www.StrongBoardBalance.com                             |
| StrongBoard Balance (AFAA)                       | StrongBoard Balance Personal Trainer & Instructor Course                                       | Home Study       | 8.0  | 12/31/20 | www.StrongBoardBalance.com                             |
| Surge Fit (AFAA)                                 | Surge Fit Instructor Training  | Workshop/Seminar | 8.0  | 12/31/20 | www.surge-fit.com                                      |
| SweatBox (AFAA)                                  | SweatBoss Training   | Workshop/Seminar | 15.0 | 12/31/20 | https://sweatboxdc.com                                 |
| Swedish Academy of Sport Training (SAST) (AFAA)  | Sport Nutrition Coach  | Home Study       | 15.0 | 12/31/20 | www.swedish-academy.com                                |
| TE3 Mobility (AFAA)                              | TE3 Mobility Instructor Course   | Home Study       | 4.0  | 12/31/20 | https://te3mobility.com                                |
| Team Alloy (AFAA)                                | Alloy: Personal Training Programming Certification   | Workshop/Seminar | 8.0  | 12/31/20 | www.teamalloy.com                                      |
| Technogym USA (AFAA)                             | Technogym Sport & Performance Summit   | Conference       | 8.0  | 12/31/20 |  |
| Temple Human Performance (AFAA)                  | Movement Science & Neuromuscular Re-Education (Level 1-Mobility)                               | Workshop/Seminar | 8.0  | 12/31/20 | www.templehp.com                                       |
| Temple Human Performance (AFAA)                  | Movement Science & Neuromuscular Re-Education (Level 1-Stability)                              | Workshop/Seminar | 8.0  | 12/31/20 | www.templehp.com                                       |
| Terra-Core Fitness (AFAA)                        | Terra Core Training  | Workshop/Seminar | 6.0  | 12/31/20 | www.terracorefitness.com                               |
| The Academy Of Sport Speed and Agility (AFAA)    | Coaching Explosive Speed Online Course   | Workshop/Seminar | 8.0  | 12/31/20 | https://www.learningwithranell.com/aboutcoachingspeed/ |
| The Academy Of Sport Speed and Agility (AFAA)    | Maximising Running Performance 2 Day Course  | Workshop/Seminar | 14.0 | 12/31/20 | academyofsportsspeed.com                               |
| The Bannister Method (AFAA)                      | Enhance Your Teaching Skills   | Workshop/Seminar | 9.0  | 12/31/20 | https://www.thebannistermethod.com                     |
| The Bannister Method (AFAA)                      | Hands on Stretching  | Workshop/Seminar | 9.0  | 12/31/20 | https://www.thebannistermethod.com                     |
| The Bannister Method (AFAA)                      | On The Ball  | Workshop/Seminar | 9.0  | 12/31/20 | https://www.thebannistermethod.com                     |
| The Brand X Method (AFAA)                        | Brand X Professional Youth Coach   | Home Study       | 10.0 | 12/31/20 | https://thebrandxmethod.com                            |
| The Breathing Class (AFAA)                       | The BREATHE Teacher Training Program   | Workshop/Seminar | 15.0 | 12/31/20 | www.thebreathingclass.com                              |
| The FIT EXPO (AFAA)                              | TheFitExpo Fit Pro Day - Saturday  | Conference       | 8.0  | 12/31/20 | www.thefitexpo.com                                     |
| The FIT EXPO (AFAA)                              | TheFitExpo Fit Pro Day - Sunday  | Conference       | 7.0  | 12/31/20 | www.thefitexpo.com                                     |
| The FIT Institute (AFAA)                         | Fascial Abrasion Technique for Personal Trainers   | Workshop/Seminar | 7.0  | 12/31/20 | https://www.thefitinstitute.com/training/              |
| The MELT Method (Longevity Fitness, Inc.) (AFAA) | MELT Instructor Training Level 1   | Workshop/Seminar | 15.0 | 12/31/20 | www.meltmethod.com                                     |
| The Ready State (AFAA)                           | Movement & Mobility 101  | Home Study       | 13.0 | 12/31/20 | http://www.mobilitywod.com                             |
| The Ready State (AFAA)                           | The Ready State & Mobility 102   | Workshop/Seminar | 15.0 | 12/31/20 | www.theeadystate.com                                   |
| The Stretching Institute (AFAA)                  | The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility | Home Study       | 15.0 | 12/31/20 | https://Stretchcoach.com                               |
| The Village Fit (AFAA)                           | Fitness Instructor-In-Training   | Workshop/Seminar | 15.0 | 12/31/20 | www.thevillagedallas.com                               |
| The Village Fit (AFAA)                           | Kettlebell   | Workshop/Seminar | 9.0  | 12/31/20 | www.thevillagedallas.com                               |
| The Village Fit (AFAA)                           | V Strong   | Workshop/Seminar | 6.0  | 12/31/20 | www.thevillagedallas.com                               |
| The Village Fit (AFAA)                           | V TC   | Workshop/Seminar | 6.0  | 12/31/20 | www.thevillagedallas.com                               |
| The World GROOVE Movement (AFAA)                 | The GROOVE Method Facilitator Training   | Workshop/Seminar | 15.0 | 12/31/20 | https://www.theworldgroovement.com                     |
| theLONDONmethod (AFAA)                           | theLONDONmethod  | Workshop/Seminar | 15.0 | 12/31/20 | https://www.thelondonmethod.net                        |
| TheraGun (AFAA)                                  | Theragun Performance Specialist Course   | Workshop/Seminar | 4.0  | 12/31/20 |  |
| TheraGun (AFAA)                                  | Theragun Personal Trainers Course  | Workshop/Seminar | 4.0  | 12/31/20 |  |
| Total Body Tabata LLC (AFAA)                     | Tabata Basic Instructor Training Certification Self Study Course                               | Home Study       | 8.0  | 12/31/20 | http://www.totalbodytabata.com                         |
| Total Mommy Fitness (AFAA)                       | Total Mommy Fitness  | Home Study       | 7.0  | 12/31/20 | www.totalmommyfitness.com                              |
| Training Peaks University (AFAA)                 | Strength Training for Cycling Success  | Home Study       | 9.0  | 12/31/20 |  |
| Tread Tabata (AFAA)                              | Tread Tabata   | Workshop/Seminar | 8.0  | 12/31/20 | treadtabata.com  |
| Tress Marketing Solutions, LLC (AFAA)            | FASTER Way to Fat Loss Certified Coach   | Home Study       | 5.0  | 12/31/20 | https://www.fasterwaytofatloss.com/certification       |
| TRX (AFAA)                                       | TRX Advanced Group Training Course (AGTC)  | Workshop/Seminar | 15.0 | 12/31/20 | TRXtraining.com  |
| TRX (AFAA)                                       | TRX Education Course   | Workshop/Seminar | 10.0 | 12/31/20 | www.txtraining.com/trx-academy                         |
| TRX (AFAA)                                       | TRX For Yoga   | Home Study       | 5.0  | 12/31/20 | TRXtraining.com  |
| TRX (AFAA)                                       | TRX for Yoga - LIVE Course   | Workshop/Seminar | 7.0  | 12/31/20 | www.txtraining.com/trx-education-fags                  |
| TRX (AFAA)                                       | TRX FORCE Operator's Training Course (Level 1)   | Workshop/Seminar | 4.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX FORCE Operator's Training Course (Level 2)   | Workshop/Seminar | 8.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX FORCE Operator's Training Course (Level 3)   | Workshop/Seminar | 15.0 | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX Functional Training Course (FTC)   | Workshop/Seminar | 7.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX Group Rip Training Course (GRTC)   | Workshop/Seminar | 7.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX Group Suspension Training Course (GSTC)  | Workshop/Seminar | 7.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX Group Training Course (GTC)  | Workshop/Seminar | 8.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX MAPS - Digital Course  | Conference       | 1.0  | 12/31/20 | www.txtraining.com/trx-academy                         |
| TRX (AFAA)                                       | TRX MAPS - Live Course   | Workshop/Seminar | 4.0  | 12/31/20 | www.txtraining.com/trx-academy                         |
| TRX (AFAA)                                       | TRX MBody  | Workshop/Seminar | 3.0  | 12/31/20 | www.txtraining.com/trx-academy                         |
| TRX (AFAA)                                       | TRX RIP Training Course (RTC)  | Workshop/Seminar | 8.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)                           | Workshop/Seminar | 7.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX Suspension Training Course (STC)   | Workshop/Seminar | 7.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX Suspension Training Course: Live Virtual Edition   | Workshop/Seminar | 7.0  | 12/31/20 | www.txtraining.com/trx-academy                         |
| TRX (AFAA)                                       | TRX Trainer Basics Course  | Home Study       | 3.0  | 12/31/20 | www.txtraining.com                                     |
| TRX (AFAA)                                       | TRX Trainer Summit 2020  | Conference       | 15.0 | 12/31/20 |  |
| Tune Up Fitness World Wide, Inc. (AFAA)          | The Roll Model® Method - Ball Sequencing & Innovation  | Workshop/Seminar | 7.0  | 12/31/20 | www.tuneupfitness.com                                  |
| Tune Up Fitness World Wide, Inc. (AFAA)          | The Roll Model® Method - Correspondence Course   | Workshop/Seminar | 14.0 | 12/31/20 | www.tuneupfitness.com                                  |
| Tune Up Fitness World Wide, Inc. (AFAA)          | The Roll Model® Method -The Science of Rolling   | Workshop/Seminar | 8.0  | 12/31/20 | www.tuneupfitness.com                                  |
| Tune Up Fitness World Wide, Inc. (AFAA)          | Treat While You Train- Correspondence Course   | Workshop/Seminar | 11.0 | 12/31/20 | www.tuneupfitness.com                                  |
| Turn Up With Tanci LLC (AFAA)                    | Turn Up Dance Fitness  | Workshop/Seminar | 7.0  | 12/31/20 | www.turnupwithtanci.com                                |
| Ultimate Movement, LLC (raisedbarre) (AFAA)      | raisedbarre Instructor Training  | Workshop/Seminar | 12.0 | 12/31/20 |  |
| United Endurance Sports Coaching Academy (AFAA)  | Running Coach Certification  | Home Study       | 11.0 | 12/31/20 | www.coachendurancesports.com                           |
| United Endurance Sports Coaching Academy (AFAA)  | Triathlon Coaching Certification   | Home Study       | 11.0 | 12/31/20 | www.coachendurancesports.com                           |

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| University of Texas at Austin (AFAA)  | Tabata Interval Training!What? Who? Why?                        | Workshop/Seminar | 2.0  | 12/31/20 |  |
| University of Texas at Austin (AFAA)  | UT RecSports 2020 Kettlebell Workshop                           | Workshop/Seminar | 2.0  | 12/31/20 |  |
| USA Weightlifting (AFAA)              | USA Weightlifting Level 1 Coach Certification                   | Workshop/Seminar | 13.0 | 12/31/20 | <a href="https://www.teamusa.org/USA-Weightlifting">https://www.teamusa.org/USA-Weightlifting</a>          |
| Valeme Fitness (AFAA)                 | Valeme Fitness System Professional Level 1                      | Workshop/Seminar | 7.0  | 12/31/20 |  |
| Valeme Fitness (AFAA)                 | Valeme Fitness System Professional Level 2                      | Workshop/Seminar | 10.0 | 12/31/20 | <a href="https://ufitdublin.com">https://ufitdublin.com</a>  |
| VeraFlow (AFAA)                       | VeraFlow Instructor   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.veraflow.com">www.veraflow.com</a>   |
| VertiMax (AFAA)                       | VertiMax Summit 2020  | Conference       | 6.0  | 12/31/20 | <a href="http://www.vertimax.com">www.vertimax.com</a>   |
| VertiMax (AFAA)                       | VertiMax Training Course  | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.vertimax.com">www.vertimax.com</a>   |
| VicteLiB (AFAA)                       | Boot Camp Challenge   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.victeLib.com">www.victeLib.com</a>   |
| VIDA Fitness (AFAA)                   | *All Star* Instructor Training                                  | Workshop/Seminar | 15.0 | 12/31/20 | <a href="https://vidafitness.com">https://vidafitness.com</a>  |
| VIDA Fitness (AFAA)                   | *TKO* Instructor Training                                       | Workshop/Seminar | 8.0  | 12/31/20 | <a href="https://vidafitness.com">https://vidafitness.com</a>  |
| VIDA Fitness (AFAA)                   | Barre Instructor  | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.vidafitness.com">www.vidafitness.com</a>   |
| VIDA Fitness (AFAA)                   | Coach-by-Color Cycling Instructor Training                      | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://vidafitness.com">vidafitness.com</a>   |
| VIPIR PRO (AFAA)                      | VIPIR PRO Fundamentals Mobile                                   | Home Study       | 8.0  | 12/31/20 | <a href="http://www.vipr.com">www.vipr.com</a>   |
| VIPIR PRO (AFAA)                      | VIPIR PRO Fundamentals Workshop                                 | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.vipr.com">www.vipr.com</a>   |
| VIVE BARRE (AFAA)                     | BARRE INSTRUCTOR  | Workshop/Seminar | 15.0 | 12/31/20 | <a href="https://www.vivebarre.mx">https://www.vivebarre.mx</a>  |
| Working Against Gravity (AFAA)        | Working Against Gravity   | Home Study       | 9.0  | 12/31/20 | <a href="http://www.workingagainstgravity.com">www.workingagainstgravity.com</a>                           |
| World of Dance U-Jam (AFAA)           | UnityFest 2020 Program  | Conference       | 15.0 | 12/31/20 | <a href="http://www.worldofdancefitness.com">www.worldofdancefitness.com</a>                               |
| World of Dance U-Jam (AFAA)           | World of Dance U-Jam Instructor Training                        | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.worldofdancefitness.com">www.worldofdancefitness.com</a>                               |
| XBODY USA LLC (AFAA)                  | XBody EMS USA Trainer   | Workshop/Seminar | 15.0 | 12/31/20 |  |
| XCO Latin Workout by Jackie (AFAA)    | XCO Latin Workout by Jackie                                     | Workshop/Seminar | 14.0 | 12/31/20 | <a href="http://www.xcolatinworkout.com">www.xcolatinworkout.com</a>                                       |
| XPRT Pole & Aerial Fitness (AFAA)     | XPRT Aerial Hoop  | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>                                     |
| XPRT Pole & Aerial Fitness (AFAA)     | XPRT Aerial Silks   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>                                     |
| XPRT Pole & Aerial Fitness (AFAA)     | XPRT Children's Pole & Aerial Teacher Training                  | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>                                     |
| XPRT Pole & Aerial Fitness (AFAA)     | XPRT Flexibility Flow   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>                                     |
| XPRT Pole & Aerial Fitness (AFAA)     | XPRT Pole Fitness Level 1 & 2                                   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>                                     |
| XPRT Pole & Aerial Fitness (AFAA)     | XPRT Pole Fitness Level 3 & 4                                   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>                                     |
| XPRT Pole & Aerial Fitness (AFAA)     | XPRT Spinning Pole Teacher Training                             | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>                                     |
| XPT (AFAA)                            | XPT Coaching  | Home Study       | 15.0 | 12/31/20 |  |
| XPT (AFAA)                            | XPT: Performance Breathing                                      | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xptlife.com">www.xptlife.com</a>   |
| XTEND (AFAA)                          | Barreology Live!  | Home Study       | 14.0 | 12/31/20 | <a href="https://www.xtendbarre.com">https://www.xtendbarre.com</a>  |
| XTEND (AFAA)                          | XTEND 2 Day ERT   | Workshop/Seminar | 14.0 | 12/31/20 | <a href="http://www.xtendbarre.com">www.xtendbarre.com</a>   |
| XTEND (AFAA)                          | XTEND 5 Day ERT   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.xtendbarre.com">www.xtendbarre.com</a>   |
| Xuan Randy Zhou (AFAA)                | Xuan Randy Zhou's Exercise Anatomy and Free Weight Training     | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://www.certglobal.com">www.certglobal.com</a>   |
| Xuan Randy Zhou (AFAA)                | Xuan Randy Zhou's Strength Hypertrophy Training System          | Workshop/Seminar | 12.0 | 12/31/20 | <a href="http://www.certglobal.com">www.certglobal.com</a>   |
| YMCA of Greater Charlotte (AFAA)      | 2020 YMCA of Greater Charlotte Conference                       | Conference       | 15.0 | 12/31/20 | <a href="http://ymcacharlotte.org">ymcacharlotte.org</a>   |
| Yoga Athletex (AFAA)                  | HIIT for Sports Performance Intensive                           | Workshop/Seminar | 11.0 | 12/31/20 | <a href="http://www.yogaathletex.com">www.yogaathletex.com</a>   |
| Yoga International (AFAA)             | Yoga Anatomy Training   | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://yogainternational.com/ecourse/yoga-anatomy">yogainternational.com/ecourse/yoga-anatomy</a> |
| Yoga with Kassandra Inc (AFAA)        | Online Yin Yoga Teacher Training                                | Home Study       | 13.0 | 12/31/20 | <a href="http://www.yogawithkassandra.com">www.yogawithkassandra.com</a>                                   |
| YogaFaith (AFAA)                      | YOGAFAITH COURSES: Module 2 - God, Breath & Energy              | Home Study       | 15.0 | 12/31/20 | <a href="https://yogafaith.org/">https://yogafaith.org/</a>  |
| YogaFaith (AFAA)                      | YOGAFAITH COURSES: Module 3 - Our Temple, Anatomy & Kinesiology | Home Study       | 15.0 | 12/31/20 | <a href="https://yogafaith.org/">https://yogafaith.org/</a>  |
| YogaFaith (AFAA)                      | YOGAFAITH COURSES: Module 4 - YogaFaith Therapy & Touch         | Home Study       | 15.0 | 12/31/20 | <a href="https://yogafaith.org/">https://yogafaith.org/</a>  |
| YogaFaith (AFAA)                      | YOGAFAITH COURSES: Module 5 - Complete in Him                   | Home Study       | 15.0 | 12/31/20 | <a href="https://yogafaith.org/">https://yogafaith.org/</a>  |
| YogaFaith (AFAA)                      | YOGAFAITH MODULE ONE: In the Beginning                          | Home Study       | 15.0 | 12/31/20 | <a href="https://yogafaith.org/">https://yogafaith.org/</a>  |
| You Rock Fitness, LLC (AFAA)          | AMPD Burn   | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.ampdstrong.com">www.ampdstrong.com</a>   |
| You Rock Fitness, LLC (AFAA)          | AMPD Power Flow   | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.ampdpowerflow.com">www.ampdpowerflow.com</a>   |
| You Rock Fitness, LLC (AFAA)          | AMPD Resistance   | Workshop/Seminar | 1.0  | 12/31/20 | <a href="http://www.kettlebellampd.com">www.kettlebellampd.com</a>   |
| You Rock Fitness, LLC (AFAA)          | AMPD Strength   | Workshop/Seminar | 6.0  | 12/31/20 | <a href="http://www.ampdstrong.com">www.ampdstrong.com</a>   |
| You Rock Fitness, LLC (AFAA)          | Kettlebell AMPD Instructor Training                             | Workshop/Seminar | 7.0  | 12/31/20 | <a href="http://www.kettlebellAMPD.com">http://www.kettlebellAMPD.com</a>                                  |
| YouniquelyFit (AFAA)                  | YouniquelyFit's Postural Pre- and Post Natal Programs           | Home Study       | 10.0 | 12/31/20 | <a href="https://www.youniquelyfit.com">https://www.youniquelyfit.com</a>                                  |
| Your Body is Waiting, LLC (AFAA)      | The Fascianation Method of Self-Myofascial Release              | Workshop/Seminar | 4.0  | 12/31/20 | <a href="http://www.thefascianator.com">www.thefascianator.com</a>   |
| Z-Health Performance Solutions (AFAA) | Essentials for Elite Performance                                | Workshop/Seminar | 15.0 | 12/31/20 | <a href="http://zhealtheducation.com/">http://zhealtheducation.com/</a>                                    |
| Zibrio (AFAA)                         | Balance Specialist Training                                     | Home Study       | 3.0  | 12/31/20 | <a href="https://onlinecourse.zibrio.com">https://onlinecourse.zibrio.com</a>                              |
| ZPLUS (AFAA)                          | ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 1            | Workshop/Seminar | 15.0 | 12/31/20 |  |
| ZPLUS (AFAA)                          | ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 2            | Workshop/Seminar | 15.0 | 12/31/20 |  |
| ZUMBA (AFAA)                          | Aqua Zumba Instructor Training                                  | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | Cue Like A Pro ELearning  | Home Study       | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | Fighting Elements ELearning                                     | Home Study       | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | STRONG by Zumba   | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.zumba.com">http://www.zumba.com</a>  |
| ZUMBA (AFAA)                          | STRONG by Zumba E-Learning                                      | Home Study       | 4.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | STRONG Nation ELearning   | Home Study       | 4.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | STRONG Nation Instructor Training                               | Workshop/Seminar | 8.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | SYNC LAB SESSION - APRIL 2020                                   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.strongbyzumba.com">www.strongbyzumba.com</a>   |
| ZUMBA (AFAA)                          | SYNC LAB SESSION - AUGUST 2020                                  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | SYNC LAB SESSION - FEBRUARY 2020                                | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | SYNC LAB SESSION - JANUARY 2020                                 | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | SYNC LAB SESSION - JULY 2020                                    | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | SYNC LAB SESSION - JUNE 2020                                    | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | SYNC LAB SESSION - MARCH 2020                                   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">umba.com</a>  |
| ZUMBA (AFAA)                          | SYNC LAB SESSION - MAY 2020                                     | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN ACADEMY NEW YORK 2020                                       | Conference       | 5.0  | 12/31/20 | <a href="https://newyork.zumba.academy/">https://newyork.zumba.academy/</a>                                |
| ZUMBA (AFAA)                          | ZIN ACADEMY UK 2020   | Conference       | 5.0  | 12/31/20 | <a href="http://www.zumba.com">zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN™ JAM SESSIONS - APRIL 2020                                  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN™ JAM SESSIONS - AUGUST 2020                                 | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN™ JAM SESSIONS - FEBRUARY 2020                               | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN™ JAM SESSIONS - JANUARY 2020                                | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN™ JAM SESSIONS - JULY 2020                                   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN™ JAM SESSIONS - JUNE 2020                                   | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN™ JAM SESSIONS - MARCH 2020                                  | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |
| ZUMBA (AFAA)                          | ZIN™ JAM SESSIONS - MAY 2020                                    | Workshop/Seminar | 3.0  | 12/31/20 | <a href="http://www.zumba.com">www.zumba.com</a>   |

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| ZUMBA (AFAA)       | Zumba Basic 1 Instructor Training                 | Workshop/Seminar | 8.0  | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | Zumba Gold Instructor Training                    | Workshop/Seminar | 8.0  | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1  | Home Study       | 10.0 | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | Zumba Jump Start Gold Instructor Training         | Workshop/Seminar | 10.0 | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | Zumba Jump Start Zumba-Kids & Kids Jr. Instructor | Workshop/Seminar | 10.0 | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | Zumba Kids + Kids JR. Instructor Training         | Workshop/Seminar | 8.0  | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | Zumba ProSkills Instructor Training               | Workshop/Seminar | 8.0  | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | Zumba Rhythms 2                                   | Workshop/Seminar | 8.0  | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | ZUMBA RHYTHMS 3                                   | Workshop/Seminar | 8.0  | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | Zumba Step Instructor Training                    | Workshop/Seminar | 8.0  | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | Zumba Toning Instructor Training                  | Workshop/Seminar | 8.0  | 12/31/20 | www.zumba.com |
| ZUMBA (AFAA)       | ZUMBA VIRTUAL PRO                                 | Workshop/Seminar | 4.0  | 12/31/20 | www.zumba.com |
| Zumbini LLC (AFAA) | Zumbini Instructor Training Course                | Workshop/Seminar | 15.0 | 12/31/20 |               |